

2010 SD Britton Invitational Swim Meet
Hosted by BRITTON SWIM TEAM
July 10, 2010
Sanction #: SD051510

- SANCTION:** This meet is held under the sanction of the USA swimming, and South Dakota Swimming, Inc.
- RULES:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- LIABILITY:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming and the City of Britton shall be free of any liability or claims for damages arising from injuries arising by reason of injuries to anyone during the conduct of the event. Also, the above mentioned are not responsible for any lost, stolen or damaged property.
- LOCATION:** Britton City Pool, North Main Street, Britton, SD
- COURSE:** 25-meter pool with 6 lanes and wave breakers. Daktronics timing equipment will be used. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4).
- WATER DEPTH:** Starting end depth is 5 feet; midpoint depth is 4 feet, 3 inches; turn end depth 3 feet 6 inches. Turn end water depth does not meet USAS minimum requirements for racing starts per Rule 103.2.3.
- FORMAT:** This will be a combined meet. Events will be swum as timed finals.
- STARTING TIMES:** There will be one session only. Meet start time 9:00am.
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|---|-----------------------------------|
| General Warm Ups: | 12 & U 7:00am – 7.30am |
| Lane 1-6 circle swim only. | 13 & O 7:45am – 8.15am |
| No diving or sprinting. | |
| Specific Warm Ups | 12 & U 7:30am – 7:45am |
| Lane 1&6 circle swim only. | 13 & O 8:15am – 8:30am |
| NO diving or sprinting. Lane 2, 3, 4, 5 diving & sprinting from starting end, one length, one way only. | |
- MEETINGS:**
- | | | |
|---------------|---|--------------------------|
| 8:20am | - | OFFICIALS MEETING |
| 8:30am | - | COACHES MEETING |
| 9:00am | - | FIRST EVENT |
- Meetings location will be announced.
- WARM-UPS:** Warm ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm up procedures attached will be followed. Lane assignments and times will be sent out after the meet is seeded.
- SWIMWEAR:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Article 102.9.1 and subsequent revisions thereof), its

interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.

SUPERVISION: A USA Swimming member coach must supervise swimmers during warm-ups, competition, and warm-down. Only registered coaches, swimmers, and officials will be allowed on the pool deck.

ELIGIBILITY: All swimmers, coaches, clubs and officials must be a currently registered with USA swimming. Coaches must have current certification required to be a coach. The age of the swimmer on July 10, 2010 determines the age of the swimmer for the entire meet.

DECK REGISTRATION: On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.

DECK ENTRIES: Deck entries will be allowed if space is available and at the discretion of the Meet Referee.

SCORING: Individual Events: 7-5-4-3-2-1
Relays (including mixed): 14-10-8-6-4-2

EVENT LIMIT: Swimmers may swim a maximum of five individual events and two relays per swimmer. Scratches must be turned in at Coaches' Meeting.

MEET LENGTH: USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit rules.

SEEDING: This meet will be seeded as timed finals.

TIME TRIALS: No time trials will be held.

AWARDS: Ribbons will be awarded 1st through 6th places in all individual and relay events (including mixed ages). Heat Ribbons for individual events and relays.

ENTRIES: Teams are encouraged to submit their entries using the Hy-Tek Team Manager program. Each team needs to mail a check and entry fee report to the address below.

MAIL PAPER ENTRIES TO: Sherri Jensen
PO Box 488
Britton, SD 57430
sherrij68@venturecomm.net

FEES: \$2.50 per Individual Event
\$5.00 per Relay
\$3.00 per Swimmer - SD Head Tax
\$2.00 per Swimmer - Team Surcharge
Make checks payable to: Britton Swim Team
There will be no refund on fees

DEADLINES: All entries and entry fees must be received no later than July 3, 2010.

PROTESTS: Protests of any kind must be submitted to the referee in writing and only from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

CONCESSIONS: A concession stand will be open during the entire meet.

OFFICIALS: MEET DIRECTOR: Sherri Jensen, Tel: 605-448-2371
MEET REFEREE: Janice Pereboom
HEAD STARTER: Kay Friebel
MEET MARSHALL: Brian Rabenberg
HEAD STROKE & TURN: Lori Rabenberg
HEAD TIMER: Bill Meyer
Meet Officials will meet the requirements of 202.3.3

PROGRAMS & Programs will be available for \$5.00
RESULTS:

SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

- 8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Warm-ups shall be divided into a general warm-up period and a specific warm-up period. At the LSC Long Course and Short Course Championship Meets, the latter period may include a period for relay take-off practice.
- 8.4 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Meet planners will strive for a limit of no more than 20 swimmers per lane for Short Course meets and no more than 25 swimmers per lane for Long Course meets.
- 8.5 **General Warm-ups:**
- (1) There will be no diving. Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
 - (2) All lanes shall be used only for circle swimming. There shall be no sprint work or pace work.
 - (3) General warm-ups should last a minimum of 30 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- 8.6 **Specific Warm-ups:**
- (1) There will be no diving in the two outside lanes. Again, any swimmer who dives in one of the outside lanes during specifics will be scratched from his/her first individual event of the session. The outside lanes shall be used for circle swimming or for pace work.
 - (3) Diving and backstroke starts will be allowed from the starting end of the all lanes except the outside lanes of the pool. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.
 - (4) Specific warm-ups shall last a minimum of 15 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
 - (5) Relay take-offs – During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- 8.7 **Mid-Meet Warm-ups/Cool-downs:**
- (1) Swimmers must be supervised by a USA Swimming member Coach.
 - (2) There will be no diving.
 - (3) Circle swimming only.
 - (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.

