

# 2013 SD SHORT COURSE STATE CHAMPIONSHIP SWIM MEET

Hosted by South Dakota LSC and the Aberdeen Swim Club

March 1-3, 2013

Sanction # 021313SD

Time Trial Sanction # 029813SD

- SANCTION:** This meet is held under the sanction of South Dakota Swimming, Inc. and USA Swimming Inc.
- RULES:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- LIABILITY:** In granting this sanction, it is understood and agreed that USA Swimming, South Dakota Swimming, Aberdeen Swim Club, City of Aberdeen, and Aberdeen Family YMCA shall be free from any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event. Also, the above mentioned entities are not responsible for lost, stolen, or damaged property.
- LOCATION:** Aberdeen YMCA, 5 S. State St., Aberdeen South Dakota
- COURSE:** 25 Yard, 8 Lanes, 6" Wave-calming dividers, Daktronic timing system with touch pads at both ends of the pool with manual back-up. Spectrum Growler starting blocks and 8 place score board will be used. The competition course has not been certified in accordance with 104.2.2C (4).
- AUDIO/  
VISUAL RECORDING:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (202.3.4 E).
- WATER DEPTH:** Starting depth 12 ft., midpoint depth 5 ft., and turn end depth 3.5 ft. Turn end water depth does not meet USA Swimming minimum requirement for racing starts per Rule 103.2.
- FORMAT:** This will be a Split meet. Events will be swum as timed finals.
- STARTING TIMES:** Teams will be notified by noon CST on Wednesday, February 27, 2013 of warm-up times and lane assignments.  
**Afternoon warm-up times are approximate and will be determined after the meet is seeded.**

<b>Friday, March 1, 2013 - Session 1</b>	<b>Friday, March 1, 2013 - Session 2</b>
12:00 pm Warm-up	4:00 pm Warm-up A
	4:45 pm Warm-up B
12:30 pm Officials Meeting	4:45 pm Officials Meeting
12:45 pm Coaches Meeting	5:30 pm Coaches Meeting
1:00 pm Meet Starts	5:45 pm Meet Starts

<b>Saturday, March 2, 2013 - Session 3</b>	<b>Saturday, March 2, 2013 - Session 4</b>
7:00 am Warm-up A	12:00 pm Warm-up A
7:45 am Warm-up B	12:45 pm Warm-up B
7:45 am Officials Meeting	12:45 pm Officials Meeting
8:30 am Coaches Meeting	1:30 pm Coaches Meeting
8:45 am Meet Starts	1:45 pm Meet Starts

<b>Sunday, March 3, 2013 - Session 5</b>	<b>Sunday, March 3, 2013 - Session 6</b>
7:00 am Warm-up A	11:00 am Warm-up A
7:45 am Warm-up B	11:45 am Warm-up B
7:45 am Officials Meeting	11:45 am Officials Meeting
8:30 am Coaches Meeting	12:30 pm Coaches Meeting
8:45 am Meet Starts	12:45 pm Meet Starts

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- MEETINGS:** There will be an officials meeting 1 hour prior to the start of each session. There will be a coaches meeting immediately after each session of warm ups. The timers meeting will be held 30 minutes prior to the start of each session. The meetings will be held in the hospitality room located at the northeast corner of the pool.
- WARM-UPS:** Warm ups will be conducted in accordance with the guidelines established by USA Swimming, Inc. and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.
- SWIMWEAR RESTRICTION:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
- SUPERVISION:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.3.4A).** Only registered coaches, swimmers and officials will be allowed on the pool deck, more specifically behind the blocks and along the south side of the pool.
- ELIGIBILITY:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on March 1, 2013 determines the age of the swimmer for the entire meet. 1st and 2nd place finishers at the B/C Championship with less than SDQ times will receive a pass to swim the event at the SD State Championship meet. Swimmers receiving a pass will be seeded at the SDQ time and will be considered a qualifier for relays at the State Championship meet. All other swimmers must have attained a state qualifying time between the first day of the Championship Meet of the previous year and the entry deadline date for the current year's Championship Meet. This is a closed meet. Any swimmer who does not meet eligibility requirements may petition, in writing, to the seed committee to be included in this meet. The request must be completed before the entry deadline. All memberships will be checked. The time used must be a qualifying time for the pool that it was swam in. You may not qualify by virtue of a converted time only. However if a time is a qualifying time in the pool it was swam in, it will be honored even if it converts to a non-qualifying time.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. (202.3.4B)
- DECK REGISTRATION:** On Deck USA Swimming registration will not be permitted.
- DECK ENTRIES:** Deck entries will not be allowed.
- SCORING:** Individual Scoring (1-16) - 17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1; Relay Scoring (1-8) - 34-30-28-26-24-22-20-18. All awards and scoring will be determined by the swimmer's final time. The point-scoring age groups shall be 8 & under, 9-10, 11-12, 13-14, 15-16, 17-19. The 13-14, 15-16, 17-19, & 20/Over age groups will be seeded together and will swim together, but will be awarded and scored separately. There will be a non-scoring 20 and Over Age Group.
- PROOF OF TIMES:** All entry times must be proven with complete, official meet results, upon the request of the seed committee. Unverified times or erroneous times may result in disqualification.

