

**MINUTES**  
**SD LSC House of Delegates Fall Meeting**  
**12:00 p.m. - September 18, 2010**  
**AmericInn – Chamberlain, SD**

Call to Order: (Acting) General Chair, Bill Stoddard called the meeting to order at 12:10 p.m..

**1) Roll Call and Seating of Delegates:** Secretary, Carolyn Theobald

The Following voting members were present:

**Board of Directors: (10)** Bill Stoddard – SEAL, (Acting) General Chair  
Norm Bouwens – SEAL, (Acting) Admin. Vice-Chair  
Kent Huckins – PST, Age Group Vice-Chair  
Dave Honner – SFX, Finance Vice-Chair  
Carolyn Theobald – PST, Secretary  
Sara Hogg – ASC, Treasurer  
Deb Finnesand – AA, Safety Coordinator  
Alex McLain – PST, Sr Athlete Rep  
Jacob Bierschbach – WASC, Athlete Rep  
Dawson Steever – SEAL, Athlete Rep

**Athlete Delegates At Large: (2)** Sam Dunkle, BSC  
Samantha Fossum, BSC

**Club Delegates: (14)** Peter Andrew, AA  
Elyce Kastigar, ASC  
Katie Budahl, BSC  
John Tridle, DL76  
Troy Rommen, GOLD  
Liz Willis, GREA  
Michelle Studer, MAC  
Roger Theobald, PST  
Kelly Gorman, RCR  
Paula Gordon, SEAL  
Clyde Smith, SNOW  
Matthew Lavin, VAST  
Donna Bierschbach, WASC  
Jim Kinsley, YST

Total Voting Delegates Present = 26

The Following Non-Voters were also present: (10)

Mike Moran, VAST  
Seth Brooks, YST  
Chad Thomsen, SFX  
Joel Mann, ASC  
Duncan Olney, GREA  
Tina Andrew, AA  
Rhonda Young, BSC  
Robin Sorbe, BSC  
Russell Miller, SFX  
Edie Mueller

Total Attendance = 36

## **2) Reading, Correction and Adoption of Previous Minutes:**

- A. Dispense with Reading of Minutes from 4-17-10 HOD Meeting (Theobald), Seconded (Honner).

Noted Discrepancy of Tentative Meet Schedule from Minutes versus Meet Schedule from Policy & Procedures.

Approved. (Attachment #2.A)

## **3) Approval of Agenda:**

- A. Note the Following Changes:

- Change: 4. G. (1) b): There will be no vote for Year-Round Coach of the year.
- Addition: 4. B. Recommendation 4.A-Adjustment to Rule 10 for B/C Championship Meet
- Change: 4. D. Verbal Report
- Change: 4. E. Verbal Report
- Change: 4. L. Verbal Report
- Change: 5. B. Verbal Report
- Change: 5. E. Verbal Report
- Change: 7. Addition of Jon Sommervold as Nominee for General Chair

- B. Moved (Honner), Seconded (Tridle). Approved.

## **4) Report of Officers**

- A. (Acting) General Chair Report – Bill Stoddard

- (1) Secretary is to post on SD Website a calendar of events, deadlines, and reminders as follows (may include additional items):

- Zone Coach applications are due by \_\_\_\_\_, 30 days before the Spring HOD meeting. (3.6 (2))
- Submit agenda items and nominations for Spring HOD meeting by \_\_\_\_\_(30-45 days before meeting?)
- Spring LSC House of Delegates Meeting: April \_\_\_\_
- Athlete Travel Reimbursement Requests Due (5.3)
- Nominate someone for the Ernie Gunderson Award by July 1 (5.2)
- Send name of Athlete Nominees for the HOD and BOD to Sr. Chair/Secretary by \_\_\_\_\_ (see Bylaw 604.1)
- Nominate a someone for Coach of the Year by July 15 (5.3)
- College Scholarship Applications are due on \_\_\_\_\_, the 1<sup>st</sup> day of the LC B/C Championship meet. (5.1)
- Submit agenda items and nominations for Fall LSC House of Delegates Meeting by \_\_\_\_\_(30-45 days before meeting?)
- All Star Coach applications are due by \_\_\_\_\_, 30 days before the Fall LSC HOD meeting.(11.3)
- Fall LSC House of Delegates meeting: Sept. \_\_\_\_\_

No motion needed.

