

South Dakota Swimming, Inc. Coach Clinic Reimbursement Form

For the 2012/2013 Fiscal Year, SDSI will reimburse SD member clubs up to \$100 for one (1) team coach to attend a coach's clinic.

If the club coach attends the Dakota Coach's Clinic, co-sponsored by SDSI, then no submission of this form is necessary as clubs will be reimbursed the full \$100 automatically.

SD Team: _____

Coach Name: _____

Clinic: _____

Date: _____

Location: _____

Total Amount to be Reimbursed : _____

(Up to \$100 maximum)

Attach copies of receipts to substantiate reimbursement.

Requests for reimbursement are due no later than **August 31, 2013**.

Please mail this form along with receipts to the following:

Sarah J. Hogg
SD Swimming, Inc.
1910 8th Ave NE
Aberdeen, SD 57401

9-23-1012

Fall HOD

Safety Chair Report

Paula Gordon, SD Safety Chair

All registered USA Swimming clubs should review the Risk Management & Safety tab on www.usaswimming.org. Each club should have a designated Safety Chair.

1. Report of Occurrence: online form can be found at www.scdswimming.org/Documents/Safety
[USA Swimming Online Report of Occurrence Form](#)

This can be completed using a smart phone. Please complete each occurrence and email a copy to me at prgordon20@gmail.com.

2. Equipment: All equipment used for practice and meets must be in good working condition.
3. Emergency Procedures: Review the facility policy for Emergency Procedures. If lifeguards are not present during practice, check your facility's EP policy to be sure you have adequate staff to handle emergencies.
4. Lightning Policy: Review facility lightning policy (including indoor facilities). Technology is available to track lightning accurately and timely via lightning sensors or smart phone apps. Many facilities still use manual (sight and sound) to determine safety procedures. Check with the facility and update if possible. (Lightning Finder is the best I found-gives the exact time and strength of all cloud to ground strikes, a 3/6/10 mile perimeter will text message your phone with alerts if you choose. It is \$5.99/year and has a 7-day free trial.)
5. All coaches must be 18 years of age and registered as a USA Swimming non-athlete member and Level 1 certified.
6. Racing Start Certification: All new athletes must meet the racing start certification rule, 103.2.2.

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1910 8th Ave NE
Aberdeen, SD 57401

2012-2013 Winter (Short-Course) Schedule - Final

October 13	Brookings, SD (BSC)				Closed
October 20	Watertown, SD (WASC)	-	-	-	
October 27	Aberdeen, SD (ASC)				Intra-squad
October 27	Rapid City, SD (RCR)	-	-	-	
November 3 – 4	Sioux Falls, SD (MAC)	-	-	-	
November 10 – 11	Pierre, SD (PST)	-	-	-	
November 17 – 18	Brookings, SD (BSC)	-	-	-	
November 17	Spearfish, SD (GOLD)	-	-	-	
December 1	Watertown, SD (WASC)	-	-	-	
December 7 – 9	Sioux Falls, SD (SFX)	-	-	-	
December 8	Milbank, SD (MALS)				
December 15 – 16	Rapid City, SD (RCR)	-	-	-	
December 15	Yankton, SD (YST)				
January 5, 2013	Yankton, SD (YST)				Closed Tri-State
January 5 – 6	Aberdeen, SD	-	-	-	
January 5 – 6	Sioux Falls, SD (SEAL)	-	-	-	
January 11 – 13	All Stars	-	-	-	
January 19 – 20	Watertown, SD (WASC)	-	-	-	
January 25 – 27	Sioux Falls, SD (SFX)	-	-	-	

January 26 – 27	Spearfish, SD (GOLD)	-	-	-
February 3	Brookings, SD (BSC)	-	-	-
February 1 – 3	Sioux Falls, SD (MAC)	-	-	-
February 9 – 10	Pierre, SD (PST	-	-	-
February 16 – 17	Watertown, SD (WASC)	-	-	-
February 22 – 24	B/C Championship – Rapid City	-	-	-
March 1 -3	State Championship – TBA	-	-	-

2013 Summer (Long-Course) Schedule - Final

May 31 – Jun 1	Milbank, SD (MALS)	-	-	-
Jun 8	Watertown, SD (WASC)	-	-	-
Jun 8	Chamberlain, SD (CST)	-	-	-
Jun 21 - 23	Yankton, SD (YST)	-	-	-
Jun 21 - 23	Mitchell, SD (MAC)	-	-	-
Jul 5 – 7	Rapid City, SD (RCR)	-	-	-
Jul 6	Britton, SD (BST)	-	-	-
Jul 12 - 14	Brookings, SD (BSC)	-	-	-
Jul 11 – 14	Sioux Falls, SD (SFX)	-	-	-
Jul 12 – 13	Webster, SD (WST)	-	-	-
Jul 19 - 21	B/C Championship – Rapid City, SD (RCR)	-	-	-
Jul 26 - 28	State Championship – Brookings, SD (BSC)	-	-	-
Aug 2 - 4	Seasonal Championships – Huron, SD	-	-	-

