SD-LSC Travel Policy

The following guidelines apply:

- 1. Room checks, team meetings and/or other activities, will be observed by two leadership members to the extent possible.
- 2. Athletes shall not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless appropriate prior permission is obtained.*
- 3. During overnight travel, athletes paired with other athletes shall be of the same gender and a similar age. Chaperones and/or team managers should stay in nearby rooms. Where chaperones/team managers are staying in a room with athletes, they shall be the same gender as the athlete and documented consent shall be given by athlete's parents (or legal guardian).*
- 4. There shall be no male athletes in female athlete's rooms and no female athletes in male athlete's rooms. * Only approved LSC Chaperones and Staff allowed in any athlete rooms.
- 5. A copy of the Code of Conduct shall be signed by the athlete and his/her parent or legal guardian.
- 6. Team or LSC officials shall carry a signed Medical Consent or Authorization to Treat Form for each athlete.
- 7. Curfews shall be established and enforced by the LSC coaches and/or chaperones.
- 8. Team members and staff traveling with the team shall attend all team functions including meetings, practices, meals, meet sessions, etc.
- 9. The directions and decisions of LSC coaches/chaperones are final.
- 10. Swimmers are expected to remain with the team during the trip. Swimmers shall not leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the written permission/knowledge of the coach or chaperone.
- 11. When visiting public places such as shopping malls, movie theatres, etc. swimmers shall stay in groups of no less than three persons.*
- * Shall apply unless individuals are members of the same family including parent coach or legal guardian coach with athlete sons or daughters, siblings, or coach with athlete spouse.

The Head Coach or his/her designee shall make an immediate written report of travel policy or code of conduct violations to the LSC General Chair. The General Chair shall immediately report to the parent or legal guardian of any affected minor athlete.

I have read and understand the above Travel Policy.

Athlete Signature	 Date
Coach Signature	Date
Parent Signature	Date
Parent Signature	Date