- (2) All-Star Coach Application deadline for 2010 will be September 30. This change will affect this year only. Moved (Kastigar), Seconded (Honner). Approved.

- (1) Rule 1 – Membership/Registration, Insert 1.2 (6) (re-number current 6 to 7) (Attachment #4.B.(1), RULE #1):

(6) Officeholder Candidates – At each meeting of the House of Delegates, each group member is expected to provide the Nominating Committee the name of at least one member as a candidate for election as an officer, committee chair/member, or Board of Review member. A Candidate Submission Form to be used is attached as **Exhibit #16**. Only Individual Members in good standing shall be eligible to hold office and must maintain their eligibility throughout their term of office.

(a) Elections – The election schedule for the spring of even and odd-numbered years is in the bylaws (606.2). For the election of Nominating Committee and Board of Review members see Sections 604.38.3 and 610.3

(b) Job Descriptions for Elected Officers, Committee Chairs, and Coordinators are found in SD Bylaws ARTICLES 604-607 and 610 and on the USA Swimming website at Volunteers & LSCs.

Moved (Olney), Seconded (Gordon), Approved.

- (2) Rule 2 – Sanctions, Change 2.1 (2)

Change of Program – Once a meet is sanctioned and the announcement is distributed, any changes made must comply with USA Swimming Rule 102.8.

Moved (Thomson), Seconded (Andrews), Approved

- (3) B/C Championship Invite

DECK REGISTRATION: On Deck USA Swimming Registrations will be not be permitted

DECK ENTRIES: Deck entries will not be allowed.

Moved (Thomson), Seconded (Honner), Approved

- (4) Rule 8 – Warm Up Procedures as amended (Attachment #4.B.(4), Rule #8)

Moved (Lavin), Seconded (Gordon), Approved

- (4a) Proposal (Olney) and Discussion of Rule 10 Amendment, Proposed from Floor, to have Age of Swimmer for the B/C Championship Meet to be the same as the Age of same Swimmer for State Championship Meet. USA swimming has specifically stated swimmers must swim the age they are at the meet. Motion Failed.

Amendment to Motion, Eliminate the Words “in the event” from the B/C Championship Meet Invite, Time Trials #1.

TIME TRIALS: Time trials will be held at the conclusion of each session at the discretion of the Meet Referee. The following limitations shall apply:

1. The swimmer must be entered ~~in the event~~ in the meet.
2. Time trials will not change awards or scores.
3. The swimmer may only swim a total of 5 individual events per day.
4. There will be no additional cost for time trials.

Seconded (Honner), Approved

- (5) Proposal to Ratify Bylaw Articles 604.1 & 606.3 to be voted on separately.

Ratify Bylaw Article 604.1, Moved (Bouwens), Seconded (Bierschbach), Motion Failed

Ratify Bylaw Article 606.3, Moved (Bouwens), Seconded (Olney), Motion Failed

C. Senior Division: Vice-Chair – Allan McCallum (No Report)

D. Age Group Division: Vice-Chair – Kent Huckins

- Congratulations on the success of the B/C Championship Meet. Meet is more intense and swimmers are passionate. This has increased the number of swimmers at the State Meet and more swimmers for local clubs.
- Reminded HOD to keep the athletes in focus for all decisions made.
- USA Swimming will be changing background requirements for coaches with a new screening process.

E. Finance Division: Vice Chair – Dave Honner

- Annual audit will be in Pierre, November 13<sup>th</sup>. Requesting parent volunteers to participate in this audit of LSC Record Keeping.
- All clubs need to file IRS Form 990N by October 15<sup>th</sup> or the club will lose their tax exempt status.
- The SD-LSC is in better financial shape due to the change of splitting revenue for the State Championship Meet.
- Vice Chair position will be coming up for re-election, asking for recommendations.

F. Treasurer's Report: Sara Hogg (Handout at Meeting)

- Sara reviewed and highlighted the Financial Reports which were handed out at the meeting.

