

# 2012 SD Short Course B/C Championship Swim Meet

Hosted by Snowfox Swim Team

02/24/2012 to 02/26/2012

Meet Sanction # SD 011812

Time Trial Sanction # SD 011912

- Sanction: This meet is held under the sanction of South Dakota Swimming Inc. & USA Swimming Inc.
- Rules: The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability: In granting this sanction it is understood and agreed that USA Swimming Inc., South Dakota Swimming Inc., Snowfox Swim Team and the Sioux Falls YWCA shall be free of any liability or claims for damages arising from injuries to anyone during the conduct of the event and while traveling to and from the meet.
- Location: YWCA Avera  
300 W. 11<sup>th</sup> Street, Sioux Falls, SD
- Course: 25 yard, 6 lane pool with wave-calming dividers; Daktronics timing equipment with manual back up will be used. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4)
- Water Depth: Starting end depth 10'; midpoint depth 4'6"; turn end depth 3'6". Turn end water depth does not meet USAS minimum requirement for racing starts per Rule 103.2. All shallow end starts during the 100 yard relays will be in-water starts only.
- Format: This will be a combined meet swum as timed finals
- Start Times:
- |   |                                    |
|---|------------------------------------|
| <b><u>Session 1: Friday (Afternoon)</u></b> | <b><u>Session 2: Friday PM</u></b> |
| Warm-Up A – 1:00pm to 1:45pm                | Warm-Up A – 4:15pm to 5:00pm       |
| Meet Start: 2:00pm                          | Warm-Up B – 5:00pm to 5:45pm       |
|   | Meet Start: 6:00pm                 |
| <b><u>Session 3: Saturday</u></b>           | <b><u>Session 4: Sunday</u></b>    |
| Warm-Up A – 8:00am to 8:45am                | Warm-Up A – 8:00am to 8:45am       |
| Warm-Up B – 8:45am to 9:30am                | Warm-Up B – 8:45am to 9:30am       |
| Meet Start: 9:45 am                         | Meet Start: 9:45am                 |
- \*\* Teams will be notified of warm-up session assignments no later than **Wednesday, February 22<sup>nd</sup>\*\***
- Meetings: There will be an Officials meeting 30 minutes prior to the start of every session located in the Aerobics Studio. There will be Timers meetings 15 minutes prior to the start of every session at the start end of the pool. There will be coaches meetings 15 minutes prior to the start of each session at the discretion of the Meet Referee located in the Aerobics Studio.
- Warm-ups: Warm-Ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-Up procedures will be followed at this meet.
- Swimwear Restrictions: Swimwear worn at South Dakota swim meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision: A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement.** Only registered coaches, swimmers and officials will be allowed on the pool deck (202.3.3).
- Eligibility: All swimmers, coaches, clubs and officials must be currently registered with USA Swimming and SD Swimming. Age as of the first day of the meet determines the age of the swimmer for the entire meet. Swimmers may enter events in which they have **NOT** attained a state qualifying time between the first day of the B/C Championships Meet of the previous year and the entry deadline date for the current year's B/C Championship Meet.

