



SOUTH DAKOTA SWIMMING BOARD OF DIRECTORS 2013 – 2016 STRATEGIC PLAN OUTLINE



The Vision and Mission of South Dakota Swimming

Vision:

South Dakota Swimming: Inspiring Excellence and Transforming Lives

Mission:

South Dakota Swimming provides leadership, support, and commitment to create opportunities for lifelong excellence through competitive swimming.

Core Values

- ✓ **Leadership**
- ✓ **Support**
- ✓ **Commitment**

Focus Areas

- ✓ **Athlete Performance – Coach Education, Recognition Opportunities, Time Standards**
- ✓ **Education – Club Development, Officials Education, Resource Utilization**
- ✓ **Leadership – Delegation, Committees, Communication, BOD Development**

Summary: Leaders of South Dakota Swimming met on Saturday, October 5, 2013, in Chamberlain, South Dakota, to: (1) review the principles of effective LSC governance; (2) assess the existing LSC environment; and (3) construct a strategic plan to help guide the future for South Dakota Swimming for the next two-five years. Among numerous supporting goals, LSC leaders resolved to focus on the three areas outlined above. Realizing that South Dakota Swimming and the sport of swimming will encounter unknown challenges and opportunities in the future, it is intended for this to be a working document to be reviewed annually with continual updates at each meeting of the South Dakota Swimming Board of Directors so that this plan can evolve and grow.

Participants in the planning session were: Jon Sommervold (General Chair), Russ Miller (Admin Vice Chair), Kyle Margheim (Age Group Chair), Clyde Smith (Coaches' Representative), Blake Waddell (Financial Vice Chair), Carolyn Theobald (Secretary), Sarah Hogg (Treasurer), Deb Finnesand (Technical Planning Chair), Shayle Finnesand (BOD Athlete Representative), Paula Gordon (Safety Coordinator), Alex Borma (HOD Athlete Delegate), Elyce Kastigar (HOD Delegate Coach), Bonnie Biel (HOD Delegate Coach), Kelly McCullough (HOD Delegate Coach), Edie Mueller (HOD Delegate), Bill Stoddard (HOD Delegate Coach), and Rusty Bernstein (HOD Delegate Coach). Absent due to blizzard conditions in Rapid City were: Guy Gniotcaynski (Senior Vice Chair), Bob Sieve (Officials Chair), and Ben Sieve (HOD Athlete Delegate).

On the following pages are outlines of specific goals, objectives, and action steps related to the 2013-2016 focus areas (Athlete Performance, Education, and Leadership) as identified, written, and presented by each focus group and approved by all participants.

FOCUS AREA: ATHLETE PERFORMANCE – Shayle, Alex, Rusty, Elyce, Kyle, Deb, Clyde, & Guy		
STRATEGIC GOAL	MEASURABLE OBJECTIVES	ACTION STEPS
To improve athlete performance	A. Increase athlete percentage achieving national A times and above	1. Evaluate and revise state time standards 2. Provide event opportunities for each age group to qualify for zones 3. Create a meet for 15 & over during the All-Star weekend-reaching out to other LSCs or those at the all-star meet
	B. Provide athlete training opportunities	1. LSC-sponsored trips to elite events- ex. NCAA @ Mpls, Olympic Trials, etc. 2. Sponsor athlete clinics 3. Create and sponsor an SD Select Camp 4. Sponsor an Olympic Training Center Camp
	C. Change state meet format to Prelim/Finals	Evaluate and implement
	D. Provide coach education opportunities	Plan coach education sessions with LSC/HOD meetings – prior, during or after
Task: What needs to be done?	Who? Responsible Party	When? Deadlines/Milestones
A. 1. Create Committee & Develop a process for state Times Standards 2. Create additional events at state champion meets 3. Plan for organizing 15 & over All-Star meet	1. Coaches rep, Senior Chair, Age Group Chair, Tech Planning Committee Representative 2. Technical Planning 3. Coaches Committee	1. Present at Spring 2014 LSC meeting; implement fall 2014 2. Spring 2014 LSC Meeting 3. Present at Fall 2014 LSC Meeting – implement 2015 (January)
B. Develop athlete clinic/camp programs	Coaches Committee plus Club Involvement	1. Annual Athlete clinic beginning in spring 2014 2. Camp programs – implement spring 2015
C. Establish new format for state championship meet which includes prelim/finals	Technical Planning	Present with new time standards spring 2014 LSC meeting; implement fall 2014
D. Develop topics and format	Committee Chairs	Yearly – implement at each LSC/HOD meeting

FOCUS AREA: EDUCATION – Bonnie, Edie, Paula, Carolyn, & Bob

STRATEGIC GOAL		MEASURABLE OBJECTIVES	ACTION STEPS
To provide educational opportunities for our LSC members		A. 25% of our year-round clubs begin the Club Recognition process	1. Announce goal to LSC at HOD meeting 2. Educate LSC on what club recognition is 3. Research club recognition program
		B. One person from every club in attendance at the LSC 101 informational meeting at A & B Champs	Develop the LSC 101 course
		C. Commit to sending 4 – 5 delegates to USAS convention each year	1. Create a policy regarding specifics on who will be invited to go to USAS convention 2. All attendees must submit a post-convention written report 3. All attendees to speak on the convention experience at fall HOD meeting.
		D. Add an educational module to each HOD	Develop modules – 5 minute infomercial
		E. Host a Swimposium during every year eligible	1. Apply through USA Swimming 2. Select site
Task: What needs to be done?	Who? Responsible Party	When? Deadlines/Milestones	
A. Create an Education Committee	Board of Directors	Fall 2014	
B. 1. Make contact with South Carolina Swimming for LSC 101 template 2. Find presenters for A & B Champs 3. Create LSC trinket for attendees	Education Committee and Board Members (Carolyn & Paula)	Short Course A and B Championships 2014	
C. Create and submit a budget proposal	Governance	1. June 2014 – Select Delegates (select delegates annually in June) 2. August 2014 – submit budget proposal (annually) Fall 2014	
D. Identify topics – ex: VCC	Education Committee	Fall of 2014 – have dates and information	
E. Contact USA Swimming to research and schedule	Edie Mueller		

FOCUS AREA: LEADERSHIP – Russ, Jon, Sarah, Blake, Bill, & Kathy		
STRATEGIC GOAL	MEASURABLE OBJECTIVES	ACTION STEPS
To foster effective LSC leadership	A. Revisit Current Committee Structure (Define)	1. Committee Job Description – Revisit/Revise 2. Include Purpose, Scope, Membership, Timeline, Commitment
	B. Implement Committee Delegation	1. Insure Strategic Actions are taken from the BOD to Committees 2. Insure Tactical Actions are taken to the BOD from Committees 3. Do results reflect your values?
	C. Communicate Effectively with all SDSI members/ stakeholders	1. Push emails to direct all members to the SDSI website for posts and notifications – direct notification to all families 2. Maintain transparency and utilize involvement of stakeholders
	D. Initiate BOD Development Procedures	1. Plan/Schedule Consistent Meetings 2. Identify Prospective BOD Members
	Task: What needs to be done?	When? Deadlines/Milestones
A. 1. BOD needs to review current committee accountability 2. Develop a Governance Committee; then define and present	Who? Responsible Party 1. Each Chair of the Six Divisions 2. General Chair (Jon, Sarah, Blake)	1. By November 2013 Board of Directors Conference Call 2. By January 2014 Board of Directors Conference Call
B. Identify and Populate the Committees	Each Chair of the Six Divisions	1. List to General Chair by January 2014 2. Consent March 2014 so they are effective by Spring 2014 HOD Meeting
C. 1. Compile the email list 2. Stakeholder Inclusion Survey	1. Russ to Kelly Schott 2. Board of Directors / Delegate	1. By January 2014 Board of Directors Conference Call 2. By Fall 2014 – Stakeholder Survey (Milestone Spring 2014)
D. 1. Teleconference 2. Define the Pipeline Process	1. General Chair 2. Board of Directors / Nominating Committee	1. First Monday of Odd Numbered Months 2. By November 2013 Board of Directors Conference Call