G. Secretaries Report: Carolyn Theobald

- Awards from State LC Championship Meet
  - Summer Teams Coach – Nikki Finnesand, Webster
  - Year-Round Coach – No Nominations
  - Ernie Gunderson Award – Don & Carol Iwerks
  - College Scholarships (\$500 each) – Michael Godbe, Rapid City and Andrea Budhal, Mitchell
  - Championship LC Meet Spirit Award – Mitchell Swim Club
  - B/C Championship LC Meet Spirit Award – Sioux Falls
- Athlete Election Results
  - BOD Athlete Representatives: Jacob Bierschbach, WASC and Dawson Steever, SEAL
  - HOD At-Large Athlete Members: Emily Campbell, ASC, Adam Kastigar, ASC, Sam Dunkle, BSC, Samantha Fossum, BSC, and Rachell Hartmann, PST
- Please update club information ASAP

H. Coaches Division: Chair – Wendy Ahrendsen (No Report)

I. Athletes Division: BOD Athlete Representatives – Alex McLain (Sr Rep), Jacob Bierschbach and Dawson Steever (No Report)

J. Seasonal Members Representative:

- Elected Rita Baszlar, HPRW, to replace Paige Canterbury

- K. Technical Planning Chair: Todd Campbell (Attachment 4.K)
1. Corrections & Additions to 2010-2011 SC Meet Schedule
  2. Additions to the tentative 2011 LC Meet Schedule (Include Asterisks next to pools that are SC)
  3. Additions to the Tentative 2011-2012 SC Meet Schedule  
Moved (Finnesand), Seconded (Gordon), Approved
- L. Safety Coordinator: Deb Finnesand
- o Diving Form and Coaching Form must be completed for LSC Team Status.
  - o Club Safety Coordinator should be a coach, not another person. Coach will meet USA Guidelines.
  - o Diving Certifications must be carried with coach. If swimmer attends a meet without a coach, parent or legal guardian must prove Diving Certification.
  - o Background checks are needed for anyone who oversees athletes.
  - o Each Team should review Insurance Coverage's Frequently Asked Questions

## **5) Reports of Committees and Coordinators**

- A. Membership/Registration Coordinator – Sherry Miller
- o 2010 Statistics: 1,454 Athletes with 340 of those being Seasonal, 204 Non-Athletes, 89 Officials and 76 Coaches
  - o Reminder of 2011 Registration
- B. Officials Committee – Troy Rommen
- o Badges have been made for all officials. Let Troy know if someone was missed.
  - o Tentative Swimposium will be held in spring of 2011 in Pierre.
- C. Board of Review Committee Chair – Vacant
- D. Records/Top 16 Coordinator – Joel Mann (No Report)
- E. Sanctions Coordinator – Tina Andrew (Handout at Meeting)
- F. Nominating Committee – Paula Gordon, Chair
- o No report other than list of nominees for Election below.

## **6) Ad Hoc Committee Report on State Meets Rotation Schedule:** Technical Planning (Todd Campbell), Senior Vice (Allan McCallum) and Age Group (Kent Huckins) Chairs

- o No report at this time, table until Spring HOD Meeting.

## **7) Election:**

- A. General Chair Nominees:
- Bill Stoddard, SEAL  
Jon Sommervold, SFX  
Duncan Olney, GREA  
Sarah Mann, ASC

Per (Acting) Admin Vice Chair, Norm Bouwens, winner must have 51% of vote. After several rounds of voting, Jon Sommervold was elected as General Chair.

**B. Coach Representative Nominees: (Should have been elected at 2010 LC Championship)**

Chad Thomsen, SFX

Chad Thomsen was elected as Coach Representative.

**C. Board of Review Nominees:**

Tom Austin, SFX (Nominating Committee)

Amy Dunkle, BSC (Re-elect)

Edie Mueller, SFX (Re-elect)

John Tridle, DL76 (Nominating Committee)

Dave Saavedra, SEAL (Floor)

Jacob Bierschbach, WASC (Floor)

Beth Honner, SFX (Floor)

Jamie Sterbis, BSC (Floor)

Adam Kastigar, ASC (Floor)

Josh Miller, SFX (Floor)

Tina Andrew, AA (Floor)

(Haley Gordon, SFX, Andrea Budahl, MAC and

Ryan Hibbard, SFX will no longer be on Committee)

Approved to accept all nominees.