2013-2014 Winter (Short-Course) Schedule - Tentative

Oct 12	Brookings, SD (BSC)			Intra-Squad
Oct 19	Watertown, SD (WASC)	-	-	-
Oct 19	Rapid City, SD (RCR)	-	-	-
Oct 26	Aberdeen, SD (ASC)			Intra-Squad
Nov 1 – 3	Sioux Falls, SD (MAC)	-	-	-
Nov 9 – 10	Pierre, SD (PST)	-	-	-
Nov 9	Yankton, SD (YST)			Closed Tri-State
Nov 16	Spearfish, SD (GOLD)	-	-	-
Nov 16 – 17	Brookings, SD (BSC)	-	-	-
Dec 7	Watertown, SD (WASC)	-	-	-
Dec 7 – 8	Yankton, SD (YSC)	-	-	-
Dec 13 – 15	Sioux Falls, SD (SFX)	-	-	-
Dec 13 – 14	Milbank, SD (MALS)	-	-	-
Dec 14 – 15	Rapid City, SD (RCR)	-	-	-
Jan 4 – 5	Sioux Falls, SD (SEAL)	-	-	-
Jan 4 – 5	Aberdeen, SD (ASC)	-	-	-
Jan 4	Deadwood, SD (DL76)			Invite
Jan 11 – 12	All Stars	-	-	-
Jan 18 – 19	Watertown, SD (WASC)	-	-	-

Jan 25 – 26	Spearfish, SD (GOLD)	-	-	-
Jan 24 – 26	Sioux Falls, SD (SFX)	-	-	-
Jan 31 – Feb 2	Sioux Falls, SD (MAC)	-	-	-
Feb 1 – 2	Brookings, SD (BSC)	-	-	-
Feb 8 – 9	Pierre, SD (PST)	-	-	-
Feb 14 – 16	Watertown, SD (WASC)	-	-	-
Feb 21 - 23	B/C Championship – Aberdeen, SD (ASC)	-	-	-
Feb 28 - Mar 2	State Championship – Spearfish, SD (GOLD)	-	-	-