Proposed South Dakota State Qualifying Times									
	8 & Under Girls		8 & Under Boys			13-14 Girls		13-14 Boys	
	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM
25 Free	19.09	NA	20.29	NA	50 Free	28.69	33.19	27.79	32.19
50 Free	43.29	51.99	44.69	54.49	100 Free	1:02.69	1:12.49	1:00.92	1:10.49
100 Free	1:40.39	1:58.99	1:46.19	2:00.99	200 Free	2:17.29	2:40.29	2:14.09	2:37.49
200 Free	NA	4:18.69	NA	4:10.59	400/500 Free	6:24.29	5:50.29	6:12.49	5:46.49
25 Back	23.19	NA	23.89	NA	800/1000 Free	13:18.19	12:01.69	12:38.59	11:33.29
50 Back	50.79	1:01.69	56.19	1:04.39	1500/1650 Free	22:16.79	23:10.19	20:51.59	23:13.19
100 Back	NA	2:19.59	NA	2:17.99	100 Fly	1:16.39	1:28.99	1:13.19	1:25.19
25 Breast	27.69	NA	29.99	NA	200 Fly	2:55.69	3:27.99	2:31.99	3:01.59
50 Breast	1:00.39	1:14.59	1:02.59	1:11.79	100 Back	1:14.79	1:26.49	1:14.09	1:29.39
100 Breast	NA	2:33.99	NA	2:38.89	200 Back	2:28.89	3:10.19	2:41.79	3:05.89
25 Fly	23.79	NA	27.69	NA	100 Breast	1:23.79	1:38.79	1:22.99	1:38.59
50 Fly	58.49	1:08.09	54.89	1:08.89	200 Breast	3:00.19	3:30.59	3:01.09	3:26.59
100 Fly	NA	2:32.89	NA	2:30.49	200 IM	2:38.29	3:05.29	2:42.49	3:13.69
100 IM	1:50.79	NA	1:59.99	NA	400 IM	5:46.99	6:39.29	5:23.19	6:26.19
200 IM	NA	4:49.69	NA	4:38.09					
	9-10 Girls		9-10 Boys			15-16 Girls		15-16 Boys	
	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM
50 Free	35.59	39.09	37.79	40.29	50 Free	28.69	33.49	26.99	30.69
100 Free	1:16.99	1:27.89	1:19.89	1:33.39	100 Free	1:02.09	1:13.19	58.09	1:06.39
200 Free	2:50.59	3:14.79	2:56.39	3:24.39	200 Free	2:18.69	2:44.89	2:07.69	2:31.19
50 Fly	42.49	48.89	44.59	51.09	400/500 Free	6:27.49	6:00.09	6:16.39	5:44.99
100 Fly	1:47.09	1:58.89	1:38.49	1:54.49	800/1000 Free	13:24.49	12:02.39	12:30.59	11:17.89
50 Back	40.59	47.79	43.29	51.39	1500/1650 Free	22:02.69	23:11.69	20:45.79	21:51.79
100 Back	1:30.69	1:44.79	1:35.39	1:54.79	100 Fly	1:16.39	1:25.49	1:10.09	1:26.49
50 Breast	47.79	55.69	50.29	56.29	200 Fly	2:37.59	3:15.29	2:17.09	2:49.59
100 Breast	1:44.09	2:00.49	1:49.99	2:02.39	100 Back	1:12.79	1:29.89	1:09.69	1:26.49
100 IM	1:28.59	NA	1:35.79	NA	200 Back	2:41.19	3:05.09	2:34.49	3:11.19
200 IM	3:19.29	3:46.79	3:17.49	3:50.09	100 Breast	1:23.69	1:29.89	1:23.39	1:26.49
					200 Breast	3:06.39	3:34.29	3:06.99	3:32.69
					200 IM	2:41.19	3:04.59	2:33.89	3:07.79
					400 IM	5:40.29	6:42.19	5:13.19	6:21.89
	11-12 Girls		11-12 Boys						
	SCY	LCM	SCY	LCM					
50 Free	35.59	34.39	37.79	35.79					
100 Free	1:16.99	1:16.29	1:19.89	1:18.39		17-19 Girls		17-19 Boys	
200 Free	2:50.59	2:50.29	2:56.39	2:56.59		SCY	LCM	SCY	LCM
400/500 Free	6:49.19	6:05.59	6:35.79	6:06.39	50 Free	30.49	34.39	27.29	30.59
50 Fly	42.49	41.19	44.59	42.79	100 Free	1:05.49	1:15.11	59.09	1:08.79
100 Fly	1:22.69	1:33.29	1:26.69	1:36.49	200 Free	2:22.89	2:44.19	2:09.29	2:32.39
50 Back	36.69	42.49	43.29	43.99	400/500 Free	6:46.09	5:53.59	5:52.79	5:15.49
100 Back	1:30.69	1:32.39	1:35.39	1:35.89	800/1000 Free	12:34.49	12:03.49	12:07.09	10:19.99
50 Breast	47.79	47.49	50.29	48.99	1500/1650 Free	21:34.49	22:14.49	20:12.69	19:36.49
100 Breast	1:44.09	1:43.59	1:49.99	1:43.89	100 Fly	1:20.79	1:27.39	1:12.99	1:20.59
100 IM	1:18.49	NA	1:20.99	NA	200 Fly	2:38.19	3:11.09	2:34.79	2:48.39
200 IM	3:19.29	3:13.99	3:17.49	3:24.39	100 Back	1:16.29	1:27.89	1:07.49	1:22.89
					200 Back	2:43.59	3:10.29	2:32.19	2:54.97
					100 Breast	1:24.19	1:27.89	1:19.49	1:22.89
					200 Breast	3:04.19	3:31.49	2:52.39	3:22.19
					200 IM	2:53.69	3:08.89	2:30.19	2:54.79
					400 IM	5:30.09	6:36.79	5:11.69	6:01.09

SCY Proposed SD Swimming Time Standards							
Event	2009	2010	2011	2012	2013	Average	Current
13-14 F 1650	21:31.06	22:53.64	22:32.58	22:33.04	21:53.37	22:16.79	21:53.19
13-14 M 1650	20:54.99	20:29.09	21:07.48	20:55.44	20:50.80	20:51.59	21:53.19
15-16 F 1650	21:09.63	21:51.67	21:51.47	22:59.42	22:21.02	22:02.69	21:53.19
15-16 M 1650	19:17.41	21:21.74	20:54.37	21:10.47	21:05.00	20:45.74	21:53.19
17-19 F 1650	20:52.92	22:35.66	18:59.23	23:25.83	21:58.48	21:34.49	21:53.19
17-19 M 1650	20:18.77	18:36.25	22:12.60	21:10.38	18:45.27	20:12.69	21:53.19
8 & U F 100 Fr	1:36.32	1:47.94	1:43.19	1:38.40	1:35.76	1:40.39	1:41.19
8 & U M 100 Fr	1:38.29	1:41.60	1:45.15	1:51.57	1:54.03	1:46.19	1:41.19
9-10 F 200 Fr	2:54.54	2:55.84	2:43.67	2:56.85	2:41.95	2:50.59	2:58.29
9-10 M 200 Fr	2:54.24	3:04.47	2:49.34	2:59.18	2:54.63	2:56.39	2:58.29
11-12 F 200 Fr	2:31.74	2:28.81	2:30.36	2:28.42	2:26.27	2:29.19	2:29.69
11-12 M 200 Fr	2:30.62	2:30.00	2:28.33	2:49.46	2:30.25	2:33.79	2:29.69
13-14 F 200 Fr	2:20.53	2:16.72	2:17.97	2:18.57	2:12.33	2:17.29	2:22.89
13-14 M 200 Fr	2:14.03	2:12.92	2:11.31	2:15.00	2:17.15	2:14.09	2:22.89
15-16 F 200 Fr	2:20.63	2:18.07	2:24.91	2:15.75	2:14.07	2:18.69	2:19.99
15-16 M 200 Fr	2:09.62	2:08.30	2:08.84	2:05.77	2:05.46	2:07.69	2:19.99
17-19 F 200 Fr	2:23.23	2:17.28	2:21.16	2:28.05	2:24.53	2:22.89	2:18.49
17-19 M 200 Fr	2:19.94	2:10.96	1:58.14	2:15.07	2:02.14	2:09.29	2:18.49
8 & U F 100 IM	1:44.64	1:48.04	1:51.35	1:49.64	2:00.09	1:50.79	1:56.26
8 & U M 100 IM	1:48.93	2:05.07	1:56.97	2:03.51	2:05.19	1:59.99	1:56.26
9-10 F 200 IM	3:15.79	3:29.01	3:12.78	3:33.44	3:05.44	3:19.29	3:17.29
9-10 M 200 IM	3:11.74	3:06.31	3:22.91	3:26.45	3:19.77	3:17.49	3:17.29
11-12 F 200 IM	2:51.72	2:51.21	3:24.33	2:49.82	2:45.41	2:56.59	2:49.49
11-12 M 200 IM	2:54.93	2:54.41	2:51.82	2:54.03	2:44.75	2:51.99	2:49.49
13-14 F 200 IM	2:41.66	2:36.48	2:37.74	2:40.20	2:35.36	2:38.29	2:40.79
13-14 M 200 IM	2:46.20	2:36.33	2:36.80	2:56.41	2:36.26	2:42.49	2:40.79
15-16 F 200 IM	2:32.83	2:42.43	2:52.22	2:43.33	2:35.16	2:41.19	2:36.79
15-16 M 200 IM	2:33.35	2:30.67	2:38.70	2:36.62	2:29.69	2:33.89	2:36.79
17-19 F 200 IM	2:34.84	2:49.80	2:51.98	3:07.57	3:04.23	2:53.69	2:35.29
17-19 M 200 IM	2:33.52	2:29.52	2:19.80	2:39.21	2:28.92	2:30.19	2:35.29