**D. Nominating Committee Nominees:** Sherry Miller, SFX

Rita Baszler, HPRW

Samantha Fossum, BSC

Moved (Dunkle) to accept names as nominated, Approved

**8) New Business:**

- A. Bill Stoddard Resigned as Admin Vice Chair. Thank you Bill for your years of dedication to this board.

**9) Date of Spring 2011 House of Delegates Meeting:**

- A. Date is to be either in conjunction with LSC Swimposium or April 2, 2011. Moved (Kastigar), Seconded (Thomsen), Approved

**10) Meeting Adjourned at 5:20 p.m.**

Respectively Submitted, Carolyn Theobald, SD-LSC Secretary

**Attachment #2.A.**

**MINUTES – SD LSC House of Delegates Spring Meeting  
12:00 p.m. – April 17-2010  
AmericInn – Chamberlain, SD**

Call to Order: General Chair, Doug Ladenburger called the meeting to order at 12:10 p.m.

**1. Roll Call and Seating of Delegates: Secretary, Norm Bouwens**

The following voting members were present:

<u>Board of Directors:</u> (8)	Doug Ladenburger – SFX , General Chair
	Bill Stoddard – SEAL, Admin. Vice-Chair
	Kent Huckins – PST, Age Group Vice-Chair
	Dave Honner – SFX, Finance Vice-Chair
	Norm Bouwens – SEAL, Secretary
	Sara Hogg – ASC, Treasurer
	Wendy Ahrendsen – BSC, Coaches Rep.
	Todd Campbell – ASC, Technical Planning Chair.
<u>Club Delegates:</u> (12)	Elyce Kastigar – ASC Aberdeen Swim Club
	John Tridle – DL76, Deadwood
	Stephanie Raile – EAST, Eureka
	Duncan Olney – GREa, Rapid City/Ellsworth
	Rita Baszler – HPRW Huron
	Chuck Baechler – MAC, Mitchell
	Carolyn Theobald – PST, Pierre
	Kelly Gorman – RCR, Rapid City
	Chad Thomsen – SFX Sioux Falls Snowfox
	Donn Bierschbach – WASC Watertown
	Carol Lavin – VAST, Vermillion
	Jim Kensley – YST Yankton
<u>At-Large Athlete Delegates:</u> (1)	Jacob Bierschbach – WASC Watertown

Total Voting Delegates Present = 21

The following non-voters were also present: (8)

Teri Robertson – MAC, Mitchell  
Michelle Studer – MAC, Mitchell  
Roger Theobald – PST, Pierre  
Bob Sieve – RCR, Rapid City  
Deb Sieve – RCR, Rapid City  
Sherry Miller – SFX, Membership/Registration Coordinator  
Brian Brenner – SFX, Sioux Falls Snowfox  
Seth Brooks – YST, Yankton Coach

Total Attendance = 29

**2. Reading, Correction and Adoption of Previous Minutes:**

A. It was Moved and Seconded to approve the 9-20-09 HOD Meeting Minutes as printed. Approved. (Attachment #2.A.)

B. It was Moved and Seconded to approved the Board of Directors Meeting Minutes of 1-24-10 as printed. Approved. (Attachment #2.B.)

3. Approval of Agenda: Moved (Kinsley), Seconded (Honner) to approve the meeting agenda as printed. Approved.

4. Reports of Officers

A. General Chair Report – Doug Ladenburger (Attachment #4.A.)

- (1) Only 2 Zone Coach Applications were received from Elyce Kastigar (14 & U athletes) and Chad Thomsen (Sr. athletes).
- (2) Re: #11 in the Gen. Chair Report: Moved (Kastgar), Seconded (Honner) to delete the "A" time requirement from the SD Policy (11.3) for All Star Meets. Approved.

B. Administrative Division: Vice-Chair – Bill Stoddard (Attachment 4.B)

[ Note: The Policy amendments proposed and approved below have been incorporated into the SD Policies & Procedures document found on the SD Swimming website].