ORDER OF EVENTS

Britton Swim Meet - 7/10/2010 Event List-By Event Number

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|-----|-------------------------------------|-----|----------------------------------|
| 1. | Girls 8 & Under 25 Breaststroke | 41. | Girls 8 & Under 50 Butterfly |
| 2. | Boys 8 & Under 25 Breaststroke | 42. | Boys 8 & Under 50 Butterfly |
| 3. | Girls 9-10 50 Breaststroke | 43. | Girls 9-10 100 Butterfly |
| 4. | Boys 9-10 50 Breaststroke | 44. | Boys 9-10 100 Butterfly |
| 5. | Girls 11-12 50 Breaststroke | 45. | Girls 11-12 100 Butterfly |
| 6. | Boys 11-12 50 Breaststroke | 46. | Boys 11-12 100 Butterfly |
| 7. | Girls 13-19 50 Breaststroke | 47. | Girls 13-19 100 Butterfly |
| 8. | Boys 13-19 50 Breaststroke | 48. | Boys 13-19 100 Butterfly |
| 9. | Girls 8 & Under 50 Freestyle | 49. | Girls 8 & Under 25 Freestyle |
| 10. | Boys 8 & Under 50 Freestyle | 50. | Boys 8 & Under 25 Freestyle |
| 11. | Girls 9-10 100 Freestyle | 51. | Girls 9-10 50 Freestyle |
| 12. | Boys 9-10 100 Freestyle | 52. | Boys 9-10 50 Freestyle |
| 13. | Girls 11-12 100 Freestyle | 53. | Girls 11-12 50 Freestyle |
| 14. | Boys 11-12 100 Freestyle | 54. | Boys 11-12 50 Freestyle |
| 15. | Girls 13-19 100 Freestyle | 55. | Girls 13-19 50 Freestyle |
| 16. | Boys 13-19 100 Freestyle | 56. | Boys 13-19 50 Freestyle |
| 17. | Girls 8 & Under 100 Freestyle Relay | 57. | Mixed 4-19 200 Freestyle Relay |
| 18. | Boys 8 & Under 100 Freestyle Relay | 58. | Girls 8 & Under 50 Backstroke |
| 19. | Girls 9-10 200 Freestyle Relay | 59. | Boys 8 & Under 50 Backstroke |
| 20. | Boys 9-10 200 Freestyle Relay | 60. | Girls 9-10 100 Backstroke |
| 21. | Girls 11-12 200 Freestyle Relay | 61. | Boys 9-10 100 Backstroke |
| 22. | Boys 11-12 200 Freestyle Relay | 62. | Girls 11-12 100 Backstroke |
| 23. | Girls 13-19 200 Freestyle Relay | 63. | Boys 11-12 100 Backstroke |
| 24. | Boys 13-19 200 Freestyle Relay | 64. | Girls 13-19 100 Backstroke |
| 25. | Girls 8 & Under 25 Backstroke | 65. | Boys 13-19 100 Backstroke |
| 26. | Boys 8 & Under 25 Backstroke | 66. | Girls 8 & Under 25 Butterfly |
| 27. | Girls 9-10 50 Backstroke | 67. | Boys 8 & Under 25 Butterfly |
| 28. | Boys 9-10 50 Backstroke | 68. | Girls 9-10 50 Butterfly |
| 29. | Girls 11-12 50 Backstroke | 69. | Boys 9-10 50 Butterfly |
| 30. | Boys 11-12 50 Backstroke | 70. | Girls 11-12 50 Butterfly |
| 31. | Girls 13-19 50 Backstroke | 71. | Boys 11-12 50 Butterfly |
| 32. | Boys 13-19 50 Backstroke | 72. | Girls 13-19 50 Butterfly |
| 33. | Girls 8 & Under 50 Breaststroke | 73. | Boys 13-19 50 Butterfly |
| 34. | Boys 8 & Under 50 Breaststroke | 74. | Girls 8 & Under 100 Medley Relay |
| 35. | Girls 9-10 100 Breaststroke | 75. | Boys 8 & Under 100 Medley Relay |
| 36. | Boys 9-10 100 Breaststroke | 76. | Girls 9-10 200 Medley Relay |
| 37. | Girls 11-12 100 Breaststroke | 77. | Boys 9-10 200 Medley Relay |
| 38. | Boys 11-12 100 Breaststroke | 78. | Girls 11-12 200 Medley Relay |
| 39. | Girls 13-19 100 Breaststroke | 79. | Boys 11-12 200 Medley Relay |
| 40. | Boys 13-19 100 Breaststroke | 80. | Girls 13-19 200 Medley Relay |
| | | 81. | Boys 13-19 200 Medley Relay |