Highlighted cells denote when an event didn't have 16 participants

Average is rounded to nearest .09

SCY Proposed SD Swimming Time Standards							
Event	2009	2010	2011	2012	2013	Average	Current
9-10 F 100 IM	1:28.07	1:30.27	1:22.84	1:33.56	1:27.95	1:28.59	1:32.39
9-10 M 100 IM	1:34.05	1:33.74	1:34.47	1:37.61	1:38.85	1:35.79	1:32.39
11-12 F 100 IM	1:19.34	1:18.38	1:19.52	1:18.72	1:16.47	1:18.49	1:19.19
11-12 M 100 IM	1:20.81	1:21.61	1:23.67	1:20.64	1:18.05	1:20.99	1:19.19
13-14 F 400 IM	5:52.82	5:41.59	5:41.59	5:41.79	5:56.72	5:46.99	5:42.19
13-14 M 400 IM	5:04.07	5:08.83	5:31.55	5:30.92	5:40.60	5:23.19	5:42.19
15-16 F 400 IM	5:39.72	5:52.12	5:38.40	5:44.42	5:26.75	5:40.29	5:42.19
15-16 M 400 IM	4:44.87	5:32.05	5:09.41	5:14.29	5:25.11	5:13.19	5:42.19
17-19 F 400 IM	5:24.27	5:27.03	5:19.20	5:37.21	5:42.38	5:30.09	5:42.19
17-19 M 400 IM	5:34.75	5:02.08	5:35.48	4:43.64	5:02.35	5:11.69	5:42.19
8 & U F 25 Fly	22.55	26.04	25.39	22.23	22.35	23.79	26.12
8 & U M 25 Fly	28.82	25.62	27.74	28.35	27.66	27.69	26.12
9-10 F 50 Fly	43.58	42.36	41.16	43.96	41.37	42.49	42.39
9-10 M 50 Fly	42.12	42.31	47.07	41.93	49.50	44.59	42.39
11-12 F 50 Fly	38.00	35.84	35.42	35.75	34.62	35.99	34.59
11-12 M 50 Fly	35.90	39.04	37.68	36.80	37.23	37.39	34.59
13-14 F 100 Fly	1:16.76	1:18.36	1:14.73	1:16.51	1:15.36	1:16.39	1:12.19
13-14 M 100 Fly	1:10.66	1:11.48	1:12.23	1:10.01	1:21.14	1:13.19	1:12.19
15-16 F 100 Fly	1:13.63	1:24.66	1:12.96	1:15.38	1:14.92	1:16.31	1:10.69
15-16 M 100 Fly	1:06.74	1:13.38	1:07.32	1:16.47	1:06.57	1:10.09	1:10.69
17-19 F 100 Fly	1:12.31	1:16.30	1:23.82	1:24.53	1:27.02	1:20.79	1:09.59
17-19 M 100 Fly	1:08.88	1:10.60	1:12.25	1:18.61	1:04.31	1:12.99	1:09.59
8 & U F 50 Back	48.43	54.55	52.37	49.25	48.97	50.79	54.44
8 & U M 50 Back	53.74	1:03.89	55.18	53.16	54.57	56.19	54.44
9-10 F 100 Back	1:29.92	1:36.42	1:26.37	1:33.24	1:27.11	1:30.69	1:33.49
9-10 M 100 Back	1:35.82	1:35.87	1:34.80	1:34.91	1:35.42	1:35.39	1:33.49
11-12 F 100 Back	1:20.25	1:22.00	1:19.94	1:19.31	1:18.00	1:19.99	1:19.49
11-12 M 100 Back	1:21.02	1:21.18	1:21.49	1:23.26	1:19.55	1:21.39	1:19.49
13-14 F 200 Back	2:45.52	2:39.27	2:41.26	2:40.03	2:38.23	2:28.89	2:36.29
13-14 M 200 Back	2:35.71	2:51.44	2:40.35	2:43.05	3:02.43	2:41.79	2:36.29
15-16 F 200 Back	2:39.49	2:50.54	2:34.02	2:48.05	2:33.40	2:41.19	2:36.29
15-16 M 200 Back	2:33.08	2:37.01	2:55.36	2:37.04	2:29.83	2:34.49	2:36.29
17-19 F 200 Back	2:41.12	2:47.86	2:41.16	2:41.99	2:45.38	2:43.59	2:36.29
17-19 M 200 Back	2:35.53	2:33.47	2:39.66	2:28.36	2:23.48	2:32.19	2:36.29
8 & U F 50 Breast	57.75	1:07.86	59.16	57.81	58.92	1:00.39	1:03.59
8 & U M 50 Breast	59.74	1:05.20	1:01.52	1:02.97	1:03.49	1:02.59	1:03.59
9-10 F 100 Breast	1:44.12	1:44.99	1:40.98	1:47.50	1:42.80	1:44.09	1:45.59
9-10 M 100 Breast	1:46.51	1:49.49	1:46.58	1:48.53	1:58.63	1:49.99	1:45.59
11-12 F 100 Breast	1:28.63	1:31.97	1:28.30	1:27.59	1:29.77	1:29.29	1:28.69
11-12 M 100 Breast	1:27.80	1:33.03	1:30.08	1:36.68	1:35.69	1:32.69	1:28.69
13-14 F 200 Breast	3:02.99	3:03.16	2:58.84	3:02.67	2:53.01	3:00.19	3:00.19
13-14 M 200 Breast	2:57.43	3:04.13	2:57.70	3:07.14	2:58.68	3:01.09	3:00.19
15-16 F 200 Breast	2:54.94	3:09.50	3:05.58	3:07.21	3:14.44	3:06.39	3:00.19
15-16 M 200 Breast	3:00.65	3:03.51	3:13.02	3:12.01	3:05.60	3:06.99	3:00.19
17-19 F 200 Breast	2:56.20	2:55.76	3:02.56	3:01.90	3:24.32	3:04.19	3:00.19
17-19 M 200 Breast	3:03.52	2:56.48	3:02.73	2:36.47	2:42.54	2:52.39	3:00.19
8 & U F 25 Free	17.74	20.21	19.97	18.88	18.64	19.09	20.47
8 & U M 25 Free	19.16	19.68	21.76	20.13	20.45	20.29	20.47
9-10 F 50 Free	36.61	35.94	34.29	36.41	33.58	35.59	9
9-10 M 50 Free	37.07	35.48	35.62	38.93	41.70	37.7	35.69
11-12 F 50 Free	30.53	30.96	31.15	30.21	30.01	30.59	31.69
11-12 M 50 Free	32.80	31.64	31.27	33.40	30.57	31.99	31.69
13-14 F 50 Free	28.90	28.63	28.52	28.67	28.32	28.69	30.49
13-14 M 50 Free	28.13	27.58	27.50	27.88	27.87	27.79	30.49
15-16 F 50 Free	28.95	28.91	28.75	28.59	27.97	28.69	29.99
15-16 M 50 Free	28.57	27.03	26.14	26.93	26.25	26.99	29.99
17-19 F 50 Free	29.36	28.99	29.16	33.58	31.22	30.49	29.69
17-19 M 50 Free	26.14	27.79	27.85	28.28	25.96	27.29	29.69
11-12 F 500 Free	6:39.83	6:31.16	6:45.00	6:53.58	7:16.07	6:49.19	6:38.59
11-12 M 500 Free	6:32.96	6:37.15	6:39.23	6:32.03	6:37.59	6:35.79	6:38.59
13-14 F 500 Free	6:22.94	6:35.06	6:25.82	6:17.78	6:19.60	6:24.29	6:22.39
13-14 M 500 Free	6:28.28	6:23.16	5:58.38	6:09.06	6:03.30	6:12.49	6:22.39
15-16 F 500 Free	6:21.73	6:12.13	6:33.35	6:36.26	6:33.60	6:27.49	6:22.39
15-16 M 500 Free	6:12.43	6:09.80	6:44.42	6:18.83	5:56.31	6:16.39	6:22.39
17-19 F 500 Free	6:35.04	6:40.92	6:13.99	6:58.17	7:22.18	6:46.09	6:22.39
17-19 M 500 Free	5:44.29	5:28.89	6:00.06	6:03.35	6:07.31	5:52.79	6:22.39