- (1) USAS required amendment per ARTICLE 202.4.14 - The meet announcement shall include information about water depth measured for a distance of 3 ft. 3" (1 meter) to 16 ft. 5" (5 meters) from both end walls.
  - a. Amend EXHIBIT 3 Sanction Checklist #6; and Meet Invitation Template EXHIBITS 4, 10, 14, 15 to comply with Rule 202.4.14.
  - b. Amend the above per Rule 103.2 to include: "Turn end water depth meets / does not meet USAS minimum requirement for racing starts per Rule 103.2.3

It was Moved and Seconded to approve the USAS required amendments to the above EXHIBITS/Meet Templates. Approved.

(2) Proposed amendments to Policies/Procedures:

RULE 9 – Championship Meets: Final reading of amendments adopted 9-20-09.

- a. Moved (Bouwens), Seconded (Hogg) to Amend Policy 9.3(1) by striking "Facility will have no time restrictions" & replace with, "The time allotted by the pool . . ." Approved.



EXHIBIT 15 – Moved (Stoddard), Seconded (Hogg) to Ratify B/C Championship Invite Template approved by BOD 1-25-10. And further . . .

- a. To amend the Template and RULE 10.14(4) to read “a pass to swim that event at the following SD State Championship meet.” Approved.

EXHIBIT 13 – B/C Championship & State Championship Orders of Events

- a. Moved (Baechler), Seconded:

1. To have Relay events at the end of Sat. & Sun. Sessions preceded by a 10 min. break. And . . .
2. To have the final individual freestyle distance events on Sat. & Sun. preceded by a 15 min break.

Approved.

- b. Moved (Campbell), Seconded (Thomsen):

1. To have both 11-12 Boys and 11-12 Girls events in the same session with 10 & U age groups at SC Split Format meets. And . . .
2. Eliminate the 5 minute breaks in the younger swimmers sessions. Approved.

RULE 7 – LSC Records: Moved (Bouwens), Seconded (Kastigar) to amend as recommended by Tina Andrew, Records/Top 16 Chair. Approved.

RULE 8 (& EXHIBIT 8) – Warm-up Procedures

- a. Moved (Baechler), Seconded (Bouwens) to ammend sections 8.1, 8.5, 8.6 as marked, to strike “shall remain at the starting end of the pool from 8.2, and to add section 8.7, Approved.

RULE 2 – Sanctions

- a. Moved (Campbell), Seconded (Bouwens) to adopt the RULE 2 proposed amendments to provide solutions and insure compliance with the USAS “4-hr. rule.” And . . .
- b. To amend EXHIBIT 4 – Meet Invitation Template (for regular meets) as follows:

MEET LENGTH: USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F. Entries will be

input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.

Approved (a. and b.).

C. Senior Division: Vice-Chair – (Position vacant. No report)

D. Age Group Division: Vice-Chair – Kent Huckins

- (1) Kent reported that the SC “B/C Championship Meet format was a huge success.” This was the first B/C Meet with Championship scoring and awards.

E. Finance Division: Vice-Chair – Dave Honner

- (1) Dave encouraged Clubs to participate in the Semi & Annual financial Audit/Review process.

F. Treasurer’s Report – Sara Hogg (Handout at meeting)

- (1) Sara reviewed and highlighted the Financial Reports which were handed out at the meeting.

G. Secretary – Norm Bouwens

- (1) Urged Clubs to make corrections/deletions on the “Team Contact List” and/or to use the “Club Information Form” on the website to e-mail updates to the webmaster and Secretary.
- (2) Urged Clubs to
  - Update your address book. Updated names/e-mail addresses will be posted ASAP after the meeting.
  - Use the updated: Warm-Up Procedures; Meet Invitation Template (for regular meets & the others—Just replace the info in blue text with your specifics—the rest stays as is—and your Sanction request should get the OK).
  - Check the website for Policy & Procedure updates
  - Updated list of LSC Officeholders will be posted .

H. Coaches Division: Chair - Wendy Ahrendsen

- (1) Wendy reported briefly encouraging Coaches to register for the Coaches Clinic in Fargo, ND co-sponsored by ND & SD LSCs. Registration information is found on BSC and SDSI’s websites.

I. Athletes Division: BOD Athlete Representatives – Zach Johnson, Emily Campbell, Ashley Kneifl.

- (1) At-Large Athlete Delegate, Jacob Bierschbach spoke briefly and was the only Athlete Delegate present.