Session #1 – 10:00am start – 6 heats

Girls 13 and over 1500 Freestyle

Boys 13 and over 1500 Freestyle

Session end 12:10pm

Session #2 – 12 & under Boys and 10 & under -- 2:10pm start

Girls 8 & under 50 Breast

Boys & under 50 Breast

Girls 9-10 50 Breast

Boys 9-10 50 Breast

Boys 11-12 50 Breast

10 minute break

Girls 8 & under 200 Free

Boys 8 & under 200 Free

Girls 9-10 200 Free

Boys 9-10 200 Free

Boys 11-12 200 Free

10 minute break

Girls 8 & under 50 Fly

Boys 8 & under 50 Fly

Girls 9-10 50 Fly

Boys 9-10 50 Fly

Boys 11-12 50 Fly

Swimmer count 133 – entries 217 – heats 34 – session end 3:47pm

Girls 13 & over 400 IM

Boys 13 & over 400 IM

10 minute break

Girls 11-12 50 Breaststroke

Girls 13-14 100 Breaststroke

Boys 13-14 100 Breaststroke

Girls 15 & over 100 Breaststroke

Boys 15 & over 100 Breaststroke

10 minute break

Girls 11-12 200 Free

Girls 13-14 200 Free

Boys 13-14 200 Free

Girls 15 & over 200 Free

Boys 15 & over 200 Free

10 minute break

Girls 11-12 50 Fly

Girls 13-14 100 Fly

Boys 13-14 100 Fly

Girls 15 & over 100 Fly

Boys 15 & over 100 Fly

10 minute break

Girls 13 & over 400 Medley Relay

Boys 13 & over 400 Medley Relay

Session ends 8:18pm – 417 entries – 60 heats – 215 swimmers

Girls 8 & under 200 IM

Boys 8 & under 200 IM

Girls 9-10 200 IM

Boys 9-10 200 IM

Boys 11-12 200 IM

10 minute break

Girls 8 & under 100 Breaststroke

Boys & under 100 Breaststroke

Girls 9-10 100 Breaststroke

Boys 9-10 100 Breaststroke

Boys 11-12 100 Breaststroke

10 minute break

Girls 8 & under 50 Free

Boys 8 & under 50 Free

Girls 9-10 50 Free

Boys 9-10 50 Free

Boys 11-12 50 Free

10 minute break

Girls 8 & under 50 Back

Boys 8 & under 50 Back

Girls 9-10 50 Back

Boys 9-10 50 Back

Boys 11-12 50 Back

10 minutes

Mixed 8 & under 200 Medley Relay

Girls 9-10 200 Medley Relay

Boys 9-10 200 Medley Relay

Boys 11-12 200 Medley Relay

10 minute break

Boys 11-12 400 Free

Session ends 11:17am – swimmers 172 – entries 389 – 59 heats

Girls 11-12 200 IM

Girls 13-14 200 IM

Boys 13-14 200 IM

Girls 15 & over 200 IM

Boys 15 & over 200 IM

10 minute break

Girls 11-12 100 Breast

Girls 13-14 200 Breast

Boys 13-14 200 Breast

Girls 15 & over 200 Breast

Boys 15 & over 200 Breast

10 minute break

Girls 11-12 50 Free

Girls 13-14 50 Free

Boys 13-14 50 Free

Girls 15 & over 50 Free

Boys 15 & over 50 Free

10 minute break

Girls 11-12 50 Backstroke

Girls 13-14 100 Backstroke

Boys 13-14 100 Backstroke

Girls 15 & over 100 Backstroke

Boys 15 & over 100 Backstroke

10 minute break

Girls 11-12 200 Medley Relay

Girls 13 & over 400 Free Relay

Boys 13 & over 400 Free Relay

10 minute break

Girls 13 & over 800 Free

Boys 13 & over 800 Free

Session ends 6:10pm – 282 swimmers – 570 entries – 83 heats

Session #6 – Start time 8:30am

Girls 8 & under 100 Fly

Boys 8 & under 100 Fly

Girls 9-10 100 Fly

Boys 9-10 100 Fly

Boys 11-12 100 Fly

10 minute break

Girls 8 & under 100 Free

Boys 8 & under 100 Free

Girls 9-10 100 Free

Boys 9-10 100 Free

Boys 11-12 100 Free

10 minute break

Girls 8 & under 100 Back

Boys 8 & under 100 Back

Girls 9-10 100 Back

Boys 9-10 100 Back

Boys 11-12 100 Back

10 minute break

Mixed 8 & under 200 Free Relay

Girls 9-10 200 Free Relay

Boys 9-10 200 Free Relay

Boys 11-12 200 Free Relay

Session Ends 10:20am – 152 swimmers – 306 entries – 49 heats

Girls 11-12 100 Fly

Girls 13-14 200 Fly

Boys 13-14 200 Fly

Girls 15 & over 200 Fly

Boys 15 & over 200 Fly

10 minute break

Girls 11-12 100 Free

Girls 13-14 100 Free

Boys 13-14 100 Free

Girls 15 & over 100 Free

Boys 15 & over 100 Free

10 minute break

Girls 11-12 100 Back

Girls 13-14 200 Back

Boys 13-14 200 Back

Girls 15 & over 200 Back

Boys 15 & over 200 Back

10 minute break

Girls 11-12 200 Free Relay

Girls 13 & over ²⁰⁰ Free Relay

Boys 13 & over 200 Free Relay

Session ends 4:40pm.- entries 431 – heats 63

Session #1 – 10:00am start – 6 heats

Girls 13 and over 1500 Freestyle

Boys 13 and over 1500 Freestyle

Session end 12:10pm

Session #2 – 12 & under Boys and 10 & under – 2:10pm start

Girls 8 & under 25 Breast

Boys & under 25 Breast

Girls 9-10 50 Breast

Boys 9-10 50 Breast

Boys 11-12 50 Breast

10 minute break

Girls 8 & under 100 Free

Boys 8 & under 100 Free

Girls 9-10 200 Free

Boys 9-10 200 Free

Boys 11-12 200 Free

10 minute break

Girls 8 & under 25 Fly

Boys 8 & under 25 Fly

Girls 9-10 50 Fly

Boys 9-10 50 Fly

Boys 11-12 50 Fly

Swimmer count 133 – entries 217 – heats 34 – session end 3:47pm

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10 minute break