SCY Proposed SD Swimming Time Standards							
Event	2009	2010	2011	2012	2013	Average	Current
8 & U F 50 Fly	53.39	1:01.32	1:02.92	55.67	57.07	58.49	58.54
8 & U M 50 Fly	49.40	53.72	1:00.27	1:00.29	50.32	54.89	58.54
9-10 F 100 Fly	1:44.20	1:51.21	1:48.33	1:56.60	1:35.09	1:47.09	1:40.39
9-10 M 100 Fly	1:41.97	1:30.68	1:48.03	1:29.60	1:42.14	1:38.49	1:40.39
11-12 F 100 Fly	1:18.66	1:22.49	1:21.52	1:21.38	1:29.27	1:22.69	1:19.39
11-12 M 100 Fly	1:19.70	1:22.47	1:34.11	1:23.42	1:33.67	1:26.69	1:19.39
13-14 F 200 Fly	2:38.48	3:26.27	2:56.26	2:45.73	2:51.58	2:55.69	2:40.09
13-14 M 200 Fly	2:36.89	2:36.74	2:32.05	2:17.81	2:36.15	2:31.99	2:40.09
15-16 F 200 Fly	2:47.30	2:37.18	2:45.86	2:21.03	2:36.34	2:37.59	2:40.09
15-16 M 200 Fly	2:17.94	2:25.93	2:22.20	2:17.40	2:01.86	2:17.09	2:40.09
17-19 F 200 Fly	2:36.71	2:23.16	2:57.14	2:26.32	2:47.33	2:38.19	2:40.09
17-19 M 200 Fly	2:43.05	2:15.21	2:45.20	2:47.83	2:22.31	2:34.79	2:40.09
8 & U F 25 Back	21.81	25.90	23.62	22.08	22.34	23.19	24.50
8 & U M 25 Back	22.61	24.13	24.72	24.37	23.26	23.89	24.50
9-10 F 50 Back	40.26	41.49	39.29	42.11	39.52	40.59	43.29
9-10 M 50 Back	43.57	43.88	42.23	42.58	43.77	43.29	43.29
11-12 F 50 Back	37.06	38.08	38.05	35.72	34.53	36.69	36.09
11-12 M 50 Back	37.57	36.38	38.30	38.40	37.20	37.59	36.09
13-14 F 100 Back	1:14.93	1:18.43	1:15.68	1:12.52	1:12.22	1:14.79	1:12.69
13-14 M 100 Back	1:18.69	1:12.05	1:12.98	1:11.92	1:14.84	1:14.09	1:12.69
15-16 F 100 Back	1:15.50	1:11.30	1:11.84	1:13.32	1:11.77	1:12.79	1:10.79
15-16 M 100 Back	1:12.72	1:08.35	1:07.66	1:12.95	1:06.32	1:09.69	1:10.79
17-19 F 100 Back	1:09.32	1:19.68	1:20.67	1:16.03	1:15.46	1:16.29	1:09.99
17-19 M 100 Back	1:10.91	1:09.97	1:03.92	1:03.05	1:09.35	1:07.49	1:09.99
8 & U F 25 Breast	26.06	29.72	27.59	27.51	27.38	27.69	28.26
8 & U M 25 Breast	29.90	29.79	29.13	30.12	30.71	29.99	28.26
9-10 F 50 Breast	50.64	47.47	45.54	48.84	46.33	47.79	47.79
9-10 M 50 Breast	51.31	48.96	47.99	53.48	49.38	50.29	47.79
11-12 F 50 Breast	42.11	40.40	39.84	39.36	42.04	40.79	40.59
11-12 M 50 Breast	41.76	40.72	41.46	41.53	44.47	41.99	40.59
13-14 F 100 Breast	1:25.16	1:24.65	1:23.86	1:24.42	1:20.45	1:23.79	1:22.99
13-14 M 100 Breast	1:22.60	1:25.00	1:23.25	1:21.47	1:22.50	1:22.99	1:22.99
15-16 F 100 Breast	1:21.78	1:21.77	1:23.38	1:22.11	1:29.41	1:23.69	1:21.99
15-16 M 100 Breast	1:24.08	1:21.76	1:23.81	1:27.20	1:20.00	1:23.39	1:21.99
17-19 F 100 Breast	1:21.27	1:22.06	1:24.11	1:28.57	1:24.95	1:24.19	1:19.79
17-19 M 100 Breast	1:25.10	1:17.03	1:25.69	1:11.51	1:18.14	1:19.49	1:19.79
8 & U F 50 Free	41.93	44.92	46.14	41.38	41.84	43.29	44.09
8 & U M 50 Free	44.80	43.87	43.64	45.13	46.01	44.69	44.09
9-10 F 100 Free	1:18.25	1:19.58	1:13.74	1:18.84	1:14.55	1:16.99	1:21.09
9-10 M 100 Free	1:20.60	1:17.89	1:18.75	1:21.95	1:20.15	1:19.89	1:21.09
11-12 F 100 Free	1:07.83	1:08.20	1:07.92	1:06.96	1:06.09	1:07.49	1:08.29
11-12 M 100 Free	1:09.18	1:06.47	1:09.18	1:09.83	1:09.70	1:08.89	1:08.29
13-14 F 100 Free	1:03.48	1:02.76	1:02.54	1:02.78	1:01.81	1:02.69	1:06.29
13-14 M 100 Free	1:02.41	59.61	59.62	1:00.49	1:02.47	1:00.92	1:06.29
15-16 F 100 Free	1:00.89	1:03.32	1:01.74	1:02.36	1:02.03	1:02.09	1:04.99
15-16 M 100 Free	1:02.38	57.99	57.27	57.14	55.54	58.09	1:04.99
17-19 F 100 Free	1:03.50	1:03.02	1:08.80	1:05.93	1:06.14	1:05.49	1:04.49
17-19 M 100 Free	57.55	58.25	1:00.77	1:01.62	56.99	59.09	1:04.49
13-14 F 1000 Free	13:16.63	13:23.93	13:37.02	13:14.31	12:58.88	13:18.19	13:08.29
13-14 M 1000 Free	12:43.84	13:11.14	12:07.43	12:12.88	12:57.19	12:38.59	13:08.29
15-16 F 1000 Free	13:37.32	12:43.23	13:53.79	13:20.73	13:27.05	13:24.49	13:08.29
15-16 M 1000 Free	11:14.25	11:44.67	14:30.02	12:25.32	12:38.57	12:30.59	13:08.29
17-19 F 1000 Free	12:40.64	13:03.47	10:41.72	13:16.82	13:09.83	12:34.49	13:08.29
17-19 M 1000 Free	12:03.20	11:27.01	12:59.69	12:37.62	11:27.82	12:07.09	13:08.29

LCM Proposed SD Swimming Time Standards							
Event	2009	2010	2011	2012	2013	Average	Current
13-14 F 1500	22:46.78	23:34.46	22:35.70	22:16.86	23:37.11	23:10.19	22:23.09
13-14 M 1500	21:04.45	21:26.54	23:53.42	27:58.59	21:42.48	23:13.19	22:23.09
15-16 F 1500	20:49.55	23:46.44	24:10.10	23:51.87	23:20.10	23:11.69	22:23.09
15-16 M 1500	20:27.19	20:29.97	22:50.48	23:00.91	22:30.15	21:51.79	22:23.09
17-19 F 1500	21:22.92	21:50.23	20:45.99	23:31.48	23:41.56	22:14.49	22:23.09
17-19 M 1500	18:32.29	17:48.99	21:03.48	20:37.51	19:59.78	19:36.49	22:23.09
8 & U F 200 Fr	4:19.83	4:25.71	4:12.56	4:13.26	4:21.68	4:18.69	4:28.82
8 & U M 200 Fr	4:04.81	4:20.98	4:03.47	4:24.94	3:58.71	4:10.59	4:28.82
9-10 F 200 Fr	3:17.28	3:17.99	3:08.40	3:18.07	3:11.74	3:14.79	3:23.29
9-10 M 200 Fr	3:25.90	3:23.94	3:12.97	3:37.75	3:21.19	3:24.39	3:23.19
11-12 F 200 Fr	2:54.74	2:47.68	2:52.18	2:49.24	2:47.62	2:50.29	2:50.69
11-12 M 200 Fr	2:50.79	3:00.25	3:02.68	2:54.94	2:54.12	2:56.59	2:50.69
13-14 F 200 Fr	2:47.81	2:40.72	2:38.97	2:37.31	2:36.17	2:40.29	2:42.69
13-14 M 200 Fr	2:36.60	2:34.44	2:29.62	2:45.04	2:41.57	2:37.49	2:42.69
15-16 F 200 Fr	2:40.25	2:48.27	2:43.77	2:55.20	2:36.96	2:44.89	2:39.49
15-16 M 200 Fr	2:30.73	2:31.22	2:29.31	2:29.70	2:34.79	2:31.19	2:39.49
17-19 F 200 Fr	2:35.52	2:37.83	2:45.84	2:53.85	2:47.66	2:44.19	2:38.69
17-19 M 200 Fr	2:33.09	2:37.23	2:32.18	2:28.25	2:30.80	2:32.39	2:38.69
8 & U F 200 IM	4:47.73	4:52.58	4:49.30	4:36.93	5:01.88	4:49.69	5:04.67
8 & U M 200 IM	4:16.00	4:59.31	4:39.15	4:49.40	4:26.23	4:38.09	5:04.67
9-10 F 200 IM	3:43.98	3:44.09	3:48.09	3:56.59	3:40.79	3:46.79	3:43.89
9-10 M 200 IM	3:35.78	3:52.51	3:48.70	4:04.00	3:49.74	3:50.09	3:43.89
11-12 F 200 IM	3:17.25	3:12.04	3:12.52	3:15.70	3:12.38	3:13.99	3:13.49
11-12 M 200 IM	3:29.41	3:26.16	3:28.18	3:22.52	3:15.21	3:24.39	3:13.49
13-14 F 200 IM	3:13.23	3:08.06	3:00.24	3:02.99	3:01.72	3:05.29	3:05.29
13-14 M 200 IM	3:06.40	3:01.66	3:02.91	3:17.87	3:39.47	3:13.69	3:05.29
15-16 F 200 IM	3:01.38	3:09.33	3:03.56	3:01.85	3:06.45	3:04.59	3:00.29
15-16 M 200 IM	3:13.02	3:11.60	2:58.17	3:02.98	3:13.19	3:07.79	3:00.29
17-19 F 200 IM	3:01.30	3:00.32	3:05.91	3:36.50	3:00.39	3:08.89	2:59.29
17-19 M 200 IM	2:58.07	2:57.02	2:54.67	2:57.24	2:46.75	2:54.79	2:59.29