J. Seasonal Members Representative – Paige Canterbury (not present)

- (1) The Seasonal Clubs voted to have their Championship meet in Huron at least through 2012.
- (2) Paige will be moving, so Seasonal Clubs will select her replacement for this BOD position at their Championship meet.

K. Technical Planning Chair – Todd Campbell (Attachment #4.K.)

- (1) Todd presented corrections & additions to the 2010 LC Meet Schedule and
  - (2) Additions to the tentative Meet Schedule for SC 2010-2011.
  - (3) Asked Clubs for dates for the tentative Meet Schedule for LC 2011
- It was Moved and Seconded to approve the Meet Schedules.

L. Safety Coordinator – Deb Finnesand (Not present)

- (1) Deb sent a report to Gen. Chair Ladenburger re: certification requirements for swimmers to do racing starts. Doug will forward this info in a letter to SD Clubs.

#### 5. Reports of Committees and Coordinators:

A. Membership/Registration Coordinator – Sherry Miller

- (1) Sherry reported that 968 have registered thus far. "Season 2" should be used to register Seasonal Athletes.

B. Officials Committee Chair – Troy Rommen (No report)

C. Board of Review Committee Chair – vacant

D. Records/Top 16 Coordinator – Tina Andrew (Not present)

- (1) See Attachment 5.D in Agenda & Reports for Tina's report.

E. Nominating Committee – Paula Gordon, Chair

- (1) No report other than list of nominees for Election below.

F. Sanctions Coordinator – Denise Hibbard (No report)

## 6. Unfinished Business:

A. Moved (Stoddard), Seconded (Thomsen) to consider the proposal (tabled at the 9-20-09 meeting) to hold all SC B/C Championship meets in Pierre.

(1) The motion was Tabled until the discussion of the Meet Rotation Schedule (Agenda item 8.C).

B. Moved (Thompson), Seconded (Baechler) to Leave on the Table the Proposal (tabled at the 9-20-09 meeting) to hold LC Championship meets in Aberdeen and that ASC be out of the SC Championship meet rotation. Approved.

## 7. Election

*(Names in parenthesis wish not to be re-elected. Terms are 2 years)*

Position	Current	Nominee	Floor Nominee
General Chair	(Ladenburger, Doug)	None	None
Age Group Vice-Chair	Huckins, Kent	Huckins, Kent	
Officials Committee Chair	Rommen, Troy	Rommen, Troy	
Secretary	(Bouwens, Norm)		Carolyn Theobald PST
Top 16/Records Chair	(Andrew, Tina)		Joel Mann ASC
Senior Vice-Chair	Open		Allan McCallum RCR
Sanctions Coordinator	Open -To Be Appointed		

A. Moved, Seconded to re-elect to a 2<sup>nd</sup> term, Kent Huckins, Age Group Vice-Chair; & Troy Rommen, Officials Comm. Chair.. Approved.

B. Moved, Seconded to elect the unopposed nominees from the floor: Carolyn Theobald, Secretary; Joel Mann, Top16/Records Chair; Allan McCallum, Sr.Vice-Chair. Approved.

## 8. New Business:

A. Yankton is unable to host the Summer 2010 State LC Championship Meet

(1) Notices of intent to bid for the 2010 LC Championship have been received from: Mitchell (MAC), Rapid City (RCR), Aberdeen (ASC)

(2) Mitchell requested (in light of MAC's financial hardship due to the loss of their temporary pool) that the LSC waive the 75%/25% revenue sharing arrangement if they are awarded the meet bid.

(3) It was Moved, Seconded, Approved to Table the financial request until the meet location is decided.

(4) The ballot vote awarded Mitchell the bid for the 2010 LC Championship Meet.

- (5) MAC withdrew its financial request, and will present a proposal to the Board of Directors for financial aid.

B. SD LSC plans for age group split Zone Meet: 14 & U will be in Lincoln, NE, 15 & Over will be in Bismarck, ND.

- (1) Elyce Kastigar will be the Head Coach for the 14 & U swimmers. Chad Thomsen will be Head Coach for the 15 & O group.
- (2) Chairman Doug will ask Randy Julian if our swimmers may compete as Team SD for relays.