Girls 11-12 50 Breaststroke

Girls 13-14 100 Breaststroke

Boys 13-14 100 Breaststroke

Girls 15 & over 100 Breaststroke

Boys 15 & over 100 Breaststroke

10 minute break

Girls 11-12 200 Free

Girls 13-14 200 Free

Boys 13-14 200 Free

Girls 15 & over 200 Free

Boys 15 & over 200 Free

10 minute break

Girls 11-12 50 Fly

Girls 13-14 100 Fly

Boys 13-14 100 Fly

Girls 15 & over 100 Fly

Boys 15 & over 100 Fly

10 minute break

Girls 13 & over 400 Medley Relay

Boys 13 & over 400 Medley Relay

Session ends 8:18pm – 417 entries – 60 heats – 215 swimmers

Session #4 – Begins 8:30am

Girls 8 & under 100 IM

Boys 8 & under 100 IM

Girls 9-10 200 IM

Boys 9-10 200 IM

Boys 11-12 200 IM

10 minute break

Girls 8 & under 50 Breaststroke

Boys 8 & under 50 Breaststroke

Girls 9-10 100 Breaststroke

Boys 9-10 100 Breaststroke

Boys 11-12 100 Breaststroke

10 minute break

Girls 8 & under 25 Free

Boys 8 & under 25 Free

Girls 9-10 50 Free

Boys 9-10 50 Free

Boys 11-12 50 Free

10 minute break

Girls 8 & under 25 Back

Boys 8 & under 25 Back

Girls 9-10 50 Back

Boys 9-10 50 Back

Boys 11-12 50 Back

10 minutes

Mixed 8 & under 100 Medley Relay

Girls 9-10 200 Medley Relay

Boys 9-10 200 Medley Relay

Boys 11-12 200 Medley Relay

10 minute break

Session ends 11:17am – swimmers 172 – entries 389 – 59 heats

Session #5 – Start 1:17pm

Girls 11-12 200 IM

Girls 13-14 200 IM

Boys 13-14 200 IM

Girls 15 & over 200 IM

Boys 15 & over 200 IM

10 minute break

Girls 11-12 100 Breast

Girls 13-14 200 Breast

Boys 13-14 200 Breast

Girls 15 & over 200 Breast

Boys 15 & over 200 Breast

10 minute break

Girls 11-12 50 Free

Girls 13-14 50 Free

Boys 13-14 50 Free

Girls 15 & over 50 Free

Boys 15 & over 50 Free

10 minute break

Girls 11-12 50 Backstroke

Girls 13-14 100 Backstroke

Boys 13-14 100 Backstroke

Girls 15 & over 100 Backstroke

Boys 15 & over 100 Backstroke

10 minute break

Girls 11-12 200 Medley Relay

Girls 13 & over 400 Free Relay

Boys 13 & over 400 Free Relay

10 minute break

Girls 13 & over 800 Free

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Girls 8 & under 50 Fly

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Girls 9-10 100 Fly

Boys 9-10 100 Fly

Boys 11-12 100 Fly

10 minute break

Girls 8 & under 50 Free

Boys 8 & under 50 Free

Girls 9-10 100 Free

Boys 9-10 100 Free

Boys 11-12 100 Free

10 minute break

Girls 8 & under 50 Back

Boys 8 & under 50 Back

Girls 9-10 100 Back

Boys 9-10 100 Back

Boys 11-12 100 Back

10 minute break

Mixed 8 & under 100 Free Relay

Girls 9-10 200 Free Relay

Boys 9-10 200 Free Relay

Boys 11-12 200 Free Relay

Session Ends 10:20am – 152 swimmers – 306 entries – 49 heats

Session #7 – Starts 12:20pm

Girls 11-12 100 Fly

Girls 13-14 200 Fly

Boys 13-14 200 Fly

Girls 15 & over 200 Fly

Boys 15 & over 200 Fly

10 minute break

Girls 11-12 100 Free

Girls 13-14 100 Free

Boys 13-14 100 Free

Girls 15 & over 100 Free

Boys 15 & over 100 Free

10 minute break

Girls 11-12 100 Back

Girls 13-14 200 Back

Boys 13-14 200 Back

Girls 15 & over 200 Back

Boys 15 & over 200 Back

10 minute break

Girls 11-12 200 Free Relay

Girls 13 & over Free Relay

Boys 13 & over 200 Free Relay

Session ends 4:40pm.- entries 431 – heats 63

Name:

Club:

Position:

Proposal template: Proposal must include both the current and new language if applicable.

Current bylaw or policy section and language:

Proposed bylaw or policy section and language:

Rationale:

SD LSC MEET BID FORMAT

Today's Date _____ Team _____

9.3 Host Club Responsibilities (9/20/09) *Meeting provided information for the 11th Annual State Meet*
Sanctioned by USA Swimming

- (1) Provide written confirmation of the agreement with the pool facility ~~two LSC Meetings~~ prior to the State Meet. The pool must be available from Friday noon until 8:00 p.m. Sunday. The time allotted by the pool facility for each day shall be adequate (based on the previous State Meet's timeline), projected increase in number of entries, and the possibility of delays due to weather, power or equipment failure, or emergencies.
- (2) Block 250 hotel rooms ~~two LSC Meetings~~ prior to the State Meet.
- (3) Meet Set-Up and Tear-Down.
- (4) Provide timing and computer system. (Touch pads at both ends are preferred. Certified pool is preferred).
- (5) Provide Meet Director, results coordinator and Head Timer.
- (6) Meet Director will prepare the Meet Invitation (with assistance from the Sanctions Coordinator).
- (7) Provide Hospitality room for Coaches & Officials.
- (8) Concessions.
- (9) Meet program.
- (10) Receive entries and seed the meet.