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**EVENT LIMIT:** Each swimmer may enter a maximum of seven (7) individual events for the meet with no more than 5 per day.

**RELAYS:** Swimmers may enter a maximum of one relay per day. Each team is entitled to enter a minimum of one relay per event regardless of swimmers' qualifications. However, if a club enters more than one relay in an event, it may have only one (1) swimmer per relay event who has no SD Championship Meet qualifying time. Swimmers who are only eligible to swim in relay events, will be subject to SDLSC head tax. Relays for 8 & under can be a mix of all girls, all boys, or combination thereof.

**SEED COMMITTEE:** The three person committee shall include the Championship Meet Director, Referee, and a Coach of a team attending the Championship Meet whose name is randomly selected by the Meet Director prior to the meet. Errors and omissions may be corrected at the discretion of the seed committee.

**TIME TRIALS:** Time trials will be held at the conclusion of each session at the discretion of the Meet Referee. The following limitations shall apply:

1. The swimmer must be entered in the meet.
2. Time trials will not change awards or scores.
3. The swimmer may only swim a total of 5 individual events per day.
4. There will be no additional cost for time trials.
5. Coaches are responsible to turn in time trial requests to the Meet Director as soon as possible.
6. Time trials should be limited to those swimmers who have a reasonable chance to make their goal time.

**AWARDS:** **OVERALL STATE CHAMPIONS:** One individual patch is awarded to the overall champion when the swimmer first attains first place at a state championship meet in an individual event. One relay patch is awarded to the relay champion team when the relay team swimmers first attains first place at a state championship meet in a relay event. Thereafter, each year the swimmer is awarded a rocker for every first place in individual and relay events.

**INDIVIDUAL AWARDS:** Medals (1st through 8th) and ribbons (9th through 16th) will be awarded to the top sixteen swimmers in each individual event.

**RELAYS:** Medals (1st through 8th) will be awarded in each age group.

**TROPHIES:** TEAM TROPHIES will be awarded to the 1st through 3rd place teams.

**INDIVIDUAL HIGH POINT AWARDS:** High point awards will be awarded to the top three (3) individuals in each age group and gender.

**PERCENTAGE TROPHY** will be awarded to the team with the most points per entry, calculated after excluding relay points. Minimum of 7 swimmers is required to compete for the Percentage Trophy.

**JIM VORHEES SPIRIT AWARD** will be presented to the team demonstrating the best sportsmanship and team spirit at the Championship Meet. The recipients of the spirit award will be determined by a five-person committee comprised of a representative from five teams drawn at random at the beginning of the meet. This award will be given on Sunday.

There will be an Awards Ceremony located in the gym at the conclusion of each session on Saturday and Sunday to present the top 8 awards in each event. Friday's events will be awarded on Saturday. Awards for 9<sup>th</sup> – 16<sup>th</sup> will be ready at the conclusion of the meet on Sunday and should be picked up by the team coach or team representative. Any awards not picked up at the conclusion of the meet on Sunday will be brought to the Spring LSC meeting.

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**ENTRIES:** Teams are encouraged to submit their entries via e-mail using the Hy-Tek program. Send actual times with the indication of the course swum, as the meet management program will convert the times automatically. Also mail a hard copy, along with a check payable to South Dakota Swimming, Inc. to the address below.

Mail Entries to: E-mail: [ascstingrays@abe.midco.net](mailto:ascstingrays@abe.midco.net)  
Joel Mann  
1722 Spruce Dr.  
Aberdeen, SD 57401

**FEES:** \$3.00 South Dakota head tax per swimmer  
\$3.50 per individual event  
\$5.00 per relay event  
\$5.50 per individual facility fee

**There will be no refund of fees.**

**DEADLINE:** All entries and entry fees must be received by **12 noon CST on Monday February 25, 2013** following the B/C Championship Meet.

**PROTESTS:** Protests of any kind must be in writing and will only be accepted by the Referee from the team's coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

**CLERK OF COURSE:** There will be no clerk of course.

**SCRATCHES:** A Scratch box will be located at the Meet Director's Table. Please use the forms for all scratches and deposit in the box. Please have all scratches submitted prior to the start of the coach's meeting each day.

**TIMING:** All teams must provide timers. Along with timing, all clubs are expected to help run the timing equipment and work at the timing table. Sign-up sheets will be posted on the SD Swimming website and time slots not filled will delay the continuation of the meet.

Swimmers entered in the 500 freestyle must provide their own counters. Swimmers entered in the 1000 and 1650 must provide their own counters and timers. If you are in need of either, see the Meet Director.

**OFFICIALS:**

Meet Director:	Mike Hogg (605-216-0100) and Sarah Hogg (605-380-9195)
Entries Chair:	Joel Mann (605-228-4930)
Meet Referee:	Bob Sieve
Administrative Referee:	Edie Mueller
Head Starter:	Dallen Hoefner
Head Stroke & Turn:	Jon Sommervold
Meet Marshal:	Scott Kuck
Head Timer:	Steve Waiflein

All Registered Officials are welcome and needed to volunteer at the Championship Meet. Meet Officials will meet the requirements of 202.3.4

The meet has been designated as a National Qualifying Meet for officials. There will be a National Evaluator at the meet who will be offering training opportunities and evaluations for SD Officials.