C. Rotation Schedule for B/C Championship & State Championship meets

- (1) The following Meet Rotation Schedule was proposed. Moved (Campbell), Seconded (Baechler). The motion failed.

#### MEET ROTATION FOR B/C AND CHAMPIONSHIP MEETS

##### SUMMER LONG COURSE CHAMPIONSHIP MEET

###### ABERDEEN

##### SUMMER LONG COURSE B/C CHAMPIONSHIP MEET

2010	SIOUX FALLS
2011	BROOKINGS
2012	MITCHELL
2013	YANKTON
2014	REPEAT ABOVE CITIES

##### WINTER SHORT COURSE CHAMPIONSHIP MEET

2011	PIERRE
2012	RAPID CITY
2013	REPEAT ABOVE CITIES

##### WINTER SHORT COURSE B/C CHAMPIONSHIP MEET

2011	WATERTOWN
2012	SIOUX FALLS
2013	MITCHELL/HURON
2014	SPEARFISH
2015	YANKTON
2016	BROOKINGS
2017	REPEAT ABOVE CITIES

ANY TEAM THAT BUILDS A NEW POOL WOULD GO TO TOP OF LIST IN THE CORRESPONDING SEASON (25 YARD/METER WINTER AND 50 METER SUMMER). WHENEVER A CITY CAN'T HOST A MEET AS SCHEDULED, THE MEET IS THEN OPEN FOR BID.

- (2) A 3-person committee was appointed to study the meet rotation schedules and report to the fall 2010 HOD meeting. The committee will include: Tech. Planning Chair, Campbell; Age Group Chair, Huckins; and Sr. Chair, McCallum.
  - 9. Date and location of the fall 2010 House of Delegates Meeting: Saturday, September 18, 2010 – Chamberlain, SD
  - 10. The meeting was Adjourned at 5:25 p.m.
- Norm Bouwens, Secretary

**ATTACHMENT #4.B.(1), RULE #1**  
**CANDIDATE SUBMISSION FORM**  
**FOR SD LSC OFFICES**

In accordance with South Dakota Swimming, Inc. Policy 1.2 (6) the

\_\_\_\_\_  
*Name of Member Club/Swim Team*

recommends the following person for consideration by the Nominating Committee as a potential candidate as an officer, committee Chair, committee member, or Board of Review member.

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone Numbers \_\_\_\_\_ (h) \_\_\_\_\_ (o) \_\_\_\_\_ (m)

E-Mail \_\_\_\_\_

Tell us something about him/her: Occupation; special interests; how he/she has served your swim club.

Send this form to the Nominating Committee Chair or with your delegate to the next LSC meeting.

EXHIBIT #16 (9-18-10)

**ATTACHMENT #4.B.(4), Rule #8**

**SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES**

- 8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Every reasonable effort shall be made to equalize swimmers per lane during warm-ups. Meet planners will strive for a limit of no more than 20 swimmers per lane for Short Course meets and no more than 25 swimmers per lane for Long Course meets..
- 8.4 General Warm-ups:
- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
  - (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
  - (3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated "pace" or "sprint" by the Meet Marshal. Sprint and pace lanes will be clearly marked, with an orange cone, at the start end of the pool. No circle swimming will be allowed in lanes marked as "sprint".
- 8.5 Starts (Specific Warm-ups):
- (1) Starts will be allowed by the Meet Marshal as needed in all lanes except the two outside lanes.
  - (2) There will be no diving in the two outside lanes marked for general warm-ups. Again, any swimmer who dives in one of the outside lanes during specifics will be scratched from his/her first individual event of the session. The outside lanes shall be used for circle swimming or for pace work.
  - (3) Diving and backstroke starts will be allowed from the starting end of all lanes except the outside lanes of the pool. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.
  - (4) Relay take-offs – During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- 8.6 Mid-Meet Warm-ups/Cool-downs:
- (1) Swimmers must be supervised by a USA Swimming member Coach.
  - (2) There will be no diving.
  - (3) Circle swimming only.
  - (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.