Meet Name Bidding on _____

Date of State Meet Bidding on _____

Facilities Usage Fee to be charged \$ _____

Club Contact Person for Bid _____

Contact Person's e-mail address _____

Contact Person's Address _____

Contact Person's Telephone number(s) Cell _____

Work _____ Home _____

Mail or E-Mail completed form to the Technical Planning Chair

Senior Bio

Name of Swimmer _____ Team _____

Number of years in Swimming _____

High School Honors/Achievements:

Academic _____

Athletic _____

Other _____

Future Plans

Proposed Short Course Yards SD State Times (2013-2014)							
Numbers per event taken from 2012 SC State Championship seed times							
8 & Under Girls	Current SCY	Proposed SCY	Proposed vs. Current	8 & Under Boys	Current SCY	Proposed SCY	Proposed vs. Current
25 Free	20.47	20.47	31	25 Free	20.47	20.47	21
50 Free	44.09	44.09	24	50 Free	44.09	44.09	16
100 Free	1:41.19	1:41.19	21	100 Free	1:41.19	1:41.19	16
200 Free	3:59.30	3:59.30		200 Free	3:59.30	3:59.30	
25 Back	24.50	24.50	39	25 Back	24.50	24.50	20
50 Back	54.44	54.44	32	50 Back	54.44	54.44	21
100 Back	1:52.79	1:52.79		100 Back	1:52.79	1:52.79	
25 Breast	28.26	28.26	22	25 Breast	28.26	28.26	11
50 Breast	1:03.59	1:03.59	27	50 Breast	1:03.59	1:03.59	11
100 Breast	2:18.69	2:18.69		100 Breast	2:18.69	2:18.69	
25 Fly	26.12	26.12	30	25 Fly	26.12	26.12	15
50 Fly	58.54	58.54	19	50 Fly	58.54	58.54	7
100 Fly	2:12.72	2:12.72		100 Fly	2:12.72	2:12.72	
100 IM	1:56.26	1:56.26	20	100 IM	1:56.26	1:56.26	11
200 IM	4:19.20	4:19.20		200 IM	4:19.20	4:19.20	
9-10 Girls	Current SCY	Proposed SCY		9-10 Boys	Current SCY	Proposed SCY	
50 Free	35.99	35.99	20	50 Free	35.99	35.19	11/15
100 Free	1:21.59	1:21.59	26	100 Free	1:21.59	1:19.99	15/17
200 Free	2:58.29	2:58.29	21	200 Free	2:58.29	2:50.89	9/14
400 Free	-			400 Free	-		
500 Free	7:39.49	7:39.49	-	500 Free	7:39.49	7:35.19	-
50 Back	43.69	43.49	32/35	50 Back	43.69	43.69	21/21
100 Back	1:33.99	1:33.99	20	100 Back	1:33.99	1:32.09	14/16
50 Breast	47.89	47.79	14/15	50 Breast	47.89	47.89	15/15
100 Breast	1:46.69	1:46.69	17	100 Breast	1:46.69	1:43.69	10/12
50 Fly	42.99	42.99	17	50 Fly	42.99	41.99	7/9
100 Fly	1:42.09	1:42.09	11	100 Fly	1:42.09	1:40.39	8/8
100 IM	1:33.79	1:33.79	22	100 IM	1:33.79	1:31.19	12/16
200 IM	3:19.39	3:19.39	13	200 IM	3:19.39	3:18.09	9/11
11-12 Girls	Current SCY	Proposed SCY		11-12 Boys	Current SCY	Proposed SCY	
50 Free	31.89	31.89	35	50 Free	31.89	30.99	11/16
100 Free	1:08.29	1:08.29	23	100 Free	1:08.29	1:07.89	16/18
200 Free	2:31.49	2:31.49	19	200 Free	2:31.49	2:27.49	9/14
400 Free	-		-	400 Free	-		-
500 Free	6:40.09	6:40.09	16	500 Free	6:40.09	6:35.09	10/10
800 Free	-		-	800 Free	-		-
1000 Free	13:55.99	13:55.99	-	1000 Free	13:55.99	13:46.49	-
1500 Free			-	1500 Free			-
1650 Free	23:27.89	23:27.89	-	1650 Free	23:27.89	23:20:49	-
50 Back	36.79	36.79	21	50 Back	36.79	36.49	9/12
100 Back	1:21.09	1:21.09	26	100 Back	1:21.09	1:19.09	11/14
200 Back	2:48.89	2:48.89	-	200 Back	2:48.89	2:45.59	-
50 Breast	40.89	40.89	24	50 Breast	40.89	40.79	11/13