Times are determined by averaging the 16th finisher at the SD State Championship from the last 5 state meets. Highlighted cells denote when an event didn't have 16 participants. The last place time was used for the average. Average is rounded to nearest .09

LCM Proposed SD Swimming Time Standards							
Event	2009	2010	2011	2012	2013	Average	Current
13-14 F 400 IM	6:29.96	6:35.84	6:48.08	6:31.23	6:50.95	6:39.29	6:30.39
13-14 M 400 IM	6:41.84	6:28.65	6:16.13	6:07.87	6:36.04	6:26.19	6:30.39
15-16 F 400 IM	6:33.64	6:45.73	6:36.24	6:46.15	6:49.17	6:42.19	6:30.39
15-16 M 400 IM	5:23.53	6:46.05	6:12.62	6:27.38	6:59.85	6:21.89	6:30.39
17-19 F 400 IM	6:21.68	6:47.19	6:24.09	6:50.21	6:40.47	6:36.79	6:30.39
17-19 M 400 IM	6:22.57	6:00.59	6:01.15	5:55.16	5:45.95	6:01.09	6:30.39
8 & U F 50 Fly	1:05.55	1:13.74	1:08.34	1:06.28	1:06.22	1:08.09	1:06.11
8 & U M 50 Fly	58.09	1:14.08	1:07.78	1:09.80	1:14.39	1:08.89	1:06.11
9-10 F 50 Fly	48.88	45.90	54.27	50.23	45.09	48.89	47.89
9-10 M 50 Fly	50.59	49.81	54.27	50.67	49.67	51.09	47.89
11-12 F 50 Fly	41.85	43.09	40.94	39.45	40.22	41.19	38.79
11-12 M 50 Fly	44.42	44.00	43.98	40.61	40.65	42.79	38.79
13-14 F 100 Fly	1:32.75	1:32.48	1:29.22	1:30.19	1:19.98	1:28.99	1:21.79
13-14 M 100 Fly	1:23.48	1:20.77	1:30.17	1:25.70	1:25.84	1:25.19	1:21.79
15-16 F 100 Fly	1:25.53	1:29.91	1:26.17	1:19.05	1:26.51	1:25.49	1:19.99
15-16 M 100 Fly	1:19.43	1:27.62	1:21.27	1:37.85	1:26.19	1:26.49	1:19.99
17-19 F 100 Fly	1:21.38	1:21.24	1:31.65	1:38.76	1:23.53	1:27.39	1:19.49
17-19 M 100 Fly	1:27.10	1:17.77	1:20.04	1:18.91	1:19.14	1:20.59	1:19.49
8 & U F 100 Back	2:36.14	2:22.52	2:09.81	2:08.76	2:20.60	2:19.59	2:14.74
8 & U M 100 Back	2:19.58	2:16.88	2:30.29	2:09.11	2:13.78	2:17.99	2:14.74
9-10 F 100 Back	1:48.26	1:45.00	1:43.60	1:44.47	1:42.29	1:44.79	1:48.39
9-10 M 100 Back	1:57.79	1:59.89	1:55.22	1:51.69	1:48.89	1:54.79	1:48.39
11-12 F 100 Back	1:33.42	1:33.92	1:35.18	1:29.44	1:29.91	1:32.39	1:31.09
11-12 M 100 Back	1:33.23	1:43.35	1:33.54	1:34.26	1:34.80	1:35.89	1:31.09
13-14 F 200 Back	3:08.05	3:27.96	3:08.01	3:05.41	3:01.34	3:10.19	2:59.39
13-14 M 200 Back	3:03.26	2:56.93	3:02.06	3:07.62	3:19.20	3:05.89	2:59.39
15-16 F 200 Back	3:07.61	3:15.45	3:03.85	2:58.83	2:59.48	3:05.09	2:59.39
15-16 M 200 Back	2:57.68	3:01.23	3:01.57	3:58.54	2:56.71	3:11.19	2:59.39
17-19 F 200 Back	3:12.87	3:04.09	3:11.01	3:05.06	3:18.43	3:10.29	2:59.39
17-19 M 200 Back	3:02.15	2:49.13	3:01.83	2:57.11	2:44.63	2:54.97	2:59.39
8 & U F 100 Breast	2:40.16	2:33.82	2:26.61	2:37.41	2:31.79	2:33.99	2:40.31
8 & U M 100 Breast	2:47.56	2:34.81	2:33.22	2:41.19	2:37.48	2:38.89	2:40.31
9-10 F 100 Breast	2:01.20	1:56.25	1:55.99	2:09.42	1:59.61	2:00.49	2:01.69
9-10 M 100 Breast	1:57.77	2:03.10	2:00.38	2:02.40	2:08.10	2:02.35	2:01.69
11-12 F 100 Breast	1:44.63	1:42.73	1:41.47	1:41.39	1:47.59	1:43.59	1:41.89
11-12 M 100 Breast	1:41.97	1:46.46	1:38.72	1:43.26	1:48.94	1:43.89	1:41.89
13-14 F 200 Breast	3:30.61	3:31.22	3:27.12	3:25.13	3:38.61	3:30.59	3:26.69
13-14 M 200 Breast	3:27.17	3:22.55	3:25.46	3:37.27	3:20.49	3:26.59	3:26.69
15-16 F 200 Breast	3:37.63	3:31.85	3:36.91	3:34.36	3:30.64	3:34.29	3:26.69
15-16 M 200 Breast	3:22.18	3:25.51	3:27.08	3:51.21	3:37.20	3:32.69	3:26.69
17-19 F 200 Breast	3:09.25	3:30.60	3:40.41	3:42.38	3:34.73	3:31.49	3:26.69
17-19 M 200 Breast	3:34.97	3:40.81	3:20.72	2:55.32	3:18.98	3:22.19	3:26.69
8 & U F 50 Free	49.94	56.59	49.52	53.52	50.22	51.99	49.82
8 & U M 50 Free	1:03.19	55.18	49.22	50.93	53.93	54.49	49.82
9-10 F 50 Free	40.15	39.16	38.16	39.41	38.38	39.09	40.69
9-10 M 50 Free	40.38	40.88	39.12	40.59	40.36	40.29	40.69
11-12 F 50 Free	34.90	34.24	34.77	34.01	34.23	34.49	35.99
11-12 M 50 Free	35.68	35.09	38.38	35.34	34.35	35.79	35.99
13-14 F 50 Free	33.87	33.21	33.33	32.43	33.03	33.19	34.89
13-14 M 50 Free	31.73	32.17	31.98	33.10	31.94	32.19	34.89
15-16 F 50 Free	32.71	33.24	33.43	35.22	32.83	33.49	34.29
15-16 M 50 Free	31.54	30.40	29.79	30.50	30.93	30.69	34.29
17-19 F 50 Free	34.07	33.21	35.30	36.35	33.02	34.39	34.09
17-19 M 50 Free	29.88	30.74	30.85	30.89	30.55	30.59	34.09
11-12 F 400 Free	5:54.15	6:07.70	6:13.17	6:04.81	6:07.98	6:05.59	5:41.19
11-12 M 400 Free	5:49.92	6:08.95	6:11.25	6:23.00	5:58.85	6:06.39	5:41.19
13-14 F 400 Free	5:55.60	6:13.11	5:50.12	5:34.35	5:38.14	5:50.29	5:41.19
13-14 M 400 Free	5:52.21	5:49.19	5:26.99	5:50.48	5:53.36	5:46.49	5:41.19
15-16 F 400 Free	5:57.52	6:08.06	5:59.39	6:07.46	5:48.03	6:00.09	5:41.19
15-16 M 400 Free	5:25.61	5:51.64	5:44.25	6:01.66	5:41.55	5:44.99	5:41.19
17-19 F 400 Free	5:47.63	5:36.94	5:51.04	6:03.16	6:08.90	5:53.59	5:41.19
17-19 M 400 Free	5:28.68	4:50.64	5:04.21	5:33.45	5:20.10	5:15.49	5:41.19