**CONCESSIONS:** A concession stand will be open during the entire meet.

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**CLOTHING:** Pure Blue will provide clothing and swim gear for sale. State Championship Meet Shirts will also be available.

**HOSPITALITY:** Coaches and Officials Hospitality will be provided.

**PROGRAMS & RESULTS:** Programs will be available for \$8.00 and each coach will receive 1 complimentary copy and each team will receive 1 copy of the results.

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<u>Girls</u> <b>FRIDAY - SESSION 1</b>			<u>Boys</u>			<u>Girls</u> <b>FRIDAY - SESSION 2</b>			<u>Boys</u>		
1	13 & OVER	1650 Free	2			3	8 & U	100 Free	4		
						5	9 – 10	200 Free	6		
						7	11 – 12	200 Free	8		
						9	13 & Over	200 Free	10		
								5 Minute Warm-Up/Down			
								After Event 9 & After Event 10			
						11	8 & U	100 IM	12		
						13	9 – 10	200 IM	14		
						15	11 – 12	200 IM	16		
						17	13 & Over	200 IM	18		
<b>SATURDAY MORNING -</b>						<b>SATURDAY AFTERNOON – SESSION 4</b>					
<u>Girls</u> <b>SESSION 3</b>			<u>Boys</u>			<u>Girls</u>			<u>Boys</u>		
19	9 – 10	100 IM	20			54	13 & Over	400 IM	55		
21	11 – 12	100 IM	22					5 Minute Warm-Up/Down			
23	8 & U	25 Fly	24					After Event 54 & After Event 55			
25	9 – 10	50 Fly	26			56	13 & Over	100 Fly	57		
27	11 – 12	50 Fly	28					5 Minute Warm-Up/Down			
29	8 & U	50 Back	30					After Event 56 & After Event 57			
31	9 – 10	100 Back	32			58	13 & Over	200 Back	59		
33	11 – 12	100 Back	34					5 Minute Warm-Up/Down			
35	8 & U	50 Breast	36					After Event 58 & After Event 59			
37	9 – 10	100 Breast	38			60	13 & Over	200 Breast	61		
39	11 – 12	100 Breast	40					5 Minute Warm-Up/Down			
41	8 & U	25 Free	42					After Event 60 & After Event 61			
43	9 – 10	50 Free	44			62	13 & Over	50 Free	63		
45	11 – 12	50 Free	46					10 Minute Break			
		10 Minute Break				64	13 & 14	400 Free Relay	65		
47	8 & U	100 Free Relay				66	15 - 19	400 Free Relay	67		
48	9 – 10	200 Free Relay	49					15 Minute Warm-Up/Down			
50	11 – 12	200 Free Relay	51			68	13 & Over	500 Free	69		
		15 Minute Warm-Up/Down									
52	11 – 12	500 Free	53								
<b>SUNDAY MORNING -</b>						<b>SUNDAY AFTERNOON – SESSION 6</b>					
<u>Girls</u> <b>SESSION 5</b>			<u>Boys</u>			<u>Girls</u>			<u>Boys</u>		
70	8 & U	50 Fly	71			99	13 & Over	200 Fly	100		
72	9 – 10	100 Fly	73					5 Minute Warm-Up/Down			
74	11 – 12	100 Fly	75					After Event 54 & After Event 55			
76	8 & U	25 Back	77			101	13 & Over	100 Back	102		
78	9 – 10	50 Back	79					5 Minute Warm-Up/Down			
80	11 – 12	50 Back	81					After Event 56 & After Event 57			
82	8 & U	25 Breast	83			103	13 & Over	100 Breast	104		
84	9 – 10	50 Breast	85					5 Minute Warm-Up/Down			
86	11 – 12	50 Breast	87					After Event 58 & After Event 59			
88	8 & U	50 Free	89			105	13 & Over	100 Free	106		
90	9 – 10	100 Free	91					10 Minute Break			
92	11 – 12	100 Free	93			107	13 & 14	200 Medley Relay	108		
		10 Minute Break				109	15 - 19	400 Medley Relay	110		
94	8 & U	100 Medley Relay						15 Minute Warm-Up/Down			
95	9 – 10	200 Medley Relay	96			111	13 & Over	1000 Free	112		
97	11 – 12	200 Medley Relay	98								

**SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES**

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- 8.1 **The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.**
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.
- 8.4 **General Warm-ups:**
- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
  - (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
  - (3) Feet-first, slip-in entries to be used and allowed from either end of the competition pool only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".
- 8.5 **Starts (Specific Warm-ups):**
- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
  - (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
  - (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
  - (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
  - (5) There shall be one start end during warm-ups.
- 8.6 **Mid-Meet Warm-ups/Cool-downs:**
- (1) Swimmers must be supervised by a USA Swimming member Coach.
  - (2) There will be no diving.
  - (3) Circle swimming only.
  - (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.