Revised 09/18/2010



# South Dakota Swim Meet Schedule SC 2010/2011 through SC 2011/2012

**Intra is 1 club, Inter is 2 or more clubs**

## **SHORT COURSE SCHEDULE: OCTOBER 20 10 – MARCH 2011 (Final)**

Oct 1 – 3	Open
Oct 8 – 10	Open
Oct 15 – 16	Sioux Falls Intra-squad (15), Brookings Intra-squad (16)
Oct 22 – 24	Rapid City (23rd) Watertown (23 <sup>rd</sup> )
Oct 29 – 31	Aberdeen Intra-squad (30)
Nov 5 – 7	Mitchell (need info ASAP, where it will be held to be determined)
Nov 12 – 14	Pierre (13-14)
Nov 19 – 21	Spearfish Pentathlon (20th) / Brookings (20-21)
Nov 26 – 28	Open
Dec 3 – 5	Watertown (4)
Dec 10 – 12	Sioux Falls (11-12)
Dec 17 – 19	Rapid City (18-19)
Jan 7 – 9, 2011	Aberdeen (8-9)/Yankton (8)
Jan 14 – 16	All-Star Meet
Jan 21 – 23	Sioux Falls (21-23)NOTE that 21 <sup>st</sup> may not be available
Jan 28 – 30	Yankton (28-30)NOTE the dates may change/ Spearfish (29-30)/Watertown (29-30)
Feb 4 – 6	Mitchell (NOTE details to follow)/ Brookings (5-6)
Feb 11 – 13	Pierre (12-13)
Feb 18 – 20	Sioux Falls(Tentative only)
Feb 25 – 27	<b><u>SD B/C Championship Watertown</u></b>
Mar 4 – 6	<b><u>SD State Championship Pierre</u></b>

## **LONG COURSE SCHEDULE: MAY – AUGUST 2011 (Tentative)**

May 13 – 15	Vermillion (14)
May 20 – 22	Sioux Falls: Intra-squad (20 <sup>th</sup> )
May 28 – 30	
June 3 – 5	Milbank (3-4)
June 10 – 12	Watertown (11)
June 17 – 19	Aberdeen (17-19)
June 24 – 26	Yankton (24-26) / Huron
July 1 – 3	Rapid City (1-3) / Mitchell (1-3)
July 8 – 10	Sioux Falls (7-10)
July 15 – 17	Brookings (15-17) / Webster (15-16)
July 22 – 24	<b>B/C Championship - Brookings</b>
July 29 – 31	<b>State Championship – Sioux Falls</b>
Aug 5 – 7	<b>Seasonal Teams Championship - Huron</b>
Aug 12 – 14	
Aug 19 – 21	
Aug 26 – 28	

**SHORT COURSE SCHEDULE: OCTOBER 20 11 – MARCH 2012 (Tentative)**

Sept 30 – Oct 2	Open
Oct 7 – 9	Open
Oct 14 – 16	Sioux Falls Intra-squad (14-16)/Brookings Intra-squad (15)
Oct 21 – 23	Rapid City (22)
Oct 28 – 30	Aberdeen Intra-squad (29)/Watertown (29)
Nov 4 – 6	Mitchell (4-6)
Nov 11 – 13	Pierre (12-13)/Yankton (11-13)
Nov 18 – 20	Brookings (18-19)/Spearfish (19)
(Thursday, Nov. 24 is Thanksgiving Day)	
Nov 25 – 27	Open
Dec 2 – 4	Watertown (3-4)
Dec 9 – 11	Sioux Falls (9-11)
Dec 16 – 18	Rapid City (17-18)
Dec 23 – 25	Open
(Sunday, Dec. 25 is Christmas Day)	
Dec 30 – Jan 1	Open
Jan 6 – 8	Aberdeen (7-8)/Yankton Tri-State (7)
Jan 13 – 15	All-Stars
Jan 20 – 22	Sioux Falls (20-22)
Jan 27 – 29	Spearfish (28-29)/Watertown (28-29)
Feb 3 – 5	Brookings (3-5)
Feb 10 – 12	Pierre (11-12)
Feb 17 – 19	Mitchell (17-19)
Feb 24 – 26	<b>B/C Championship Meet Sioux Falls</b>
March 2 – 4	<b>State Championship Meet Rapid City</b>
March 9 – 11	
March 16 – 18	
March 23 – 25	
March 30 – April 1	