LCM Proposed SD Swimming Time Standards							
Event	2009	2010	2011	2012	2013	Average	Current
8 & U F 100 Fly	2:23.31	2:30.77	2:47.18	2:26.64	2:36.34	2:32.89	2:40.43
8 & U M 100 Fly	2:21.57	1:54.76	2:43.14	2:47.76	2:44.96	2:30.49	2:40.43
9-10 F 100 Fly	1:53.56	1:59.33	2:04.53	2:00.76	1:55.86	1:58.89	1:53.99
9-10 M 100 Fly	1:40.60	1:53.39	1:56.79	1:51.48	2:09.87	1:54.49	1:53.99
11-12 F 100 Fly	1:33.57	1:35.09	1:33.69	1:31.18	1:32.86	1:33.29	1:29.69
11-12 M 100 Fly	1:39.81	1:31.66	1:30.71	1:44.93	1:35.00	1:36.49	1:29.69
13-14 F 200 Fly	2:58.20	2:44.35	3:59.19	4:09.86	3:28.31	3:27.99	2:59.49
13-14 M 200 Fly	3:11.94	2:42.72	2:55.70	3:31.50	2:45.82	3:01.59	2:59.49
15-16 F 200 Fly	3:07.28	2:36.40	3:22.03	3:58.44	3:11.86	3:15.29	2:59.49
15-16 M 200 Fly	2:40.46	2:59.39	2:49.76	3:01.37	2:36.64	2:49.59	2:59.49
17-19 F 200 Fly	2:48.48	3:31.06	3:38.57	2:59.63	2:57.56	3:11.09	2:59.49
17-19 M 200 Fly	2:59.05	2:52.81	2:45.37	2:46.07	2:38.31	2:48.39	2:59.49
8 & U F 50 Back	1:04.51	1:06.15	57.69	59.66	1:00.18	1:01.69	1:01.59
8 & U M 50 Back	1:03.43	1:00.46	1:05.36	1:02.15	1:10.49	1:04.39	1:01.59
9-10 F 50 Back	48.80	47.92	47.36	47.69	46.91	47.79	49.59
9-10 M 50 Back	50.39	50.90	52.93	51.75	50.93	51.38	49.59
11-12 F 50 Back	42.33	43.80	42.54	42.16	41.50	42.49	41.69
11-12 M 50 Back	44.29	42.92	43.51	45.78	43.30	43.96	41.69
13-14 F 100 Back	1:26.79	1:27.20	1:26.88	1:24.32	1:27.07	1:26.49	1:23.69
13-14 M 100 Back	1:26.18	1:22.99	1:31.51	1:25.58	1:40.71	1:29.39	1:23.69
15-16 F 100 Back	1:23.62	1:37.23	1:35.23	1:23.40	1:29.57	1:29.81	1:22.29
15-16 M 100 Back	1:20.78	1:24.06	1:28.68	1:29.64	1:29.15	1:26.49	1:22.29
17-19 F 100 Back	1:24.78	1:26.37	1:25.78	1:31.81	1:30.43	1:27.89	1:21.59
17-19 M 100 Back	1:24.81	1:22.33	1:21.19	1:22.07	1:24.03	1:22.89	1:21.59
8 & U F 50 Breast	1:16.86	1:26.18	1:06.25	1:09.85	1:13.43	1:14.59	1:10.83
8 & U M 50 Breast	1:08.73	1:09.27	1:07.67	1:19.25	1:14.02	1:11.79	1:10.83
9-10 F 50 Breast	59.20	53.48	54.48	57.67	53.36	55.69	54.69
9-10 M 50 Breast	54.61	55.73	59.30	56.63	55.04	56.29	54.69
11-12 F 50 Breast	49.04	46.95	45.21	46.65	49.56	47.49	45.59
11-12 M 50 Breast	48.91	49.40	46.67	50.33	49.63	48.99	45.59
13-14 F 100 Breast	1:39.40	1:41.95	1:36.41	1:33.23	1:42.92	1:38.79	1:35.49
13-14 M 100 Breast	1:34.19	1:40.58	1:39.13	1:42.93	1:35.92	1:38.55	1:35.49
15-16 F 100 Breast	1:38.95	1:38.80	1:34.63	1:35.55	1:40.80	1:37.79	1:33.89
15-16 M 100 Breast	1:34.77	1:35.75	1:30.77	1:33.53	1:34.40	1:33.89	1:33.89
17-19 F 100 Breast	1:35.38	1:36.20	1:48.13	1:44.62	1:32.44	1:39.39	1:32.49
17-19 M 100 Breast	1:32.44	1:34.14	1:26.53	1:22.18	1:31.25	1:29.39	1:32.49
8 & U F 100 Free	1:51.39	2:09.19	1:51.08	2:02.01	2:01.06	1:58.99	2:01.91
8 & U M 100 Free	1:52.61	1:59.96	2:09.60	1:50.84	2:11.67	2:00.99	2:01.91
9-10 F 100 Free	1:27.52	1:28.43	1:28.10	1:29.16	1:26.16	1:27.89	1:32.19
9-10 M 100 Free	1:38.04	1:29.30	1:30.17	1:37.28	1:32.13	1:33.39	1:32.19
11-12 F 100 Free	1:18.70	1:15.17	1:15.72	1:17.18	1:16.21	1:16.29	1:18.99
11-12 M 100 Free	1:19.94	1:16.76	1:22.60	1:15.71	1:16.94	1:18.39	1:18.99
13-14 F 100 Free	1:14.50	1:12.41	1:12.39	1:11.57	1:11.49	1:12.49	1:15.49
13-14 M 100 Free	1:10.58	1:09.13	1:08.96	1:13.14	1:10.47	1:10.49	1:15.49
15-16 F 100 Free	1:13.35	1:14.39	1:12.16	1:14.95	1:11.12	1:13.19	1:14.09
15-16 M 100 Free	1:07.12	1:06.08	1:05.00	1:06.28	1:07.39	1:06.39	1:14.09
17-19 F 100 Free	1:13.04	1:13.42	1:15.04	1:20.65	1:13.40	1:15.11	1:13.99
17-19 M 100 Free	1:06.75	1:07.16	1:09.71	1:09.11	1:10.90	1:08.79	1:13.99
13-14 F 800 Free	11:58.63	12:08.21	11:55.83	11:36.65	12:28.89	12:01.69	11:41.99
13-14 M 800 Free	11:10.36	11:55.61	11:31.51	11:17.85	11:50.75	11:33.29	11:41.99
15-16 F 800 Free	11:31.64	11:56.50	12:24.25	12:17.39	12:01.91	12:02.39	11:41.99
15-16 M 800 Free	10:50.16	9:56.95	11:17.26	11:28.94	12:55.93	11:17.89	11:41.99
17-19 F 800 Free	11:28.11	11:37.68	11:40.79	12:28.51	13:02.28	12:03.49	11:41.99
17-19 M 800 Free	9:36.31	9:43.30	10:49.43	11:20.72	10:10.15	10:19.99	11:41.99

2014 Summer (Long-Course) Schedule - Approved				
May 30 – 31	Milbank, SD (MLST)			
Jun 7	Watertown, SD (WASC)	-	-	-
Jun 7	Chamberlain, SD (CST)	-	-	-
Jun 12 – 13	Central Zones Open Water, Pleasant Prairie, WI	-	-	-
Jun 13 – 15	Aberdeen, SD (ASC)	-	-	-
Jun 20 - 22	Yankton, SD (YST)	-	-	-
Jun 20 – 22	Huron, SD (HPRW)	-	-	-
Jun 28	Britton, SD (BST)	-	-	-
Jun 27 – 29	Rapid City, SD (RCR)	-	-	-
Jun 27 – 29	Mitchell, SD (MAC)	-	-	-
Jul 11 – 12	Webster, SD (WST)	-	-	-
Jul 10 - 13	Sioux Falls, SD (SFX)	-	-	-
Jul 11 – 13	Brookings, SD (BSC)	-	-	-
Jul 18 - 20	B Championship – Huron, SD (HPRW)	Closed		
Jul 26 - 28	State Championship – Mitchell, SD (MAC)	Closed		
Aug 1 - 3	Seasonal Championships – Aberdeen, SD	Closed		
Aug 1 – 3	14 & Under Zones – Oklahoma City, OK	Closed		
Aug 1 - 3	15 & Over Zones – Minneapolis, MN	Closed		

2014-2015 Winter (Short-Course) Schedule - Tentative Approved

Sep 26	Sioux Falls, SD (SFX)	Closed		
Oct 11	Brookings, SD (BSC)	Closed		
Oct 18	Watertown, SD (WASC)	-	-	-
Oct 18	Deadwood, SD (DL76)	-	-	-
Oct 25	Rapid City/Pierre Duel	Closed		
Nov 1	Aberdeen, SD (ASC)	Intra-Squad		
Nov 1 – 2	Sioux Falls, SD (MAC)	-	-	-
Nov 8	Yankton, SD (YST)	Closed Tri-State		
Nov 8 - 9	Pierre, SD (PST)	-	-	-
Nov 15 – 16	Brookings, SD (BSC)	-	-	-
Nov 22 – 23	Sioux Falls, SD (SFX)	-	-	-
Nov 22 – 23	Spearfish, SD (GOLD)	-	-	-
Dec 6	Watertown, SD (WASC)	-	-	-
Dec 6 – 7	Pierre, SD (MAC)	-	-	-
Dec 14	Yankton, SD (YSC)	-	-	-
Dec 12 – 14	Rapid City, SD (RCR)	-	-	-
Dec 19 – 21	Sioux Falls, SD (SFX)	-	-	-