100 Breast	1:29.29	1:29.29	21	100 Breast	1:29.29	1:27.79	6/9
200 Breast	3:11.69	3:11.69	-	200 Breast	3:11.69	3:07.29	-
50 Fly	35.19	35.09	15/17	50 Fly	35.19	35.19	14/14
100 Fly	1:20.19	1:20.19	10	100 Fly	1:20.19	1:18.69	5/6
200 Fly	2:51.79	2:51.79	-	200 Fly	2:51.79	2:48.29	-
100 IM	1:20.09	1:20.09	23	100 IM	1:20.09	1:17.59	14/18
200 IM	2:50.69	2:50.69	17	200 IM	2:50.69	2:49.39	10/11
400 IM	6:04.19	6:04.19	-	400 IM	6:04.19	5:56.29	-
13-14 Girls	Current SCY	Proposed SCY		13-14 Boys	Current SCY	Proposed SCY	
50 Free	30.99	30.99	36	50 Free	30.99	28.49	20/31
100 Free	1:07.39	1:07.39	36	100 Free	1:07.39	1:02.19	18/32
200 Free	2:24.99	2:24.99	23	200 Free	2:24.99	2:15.69	17/24
400 Free	-		-	400 Free	-		-
500 Free	6:22.39	6:22.39	20	500 Free	6:22.39	6:03.19	13/20
800 Free	-		-	800 Free	-		-
1000 Free	13:08.29	13:08.29	12	1000 Free	13:08.29	12:34.39	5/6
1500 Free	-		-	1500 Free	-		-
1650 Free	21:53.19	21:53.19	10	1650 Free	21:53.19	20:51.99	5/8
100 Back	1:14.19	1:14.19	20	100 Back	1:14.19	1:09.59	12/17
200 Back	2:39.59	2:39.59	15	200 Back	2:39.59	2:29.79	10/13
100 Breast	1:24.09	1:24.09	19	100 Breast	1:24.09	1:18.09	12/20
200 Breast	3:00.69	3:00.69	16	200 Breast	3:00.69	2:49.39	6/15
100 Fly	1:13.49	1:13.49	9	100 Fly	1:13.49	1:08.09	8/10
200 Fly	2:40.99	2:40.99	5	200 Fly	2:40.99	2:31.99	2/2
200 IM	2:42.99	2:42.99	21	200 IM	2:42.99	2:31.99	11/16
400 IM	5:44.29	5:44.29	14	400 IM	5:44.29	5:25.49	6/6
15-16 Girls	Current SCY	Proposed SCY		15-16 Boys	Current SCY	Proposed SCY	
50 Free	30.39	30.39	28	50 Free	30.39	27.39	17/23
100 Free	1:05.79	1:05.79	31	100 Free	1:05.79	59.79	21/28
200 Free	2:21.19	2:21.19	25	200 Free	2:21.19	2:10:09	19/25
400 Free	-			400 Free	-		
500 Free	6:22.39	6:16.29	10/15	500 Free	6:22.39	5:51.29	11/13
800 Free	-			800 Free	-		
1000 Free	13:08.29	12:55.49	5/8	1000 Free	13:08.29	12:08.19	6/8
1500 Free	-			1500 Free	-		
1650 Free	21:53.19	21:38.89	9/10	1650 Free	21:53.19	20:21.89	4/5
100 Back	1:12.09	1:12.09	18	100 Back	1:12.09	1:06.19	12/17
200 Back	2:39.59	2:35.89	10/16	200 Back	2:39.59	2:23.39	11/13
100 Breast	1:21.99	1:21.99	11	100 Breast	1:21.99	1:14.69	6/13
200 Breast	3:00.69	2:56.39	9/13	200 Breast	3:00.69	2:42.59	6/14
100 Fly	1:11.79	1:11.79	13	100 Fly	1:11.79	1:05.09	9/13
200 Fly	2:40.99	2:36.49	2	200 Fly	2:40.99	2:24.49	3
200 IM	2:39.29	2:39.29	16	200 IM	2:39.29	2:26.39	13/18
400 IM	5:44.29	5:35.69	4/4	400 IM	5:44.29	5:11.79	7/8

17-19 Girls	Current SCY	Proposed SCY		17-19 Boys	Current SCY	Proposed SCY	
50 Free	30.09	30.09	16/16	50 Free	30.09	26.59	10/11
100 Free	1:04.89	1:04.89	18	100 Free	1:04.89	58.09	13/14
200 Free	2:20.29	2:20.29	14/15	200 Free	2:20.29	2:07.89	13/14
400 Free	-			400 Free	-		
500 Free	6:22.39	6:13.69	7/11	500 Free	6:22.39	5:44.19	8/9
800 Free	-			800 Free	-		
1000 Free	13:08.29	12:53.09		1000 Free	13:08.29	11:59.19	
1500 Free	-			1500 Free	-		
1650 Free	21:53.19	21:27.19	4/5	1650 Free	21:53.19	19:59.39	3/6
100 Back	1:11.69	1:11.69	13	100 Back	1:11.69	1:04.19	6/7
200 Back	2:39.59	2:35.39	8/10	200 Back	2:39.59	2:19.89	5/6
100 Breast	1:21.49	1:21.49	9/9	100 Breast	1:21.49	1:13.19	7/7
200 Breast	3:00.69	2:55.79	6/6	200 Breast	3:00.69	2:39.29	6/6
100 Fly	1:10.99	1:10.99	7	100 Fly	1:10.99	1:03.59	8/10
200 Fly	2:40.99	2:34.59	2/2	200 Fly	2:40.99	2:20.39	6/7
200 IM	2:37.39	2:37.39	12	200 IM	2:37.39	2:22.59	10/12
400 IM	5:44.29	5:35.49	3/4	400 IM	5:44.29	5:05.99	6/6