- Deck  
Registration: Deck registrations for USA Swimming new members will not be permitted at this meet.
- Deck Entries: Deck entries will not be allowed at this meet.
- Scoring: Individual scoring (1<sup>st</sup> to 16<sup>th</sup>) 17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1; Relay scoring (1<sup>st</sup> to 8<sup>th</sup>) 34-30-28-26-24-22-20-18. All awards and scoring will be determined by the swimmer's final time. The point scoring age groups shall be 8 & Under, 9-10, 11-12, 13-14, 15-16, 17-19. The 13-14, 15-16, 17-19, 20 & Over age groups will be seeded together and will swim together but will be awarded and scored separately.
- Proof of Times: All entry times must be proven with complete, official meet results, upon the request of the seed committee. Unverified times or erroneous times may result in disqualification.
- Event Limit: Each swimmer may swim a maximum of seven (7) individual events for the meet with no more than five (5) events per day.
- Relays: Swimmers may enter a maximum of one (1) relay per day. A swimmer may not swim a relay leg that corresponds to an event in which the swimmer has a SD Qualifying Time. Relays for 8 & Under can be a mix of all girls, all boys or any combination thereof.
- Seed Committee: The three person committee shall include the Meet Director, Referee and a Coach of a team attending the meet whose name is randomly selected by the Meet Director prior to the meet. Entry errors and omissions may be corrected at the discretion of the seed committee.
- Time Trials: Time trials will be held at the conclusion of each session at the discretion of the Meet Referee. The following limitations shall apply:
1. The swimmer must be entered in the meet
  2. Time trials will not change awards or scores.
  3. The swimmer may only swim a total of 5 events per day.
  4. There will be no additional cost for time trials.
  5. Coaches are responsible to turn in time trial requests to the Meet Director as soon as possible.
  6. Time trials should be limited to those who have a reasonable chance to make their goal time.
- Exhibition: There will be a non-scoring 20 & Over age group.
- Awards: **INDIVIDUAL AWARDS:** Rosettes (1<sup>st</sup> to 3<sup>rd</sup>) and ribbons (4<sup>th</sup> to 16<sup>th</sup>) will be awarded to the top sixteen swimmers in each event. 1<sup>st</sup> & 2<sup>nd</sup> place finishers with less than SDQ times will receive a pass to swim that event at the following SD State Championship Meet. Swimmers receiving a pass will be seeded at the minimum SDQ time and will be considered a qualifier for relays at the State Championship Meet.  
**RELAYS:** Rosettes (1<sup>st</sup> to 3<sup>rd</sup>) and ribbons (4<sup>th</sup> to 8<sup>th</sup>) will be awarded in each age group and gender.  
**TROPHIES:** TEAM TROPHIES will be awarded to the 1<sup>st</sup> to 3<sup>rd</sup> place teams. PERCENTAGE TROPHY will be awarded to the team with the most points per entry, calculated after excluding relay points. Minimum of seven (7) swimmers is required to compete for the Percentage Trophy. The ELKS TEAM SPIRIT AWARD will be presented to the team demonstrating the best sportsmanship and team spirit at the B/C Championship Meet. The recipients of the spirit award will be determined by a five (5) person committee comprised of a representative from five (5) teams drawn at random at the beginning of the meet. This award will be given on Sunday of the meet.
- Entries: Teams MUST submit their entries using the Hy-Tek Team Manager program via email. Send actual times with the indication of the course swum, as the meet management program will convert the times accordingly.
- Email Entries: Email to: [snowfoxswim@yahoo.com](mailto:snowfoxswim@yahoo.com)  
Mail entry fees to: Snowfox Swim Team  
P.O. Box 758  
Sioux Falls, SD 57101
- Fees: The following fees apply:  
\$3.50 Per Individual Event  
\$5.00 Per Relay Team (\$1.25 per swimmer)  
\$3.00 South Dakota Head Tax  
\$12.00 Per Swimmer Facility Fee

Make checks out to Snowfox Swim Team. ***There will be no refund of fees.***

Deadline: **All entries MUST be submitted via email by 6:00pm on Monday, February 20, 2012.**

Protests: Protests of any kind will only be accepted by the Meet Referee in writing and only from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

Concessions: There will be a concession stand available in the lobby for Friday, Saturday & Sunday.

Officials:

Entries Chair:	Clyde Smith
Meet Director:	Dave Honner
Meet Referee:	Russ Miller
Starter:	Tom Austin and Aaron Boerema
Head Stroke & Turn:	Jon Sommervold
Meet Marshalls:	Shannon and Gary Klarenbeek, Jodi Sather, Scott Bickler, Molly and Peter Liberko
Head Timers:	Brenda Washenberger, Pat Lawler, Sherri Barkley and Dave Needham

***\*\*All Registered Officials are welcome and needed to volunteer at the B/C Championship Meet\*\****  
Meet officials will meet the requirements of 202.3.3

Clothing: Pure Blue will provide clothing and swim gear for sale during the meet.

Clerk of Course: There will be no clerk of course.

Scratches: A scratch box will be located at the Timing Table. Please use the forms provided for all scratches and deposit them into the scratch box. Please have all scratches submitted prior to the start of each session. Scratch forms can be found at the Timing Table.

Parade of Teams: There will be a Parade of Teams on Saturday following event #48. By the end of warm-ups on Friday, each Coach must provide the Meet Director with the following information: Name of Team, Total Number of Swimmers, Number of Swimmers at the Meet, Senior Swimmers and Coaches Names.