Jan 10 – 11	All Stars – Lawrence, KS	-	-	-
Jan 10 -11	Watertown, SD (WASC)	-	-	-
Jan 10 – 11	Deadwood, SD (DL76)	-	-	-
Jan 23 – 25	Sioux Falls, SD (SEAL)	-	-	-
Jan 24 – 25	Spearfish, SD (GOLD)	-	-	-
Jan 31 – Feb 1	Sioux Falls, SD (MAC)	-	-	-
Feb 7 - 8	Brookings, SD (BSC)	-	-	-
Feb 7 – 8	Pierre, SD (PST)	-	-	-
Feb 14 – 15	Watertown, SD (WASC)	-	-	-
Feb 20 - 22	B Championship – Pierre, SD (PST)	Closed		
Feb 27 – Mar 1	State Championship – TBD	Closed		
Mar 12 – 15	Sectionals, Iowa City, IA	Closed		

2015 Summer (Long-Course) Schedule - Tentative				
May 2	Watertown, SD (WASC)	-	-	-
Jun 6	Watertown, SD (WASC)	-	-	-
Jun 13	Chamberlain, SD (CST)	-	-	-
Jun 12 – 13	Milbank, SD (MLST)	-	-	-
Jun 19 – 21	Aberdeen, SD (ASC)	-	-	-
Jun 19 - 21	Yankton, SD (YST)	-	-	-
Jun 19 – 21	Huron, SD (HPRW)	-	-	-
Jun 27	Britton, SD (BST)	-	-	-
Jun 26 – 28	Rapid City, SD (RCR)	-	-	-
Jun 26 – 28	Mitchell, SD (MAC)	-	-	-
Jul 9 – 12	Sioux Falls, SD (SFX)	-	-	-
Jul 10 – 11	Webster, SD (WST)	-	-	-
Jul 10 - 12	Sioux Falls, SD (SFX)	-	-	-
Jul 24 - 25	B Championship – Aberdeen, SD	Closed		
Jul 31 – Aug 2	State Championship – Huron, SD	Closed		
Aug 6 - 8	Seasonal Championships – Aberdeen, SD	Closed		

Name: Deb Finnesand

Club:

Position: Tech planning chair

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

10.14 (4) SD Qualifying Time Pass – If no swimmer achieves a SD Qualifying Time in an event, the 1st and 2nd place finishers will receive a pass to swim that event at the State Championship meet of that season. (9/20/2009) (04/17/2010)

(a) Swimmers receiving a Pass will be seeded at the minimum SD Qualifying Time for that event at the State Championship Meet.

(b) The Pass will not be valid if the swimmer ages up prior to the State Championship meet.

also 9.7(2)

Proposed bylaw or policy section and language:

SD Qualifying Time must be obtained to move on to State Championship Meet.

Rationale:

Athletes must have the basic standard to qualify for State Championship Meet.

Name: Kyle Margheim

Club: MAC

Position: Age Group Chair

Proposal: Change the seeding of our championship meets so no converted times are used.

Current bylaw or policy section and language:

9.11.2 - Conversions/Seeding/Conforming Times – At the Long Course Championships, all long course (conforming) times shall be seeded ahead of all short course (nonconforming) times. All short course times will be seeded together as nonconforming times by first converting all short course meter times into short course yard times by dividing by the 1.1 conversion ratio. At the short course meet, all short course times, yards or meters, will be considered conforming times and shall be seeded together ahead of all long course (non-conforming) times. If the meet is held in a 25-yard pool, short course meter times first shall be converted into short course yard times by dividing by the 1.1 conversion ratio. Conversely, if the meet is held in a 25-meter pool, short course times first shall be converted into short course meter times by multiplying by the 1.1 conversion ratio.

10.4.2 – same language for B Championships.

Proposed bylaw or policy section and language:

Seeding/Conforming Times – At the Long Course Championships, seeding priority will be long course meters (LCM), short course meters (SCM), short course yards (SCY). For Short Course Championships held in yards the seeding priority will be short course yards (SCY), short course meters (SCM), long course meters (LCM). For Short Course Championships held in meters the seeding priority will be short course meters (SCM), short course yards (SCY), long course meters (LCM). Times will not be converted.

This would also be applicable to the B Championship language (10.4.2)

Rationale:

This promotes the course we are holding our championship meets in. Swimmers who may have qualified in short course yards have more incentive to attend meets in the summer knowing they may not be seeded as high with a SCY time than they would with a LCM time or vice versa. We are not currently seeding our championship meets in accordance to our P&Ps, this will help eliminate that problem.

Name: Paula Gordon

Club: SEAL

Position: Coach

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

9,14

Relays

(1) Number – Swimmers may enter a maximum of one relay per day.

(2) Non-qualifiers – Each team is entitled to enter a minimum of one relay per event regardless of swimmers' qualification. However, if a club enters more than one relay in an event, it may have only one (1) swimmer per relay event who has no South Dakota Championship Meet qualifying time.

(3) Swimmers receiving a 1st or 2nd place Pass at the previous State B Meet will be considered a qualifier for relays at the State Championship Meet. (09/20/2009)

(4) 8-Under Relays – There will not be separate boys' and girls' relay events in the 8- Under age group. Instead, there will be one medley relay event and one freestyle relay event for all 8-Under Swimmers. 8-Under relay teams may comprise any combination of boys and girls.

Proposed bylaw or policy section and language: (I struck what I wanted to omit and bolded what I want to add. I put the new wording below to hopefully avoid confusion)

(2) Non-qualifiers – Each team is entitled to enter a minimum of one AND A MAXIMUM OF TWO ~~relay~~ RELAYS per event regardless of swimmers' qualification. However, if a club enters more than one relay in an event, ~~it may have only one (1) swimmer per relay event who has no South Dakota Championship~~ ALL RELAY SWIMMERS MUST BE QUALIFIED FOR THE STATE CHAMPIONSHIP.

The new wording would appear as:

(2) Non-qualifiers – Each team is entitled to enter a minimum of one and a maximum of two relays per event regardless of swimmers' qualification. However, if a club enters more than one relay in an event, all relay swimmers must be qualified for the State Championship Meet.

Rationale:

Each team is given the opportunity to enter one relay per event, regardless of qualifiers. With no more than two relays per team per event, the number of heats needed for relays can be reduced, shortening the meet. In many championship swim meets, teams are limited to one or two relays per team. This parallels those competitions.

Name: Kyle Margheim

Club: MAC

Position: Age Group Chair

Proposal: Set a standard individual entry fee for our championship meets.

Current bylaw or policy section and language:

__9.18 Fees

- (1) Individual event/splash fees will be the average of splash fees charged at SD meets in the season leading up to the State Championship Meet (excluding the highest and lowest fees) and rounded to the nearest dollar or half-dollar. (09/20/2009)

Proposed bylaw or policy section and language:

9.18.1

\$4.00 per individual event.

Rationale:

We are currently not following our P&Ps when setting our individual event fees. The current policy sets up a lot of work for something that can be a set standard.

Name: Guy Gniotczynski via Technical planning **Club:** Rapid City Racers **Position:** Head Coach
Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

Championship Meet Scoring

9.19 Scoring Method

(1) 17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1

(2) 34-30-28-26-24-22-20-18

also 10.13

Proposed bylaw or policy section and language:

Change Scoring to the USA Swimming standard for Championship meets 102.25

- Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
- Relay Double

Rationale:

The current scoring system we use is akin to a recreation league scoring system. It also allows for 16 place scoring even in a 6 lane pool. USA Swimming's scoring system will allow for a more of a reward for winning events. The Scoring should be dependent on the number of lanes in the pool not a standard.

Name: Guy Gniotczynski via Technical planning **Club:** Rapid City Racers **Position:** Head Coach
Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

Championship Meet Scoring

9.20 Awards

- (a) The percentage award will be awarded to the team with a minimum of seven swimmers that has the highest points per entry ration, calculated after excluding relay points and entries. The percentage award will be based on 1-8th place scoring: 9-7-6-5-4-3-2-1

Proposed bylaw or policy section and language:

Change percentage award to mimic the scoring to the USA Swimming standard for Championship meets under section 102.25 of the rulebook. Take total team points based on point system below and divide by number of entries.

- Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Rationale:

The current scoring system is a different system than the meet scoring system. It would behoove us to use the same points and divide by number of swimmers and go with a straight percentage.