Proposed Short Course Yards SD State Times (2013-2014) Numbers per event taken from 2012 SC State Championship seed times							
8 & Under Girls	Current SCY	Proposed SCY	Proposed vs. Current	8 & Under Boys	Current SCY	Proposed SCY	Proposed vs. Current
25 Free	-		-	25 Free	-		
50 Free	49.82	49.82	14	50 Free	49.82	49.82	18
100 Free	2:01.91	2:01.91	16	100 Free	2:01.91	2:01.91	18
200 Free	4:28.82	4:28.82	19	200 Free	4:28.82	4:28.82	15
25 Back	-	-	-	25 Back	-	-	
50 Back	1:01.59	1:01.59	24	50 Back	1:01.59	1:01.59	12
100 Back	2:14.74	2:14.74	19	100 Back	2:14.74	2:14.74	13
25 Breast	-	-	-	25 Breast	-	-	
50 Breast	1:10.83	1:10.83	19	50 Breast	1:10.83	1:10.83	10
100 Breast	2:40.31	2:40.31	17	100 Breast	2:40.31	2:40.31	13
25 Fly	-	-	-	25 Fly	-	-	
50 Fly	1:06.11	1:06.11	11	50 Fly	1:06.11	1:06.11	10
100 Fly	2:40.43	2:40.43	6	100 Fly	2:40.43	2:40.43	6
100 IM	-	-	-	100 IM	-	-	
200 IM	5:04.67	5:04.67	15	200 IM	5:04.67	5:04.67	8
9-10 Girls	Current LCM	Proposed LCM		9-10 Boys	Current LCM	Proposed LCM	
50 Free	40.79	40.79	26	50 Free	40.79	40.19	13/17
100 Free	1:32.99	1:32.99	24	100 Free	1:32.99	1:31.09	14/15
200 Free	3:23.59	3:23.59	19	200 Free	3:23.59	3:13.99	9/17
400 Free	6:51.59	6:51.59		400 Free	6:51.59	6:52.69	-
500 Free	-			500 Free	-		-
50 Back	50.09	49.89	30/31	50 Back	50.09	50.09	15/15
100 Back	1:48.89	1:48.89	23	100 Back	1:48.89	1:45.69	11/14
50 Breast	55.09	54.89	14/15	50 Breast	55.09	55.09	16
100 Breast	2:02.29	2:02.29	14	100 Breast	2:02.29	1:59.79	11/13
50 Fly	48.59	48.59	12	50 Fly	48.59	46.89	6/10
100 Fly	1:55.19	1:55.19	9	100 Fly	1:55.19	1:53.19	6
100 IM	-			100 IM	-		-
200 IM	3:46.49	3:46.49	13	200 IM	3:46.49	3:44.79	8/10
11-12 Girls	Current LCM	Proposed LCM		11-12 Boys	Current LCM	Proposed LCM	
50 Free	36.39	36.39	35	50 Free	36.39	35.29	14/20
100 Free	1:19.59	1:19.59	24	100 Free	1:19.59	1:17.39	14/18
200 Free	2:50.79	2:50.79	21	200 Free	2:50.79	2:47.79	10/13
400 Free	6:00.09	6:00.09	14	400 Free	6:00.09	5:54.39	12/14
500 Free	-		-	500 Free	-		-
800 Free	12:33.69	12:33.69	-	800 Free	12:33.69	12:28.59	-
1000 Free	-		-	1000 Free	-		-
1500 Free	24:12.39	24:12.39	-	1500 Free	24:12.39	24:05.29	-
1650 Free	-		-	1650 Free	-		-
50 Back	42.29	42.29	21	50 Back	42.29	42.19	11/12
100 Back	1:31.39	1:31.09	22/26	100 Back	1:31.39	1:31.39	11
200 Back	3:15.29	3:15.29	-	200 Back	3:15.29	3:11.09	-