Timing: Each team is responsible for providing lane timers during the meet. Swimmers entered in the 500 Free must provide their own counters. Swimmers entered in the 1650 & 1000 Free must provide their own counters & timers.

Misc: **CAMPING WILL BE AVAILABLE IN THE GYM ONLY. NO CAMPING ON THE POOL DECK, THIS INCLUDES SWIMMERS. HOSPITALITY AND RIBBON DISTRIBUTION WILL BE LOCATED IN THE AEROBICS ROOM ABOVE THE POOL FOR COACHES AND OFFICIALS ONLY. ABSOLUTELY NO GLASS OR FOOD IN THE POOL AREA. PLEASE HELP PRESERVE THE CARPET IN ANY LOCATION AT THE YWCA BY MAKING SURE YOU ARE DRY WHILE OUTSIDE THE POOL AREA.**

**2012 SD Short Course B/C Championship Order Of Events**

<b>Session 1: Friday (Afternoon)</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	13 & Over 1650 Free	2

<b>Session 2: Friday PM</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
3	8 & Under 100 Free	4
5	9-10 200 Free	6
7	11-12 200 Free	8
9	13 & Over 200 Free	10
5 Minute Warm-Up/Cool Down		
11	8 & Under 100 IM	12
13	9-10 200 IM	14
15	11-12 200 IM	16
17	13 & Over 200 IM	18

<b>Session 3: Saturday</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
19	9-10 100 IM	20
21	11-12 100 IM	22
23	13 & Over 400 IM	24
5 Minute Warm-up/Cool Down		
25	8 & Under 25 Fly	26
27	9-10 50 Fly	28
29	11-12 50 Fly	30
31	13 & Over 100 Fly	32
5 Minute Warm-up/Cool Down		
33	8 & Under 50 Back	34
35	9-10 100 Back	36
37	11-12 100 Back	38
39	13 & Over 200 Back	40
5 Minute Warm-up/Cool Down		
41	8 & Under 50 Breaststroke	42
43	9-10 100 Breaststroke	44
45	11-12 100 Breaststroke	46
47	13 & Over 200 Breaststroke	48
5 Minute Warm-up/Cool Down		
30 Minute Break - Parade of Athletes		
10 Minute Warm-Up		
49	8 & Under 25 Free	50
51	9-10 50 Free	52
53	11-12 50 Free	54
55	13 & Over 50 Free	56
10 Minute Warm-Up/Cool Down		
57	Mixed 8 & Under 100 Free Relay	57
58	9-10 200 Free Relay	59
60	11-12 200 Free Relay	61
62	13-14 400 Free Relay	63
64	15-19 400 Free Relay	65
15 Minute Warm-Up/Cool Down		
66	11-12 500 Free	67
68	13 & Over 500 Free	69

<b>Session 4: Sunday</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
70	8 & Under 50 Fly	71
72	9-10 100 Fly	73
74	11-12 100 Fly	75
76	13 & Over 200 Fly	77
5 Minute Warm-up/Cool Down		
78	8 & Under 25 Back	79
80	9-10 50 Back	81
82	11-12 50 Back	83
84	13 & Over 100 Back	85
5 Minute Warm-up/Cool Down		
86	8 & Under 25 Breaststroke	87
88	9-10 50 Breaststroke	89
90	11-12 50 Breaststroke	91
92	13 & Over 100 Breaststroke	93
5 Minute Warm-up/Cool Down		
94	8 & Under 50 Free	95
96	9-10 100 Free	97
98	11-12 100 Free	99
100	13 & Over 100 Free	101
10 Minute Warm-Up/Cool Down		
102	Mixed 8 & Under 100 Medley Relay	102
103	9-10 200 Medley Relay	104
105	11-12 200 Medley Relay	106
107	13-14 400 Medley Relay	108
109	15-19 400 Medley Relay	110
15 Minute Warm-Up/Cool Down		
111	13 & Over 1000 Free	112

## **SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES**

**8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.**

8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.

8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.

8.4 General Warm-ups:

- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
- (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- (3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".

8.5 Starts (Specific Warm-ups):

- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
- (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
- (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
- (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- (5) There shall be one start end during warm-ups.

8.6 Mid-Meet Warm-ups/Cool-downs:

- (1) Swimmers must be supervised by a USA Swimming member Coach.
- (2) There will be no diving.
- (3) Circle swimming only.
- (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.