Name: Paula Gordon

Club: Seal

Position: Coach

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

9.22 State A Rotation Schedule

(09/23/2006) (09/20/2009)(10/06/2013)

Any city that builds a new pool will, starting the first season after the pool has been established, host the State B Championship Meet, then host the State Championship Meet the year after, with a new rotation being established. (10/06/2013)

(1) South Dakota Summer Long Course Meets Rotation Schedule

(Chart listing all host locations omitted for space)

(3) Whenever a team cannot host a meet as scheduled, the meet is open for bids.
(09/23/2012)

(4) When another team is added to meet rotation, said team shall be added to the end of the current rotation. (09/23/2012)

Proposed bylaw or policy section and language:

ANY TEAM WISHING TO HOST A SOUTH DAKOTA STATE CHAMPIONSHIP MEET WILL COMPLETE THE SDLSC MEET BID FORM AND SUBMIT TO THE SDLSC TECHNICAL PLANING CHAIR FOR SELECTION BY THE TECHNICAL PLANNING COMMITTEE. DEADLINE TO SUBMIT THE BID IS 40 DAYS PRIOR TO THE SD HOUSE OF DELEGATES MEETING ONE YEAR PRIOR TO THE SEASON, IE: THE DEADLINE FOR BIDS FOR THE 2017 LC STATE CHAMPIONSHIPS WOULD BE 40 DAYS PRIOR TO THE 2016 SPRING HOD. THE DEADLINE FOR THE 2018 SC STATE CHAMPIONSHIPS WOULD BE 40 DAYS PRIOR TO THE 2016 FALL HOD.

Rationale:

A bid system gives all teams equal opportunity to submit a bid for either State Championship. It encourages teams to offer the best venue, food and lodging for athletes and families. Rather than a host team giving up their place on the rotation or switching with another host due to conflicts in availability, a host team can prepare ahead to submit a bid when they have the best opportunity to host a quality championship meet.

Names: Chris Rumrill and Kayla Sproles **Clubs:** PST and Seals **Position:** Athlete Reps. on BOD

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

9.21 Championship Meet Dates

9.22 State A rotation schedule – Any city that builds a new pool will, starting the first season after the pool has been established, host the State B Championship Meet, then, host the State A Championship Meet the year after, with a new rotation being established.

Proposed bylaw or policy section and language:

9.21 Championship Meet Dates

9.22 Championship Meet Facility Requirements – All winter South Dakota State Championship Meets must be held in an 8-lane 25-yard pool. The minimum depth of that pool must be 3'6". All summer South Dakota State Championship Meets must be held in a pool with at least 6 lanes, and the pool must be 50 meters with a minimum depth of 3'6".

9.2223 Any city that builds a new pool will, starting the first season after the pool has been established, host the State B Championship Meet, then, upon meeting State A pool requirements, will host the State A Championship Meet the year after, with a new rotation being established.

Rationale:

The South Dakota State Championship Meet is the largest and most competitive meet of the year for most of the swimmers in South Dakota. The meet is also their best chance to swim their fastest times of the season. Factors such as swimming in a pool that is longer than swimmers' practice pools or swimming in a pool that is too shallow are detrimental to swimmers' chances of swimming best times. We, as the governing body of South Dakota swimming, should give swimmers the best conditions for swimming during most swimmers' biggest meet of the season, and that is what this bylaw would do.

Name: Kyle Margheim

Club: MAC

Position: Age Group Chair

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

Edit to exhibit #15 – Championship Meet Invite Template see next page

Proposed bylaw or policy section and language:

Updated language in the meeting, eligibility, proof of time, and scratches sections – see next page.

Rationale:

These are just administrative changes that either weren't updated in the P&P manual or have been implied and followed in the past but not explicitly stated in the invite.

Previous Meeting Language: none

Proposed Meeting Language:

There will be an officials meeting 1 hour prior to the start of each session. The timers meeting will be held 30 minutes prior to the start of each session. There will be one coaches meeting held immediately after warm-ups prior to the start of session 2. Additional coaches may be held at the discretion of the meet referee.

Previous Eligibility Language: Swimmers receiving a pass will be seeded with a min. SDQ qualifying time...

Proposed Eligibility Language: Swimmers receiving a pass will be seeded with a no time ~~(NT)~~

Previous Proof of Time Language: All entry times must be proven with complete, official meet results, upon the request of the seed committee. Unverified times or erroneous times may result in disqualification.

Proposed Proof of Time Language: A \$100 fine will be assessed for each individual or relay event in which the qualifying time standard was not met, unless the time standard can be proven with a USA Swimming sanctioned or approved meet result summary per SD Swimming Policies & Procedures 9.16.1.

Previous Scratch Language: A Scratch box will be located at the Meet Director's Table. Please use the forms for all scratches and deposit in the box. Please have all scratches submitted prior to the start of specifics each day.

Proposed Scratch Language: National scratch procedures per USA Swimming will be enforced. A Scratch box will be located at the Meet Director's Table. Please use the forms for all scratches and deposit in the box. Please have all scratches submitted prior to the start of specifics each day. In the event a swimmer fails to compete in an event they were not previously scratched from they will be barred from any remaining individual and relay events that day.

Name: Kyle Margheim

Club: MAC

Position: Age Group Chair

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

Edit to exhibit #16 – Championship Meet Invite Template see next page

Proposed bylaw or policy section and language:

Updated language in the meeting, proof of time, and scratches sections – see next page.

Rationale:

These are just administrative changes that either weren't updated in the P&P manual or have been implied and followed in the past but not explicitly stated in the invite. These are the same changes proposed for the State A template that are also applicable to the B Championship template.

Previous Meeting Language: none

Proposed Meeting Language:

There will be an officials meeting 1 hour prior to the start of each session. The timers meeting will be held 30 minutes prior to the start of each session. There will be one coaches meeting held immediately after warm-ups prior to the start of session 2. Additional coaches may be held at the discretion of the meet referee.

Previous Proof of Time Language: All entry times must be proven with complete, official meet results, upon the request of the seed committee. Unverified times or erroneous times may result in disqualification.

Proposed Proof of Time Language: A \$100 fine will be assessed for each individual or relay event in which the qualifying time standard was not met, unless the time standard can be proven with a USA Swimming sanctioned or approved meet result summary per SD Swimming Policies & Procedures 9.16.1.

Previous Scratch Language: A Scratch box will be located at the Meet Director's Table. Please use the forms for all scratches and deposit in the box. Please have all scratches submitted prior to the start of specifics each day.

Proposed Scratch Language: National scratch procedures per USA Swimming will be enforced. A Scratch box will be located at the Meet Director's Table. Please use the forms for all scratches and deposit in the box. Please have all scratches submitted prior to the start of specifics each day. In the event a swimmer fails to compete in an event they were not previously scratched from they will be barred from any remaining individual and relay events that day.

Name: Paula Gordon

Club: SEAL

Position: Coach/Safety Chair

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

NA

Proposed bylaw or policy section and language:

The SD LSC encourages all member clubs and teams to complete the Club Development Program and the Club Excellence Program by awarding each club a stipend for achieving each level in either or both programs. The SD LSC Finance Committee will award the stipend upon completing and approval by USA Swimming.

Rationale:

This is a time-consuming process. It is designed to help the team working through the process grow stronger, therefor helping support the athletes on that team as well. Strong, stable and financially stable clubs are an asset to the SDLSC membership as well as the athletes, the coaches and the club membership completing the process. This program encourages member clubs to grow and develop in the long-term. The SDLSC should be encouraging our member clubs to complete the process and offering a financial incentive to complete the process is a small price to pay to ensure the long-term growth of quality competitive swimming in South Dakota.

I suggest a sum of \$500.00 per level of recognition per team, but I defer that to the Finance Committee for final figures. For those teams who have already completed some or all of either Club Development or Club Excellence, I recommend they receive the stipend as well.

See explanation below taken from www.usaswimming.org

CLUB RECOGNITION PROGRAM

The Club Recognition Program offers our club members a working blueprint for developing strong, stable, financially sound and athletically productive organizations.

Designed over a two year period by USA Swimming's Club Development Committee, this voluntary program presents four levels of achievement across four component areas deemed critical to long-term club success. The program encourages clubs to establish organizational goals and to benchmark their progress toward those goals.

The ultimate objective of the program is to strengthen the club system in USA Swimming by guiding clubs through a development process that ultimately positions the program and its coaches to better serve athletes.

The Club Development Committee looked at many different factors that helped create "great" clubs. The committee grouped all of the factors into four major component areas:

1. Business & Organizational Success
2. Parent & Volunteer Development
3. Coach Development & Education
4. Athlete Development & Performance

CLUB EXCELLENCE PROGRAM

The Club Excellence Program is a voluntary program that identifies and recognizes USA Swimming clubs for their commitment to performance excellence. This program strives to meet the following objectives:

- Promote the development of strong, well-rounded age group and senior swimming programs that produce elite 18 & under athletes;
- Provide recognition and resources to motivate and assist member clubs to strive for the highest ideals of athlete performance.

The program provides grant funding and recognizes the club development system as integral to achieving excellence in the sport.