50 Breast	47.09	45.59	14/20	50 Breast	47.09	47.09	10
100 Breast	1:41.89	1:41.89	21	100 Breast	1:41.89	1:40.89	8/10
200 Breast	3:40.59	3:40.59	-	200 Breast	3:40.59	3:37.49	-
50 Fly	39.59	39.39	15	50 Fly	39.59	39.59	17
100 Fly	1:30.79	1:30.79	8	100 Fly	1:30.79	1:29.49	10/12
200 Fly	3:14.19	3:14.19	-	200 Fly	3:14.19	3:13.39	-
100 IM	-	-	-	100 IM	-	-	-
200 IM	3:14.79	3:14.79	19	200 IM	3:14.79	3:13.89	15/16
400 IM	6:55.89	6:55.89	-	400 IM	6:55.89	6:51.79	-
13-14 Girls	Current LCM	Proposed LCM		13-14 Boys	Current LCM	Proposed LCM	
50 Free	35.19	35.19	41	50 Free	35.19	32.79	12/23
100 Free	1:16.19	1:16.19	37	100 Free	1:16.19	1:11.49	12/20
200 Free	2:44.39	2:44.39	23	200 Free	2:44.39	2:35.19	8/10
400 Free	5:42.99	5:42.99	20	400 Free	5:42.99	5:27.99	10/14
500 Free	-	-		500 Free	-		
800 Free	11:41.99	11:41.99	12	800 Free	11:41.99	11:21.79	4/6
1000 Free	-	-		1000 Free	-		
1500 Free	22:23.09	22:23.09	8	1500 Free	22:23.09	21:35.29	1/3
1650 Free	-	-		1650 Free	-		
100 Back	1:24.29	1:24.29	21	100 Back	1:24.29	1:20.59	8/10
200 Back	3:01.29	3:01.29	14	200 Back	3:01.29	2:54.09	5/7
100 Breast	1:36.39	1:36.39	23	100 Breast	1:36.39	1:28.09	5/10
200 Breast	3:27.99	3:27.99	18	200 Breast	3:27.99	3:17.19	6/9
100 Fly	1:22.89	1:22.89	11	100 Fly	1:22.89	1:16.99	6/10
200 Fly	3:02.29	3:02.29	4	200 Fly	3:02.29	2:51.99	6/7
200 IM	3:05.69	3:05.69	24	200 IM	3:05.69	2:55.99	8/11
400 IM	6:31.09	6:31.09	11	400 IM	6:31.09	6:13.19	6/6
15-16 Girls	Current LCM	Proposed LCM		15-16 Boys	Current LCM	Proposed LCM	
50 Free	34.49	34.49	14	50 Free	34.49	31.19	16/26
100 Free	1:14.39	1:14.39	17	100 Free	1:14.39	1:08.39	19/25
200 Free	2:39.49	2:39.49	17	200 Free	2:39.49	2:28.59	14/18
400 Free	5:42.99	5:34.69	11/14	400 Free	5:42.99	5:14.39	9/15
500 Free	-	-		500 Free	-		
800 Free	11:41.99	11:30.19	7/10	800 Free	11:41.99	10:52.09	6/9
1000 Free	-	-		1000 Free	-		
1500 Free	22:23.09	22:10.69	5/7	1500 Free	22:23.09	20:49.49	4/6
1650 Free	-	-		1650 Free	-		
100 Back	1:22.69	1:22.69	7	100 Back	1:22.69	1:16.49	6/11
200 Back	3:01.29	2:57.99	5/6	200 Back	3:01.29	2:43.89	6/10
100 Breast	1:33.89	1:33.89	11	100 Breast	1:33.89	1:26.39	9/16
200 Breast	3:27.99	3:21.19	9/12	200 Breast	3:27.99	3:08.79	8/14
100 Fly	1:20.39	1:20.39	10	100 Fly	1:20.39	1:13.39	6/11
200 Fly	3:02.29	2:56.19	3/5	200 Fly	3:02.29	2:43.19	2/4
200 IM	3:01.19	3:01.19	12	200 IM	3:01.19	2:48.89	13/15
400 IM	6:31.09	6:19.79	2/5	400 IM	6:31.09	5:54.39	3/8

17-19 Girls	Current LCM	Proposed LCM		17-19 Boys	Current LCM	Proposed LCM	
50 Free	34.09	34.09	17	50 Free	34.09	30.29	11/14
100 Free	1:14.09	1:14.09	15	100 Free	1:14.09	1:06.89	13/17
200 Free	2:38.89	2:38.89	14	200 Free	2:38.89	2:26.09	16/20
400 Free	5:42.99	5:35.19	7/9	400 Free	5:42.99	5:11.09	10/12
500 Free	-	-		500 Free	-		
800 Free	11:41.99	11:26.79	5/7	800 Free	11:41.99	10:48.99	5/6
1000 Free	-	-		1000 Free	-		
1500 Free	22:23.09	21:58.49	4/5	1500 Free	22:23.09	20:35.79	3/3
1650 Free	-			1650 Free	-		
100 Back	1:23.09	1:23.09	12	100 Back	1:23.09	1:14.89	9/12
200 Back	3:01.29	2:58.19	8/9	200 Back	3:01.29	2:43.59	8/11
100 Breast	1:32.49	1:32.49	9	100 Breast	1:32.49	1:24.99	5/5
200 Breast	3:27.99	3:20.79	7/9	200 Breast	3:27.99	3:04.19	5
100 Fly	1:19.49	1:19.49	6	100 Fly	1:19.49	1:12.19	8/11
200 Fly	3:02.29	2:55.09	2/3	200 Fly	3:02.29	2:38.89	4/5
200 IM	2:59.69	2:59.69	11	200 IM	2:59.69	2:43.89	9/13
400 IM	6:31.09	6:21.29	3/4	400 IM	6:31.09	5:48.69	7/8