

2012 SD Watertown Outdoor Sprint Invitational

Hosted By: Watertown Area Swim Club

June 9th, 2012

Sanction # SD 051612

- Sanction:** This meet is held under the sanction of South Dakota Swimming and USA Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming the city of Watertown, SD, the Watertown Park and Rec Department and the Watertown Area Swim Club (WASC) shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** Watertown Aquatic Center – 118 9th Ave SW (West Hwy 212)
- Course:** 25 meter, 6 lanes; wave-calming dividers; Daktronics timing system with manual backup and scoreboard. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4)
- Audio/
Visual Recording:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (202.3.4 E).
- Water Depth:** Starting end depth 10 feet; midpoint depth 5 feet; turn end depth 4 feet. Turn end water depth meets meet USAS minimum requirement for racing starts per Rule 103.2.3.
- Format:** This will be a Combined meet. Events will be swum as Timed finals.
- Starting Times:** There will be two sets of warm ups.

First Warm-ups will begin at 7:15 am.
with second warm ups beginning at 8:00 a.m.
Meet will begin at 9:00 a.m.
- Meetings:** Coaches meetings will be held at 8:45 a.m.
Officials meeting will be at 8:30 a.m.
Meetings will be held in the building hallway.
- Warm-ups:** Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.
- Swimwear
Restrictions:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.

2012 SD Watertown Outdoor Sprint Invitational

Hosted By: Watertown Area Swim Club

June 9th, 2012

Sanction # SD 051612

- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.3.4A).** Only registered coaches, swimmers and officials will be allowed on the pool deck.
- Eligibility:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on June 9th, 2012 determines the age of the swimmer for the entire meet.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. (202.3.4 B)
- Deck Registration:** On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.
- Deck Entries:** Deck entries will be allowed if space is available and at the discretion of the Meet Referee.
- Scoring:** Individual scoring for ribbons only. No high point awards.
- Event Limit:** Swimmers may swim a maximum of 4 individual events for the meet.
- Meet Length:** USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.
- Seeding:** All swimmers eligible to compete in an event will be seeded together by times regardless of age or gender. Results will be broken down by age groups for awards as described below.
- Time Trials:** There will not be time trials at this meet.
- Awards:** Ribbons will be awarded to the top 16 in each age group category. (6 and under, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18)

2012 SD Watertown Outdoor Sprint Invitational

Hosted By: Watertown Area Swim Club

June 9th, 2012

Sanction # SD 051612

Entries: Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: watertownswim@watertownswim.org
Mail a printed copy of the entries and a check for entry fees payable to Watertown Area Swim Club (WASC). Mail to: PO Box 601, Watertown, SD 57201

Fees: SD Head Tax: \$3.00 per swimmer
Individual Events: \$3.50
Pool Fees: \$6.00 per swimmer

Deadline: All entries and entry fees must be received no later than 6 p.m., Friday June 1, 2012 so that we have an approximate count and can figure a timeline. Late entries will be allowed if the timeline allows additional swimmers and yet will still conclude within the 4 hour timeline.

Protests: Protests of any kind must be submitted to the referee in writing and will only be from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

Concessions: A concession stand will be open during the entire meet.

Officials:

Meet Director:	Donna Bierschbach
Referee:	Janice Pereboom
Starter:	Sue Togel
Marshall	Tim Cummings
Stroke and Turn	Cam Corey
Head Timer	Renee Cummings and Sarah Reiffenberger

Meet Director, Referee, Starters and Stroke & Turn Officials must be registered USA Swimming members for the current year. Meet can be sanctioned before these positions are filled.

Meet Officials will meet the requirements of 202.3.3.

Misc: OFFICIALS WILL BE NEEDED. Please help if you are at the meet.

2012 SD Watertown Outdoor Sprint Invitational

Hosted By: Watertown Area Swim Club

June 9th, 2012

Sanction # SD 051612

Order of Events:

Session 1 – Saturday June 9, 2012

Event Number	Age	Event
1	Open	50 meter freestyle
2	10 and under	25 meter breaststroke
3	13 and over	100 meter breaststroke
4	9-12	50 meter breaststroke
5	10 and under	25 meter backstroke
6	13 and over	100 meter backstroke
7	9-12	50 meter backstroke
8	10 and under	25 meter freestyle
9	13 and over	100 meter butterfly
10	10 and under	25 meter butterfly
11	9-12	50 meter butterfly
12	8 and under	50 meter backstroke
13	Open	100 meter freestyle

Coaches: Event 2, 5, 8 and Event 10 available to 9 and 10 year olds who are competing for their first season or who cannot swim a 50 of that stroke. The Sand area, Lazy River, and one Tube slide will be available for use by all swimmers, siblings, and parents at no charge. So remember the swim suits for everyone.

2012 SD Watertown Outdoor Sprint Invitational

Hosted By: Watertown Area Swim Club

June 9th, 2012

Sanction # SD 051612

SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

8.1 **The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.**

8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.

8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.

8.4 General Warm-ups:

- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
- (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- (3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".

8.5 Starts (Specific Warm-ups):

- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
- (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
- (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
- (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- (5) There shall be one start end during warm-ups.

8.6 Mid-Meet Warm-ups/Cool-downs :

- (1) Swimmers must be supervised by a USA Swimming member Coach.
- (2) There will be no diving.
- (3) Circle swimming only.
- (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.