

2012 SD Brookings Last Chance Meet

Hosted by Brookings Swim Club

Sunday, February 5, 2012

Sanction # SD 011212

- Sanction:** This meet is held under the sanction of South Dakota Swimming and US Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming, the city of Brookings, SD, South Dakota State University, and Brookings Swim Club shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** SDSU Pool is located on the second floor of the Stanley J. Marshal HPER Center, 11th Street and 16th Ave., Brookings, SD. Parking will be available on the north side of the building. Any cars parked illegally in the fire lane will be ticketed and towed at the owner's expense.
- Course:** 25 yard pool. There are 6 lanes, each is 7' wide, with competitor wave erase lane lines. Daktronics ® timing equipment with manual backup will be used. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4).
- Water Depth:** There are 6 lanes, each lane having its own uniform depth with Lane 1 at 4' deep. Each lane gradually gets deeper to Lane 6 at 5'6". Turn end water depth meets USAS minimum requirement for racing starts per Rule 103.2.
- Format:** This will be a Split meet. Events will be swum as timed finals. All heats will be seeded as mixed gender and seeded by time. 12 & under session will be run during the morning session and 13 & Over session will be run as timed finals following the conclusion of the 12 & Under session.
- Starting Times:** WARM-UPS – Morning Session:
Warm-up A : 7:00-7:45AM
Warm-up B: 7:45-8:30 AM Meet starts at 8:45 AM
WARM-UPS – Afternoon session:
Warm-up A: immediately following the conclusion of morning session
Warm-up B: 45 minutes after conclusion of the morning Session
Meet starts after the conclusion of the warm-ups for the afternoon session.
Timeline will be sent to coaches no later than Wednesday, February 1st.
- Meetings:** Officials meeting at 8:15 AM/coaches meeting at 8:30 in the hospitality room (if necessary).
- Warm-ups:** Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.
- Swimwear Restrictions:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.9.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.** Only registered coaches, swimmers and officials will be allowed on the pool deck.

- Eligibility: All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on the first day of the meet determines the age of the swimmer for the entire meet.
- Deck Registration: On Deck USA Swimming registration will not be permitted
- Deck Entries: Deck entries will be allowed if space is available and at the discretion of the Meet Referee.
- Scoring: No scores will be kept for this meet.
- Event Limit: Swimmers may swim a maximum of 4 individual events for the meet.
- Meet Length: USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.
- Seeding: All events will be seeded as mixed gender and seeded by time. All events will be swum slowest to fastest. There will be a positive check-in for events 13: 11-12 mixed 500 free and 20: 13&over mixed 1000 free.
- There will be no 'no times' (NT) allowed.** Coaches are asked to please make a good estimate of times in the case of a swimmer without a time in an event.
- Time Trials: There will be no time trials.
- Awards: Ribbons will be awarded for 1st through 8th place in each age group for individual events. Age groups will be 6 & U, 7-8, 9-10, 11-12, 13-14, 15-18, 19 & over. No awards will be given for 19 and over.
- Heat Winners: We're going to do a 'chance wheel' for heat winners. The heat winners will pick up their ticket from the head timer and go to the heat winner table. At the table, they'll spin a wheel and then get to pick a prize from the color section that they land in. Also, swimmers can save their heat winner tickets to trade in for a larger prize.
- Entries: Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: **BSC4meets@yahoo.com**. Mail a printed copy of the entries and a check for entry fees payable to BSC.
- Mail to: Wendy Ahrendsen, 951 Broken Bow Trail, Brookings, SD 57006
- Fees:
- | | |
|----------------------|--------------------|
| SD Head Tax: | \$3.00 per swimmer |
| Individual Events: | \$3.50 per event |
| Facility/Timing Fee: | \$8.00 per swimmer |
- Deadline: All entries and entry fees must be received no later than Thursday, January 26th.
- Protests: Protests of any kind must be submitted to the referee in writing and will only be from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

Concessions: A concession stand will be open from 11:00 AM until 4:00 PM only.

Camping: Camping will be outside the pool deck. (There will be no camping on the deck; bleachers only available for watching the meet).

Officials: Meet Director: Wendy Ahrendsen Phone # 605-692-5767
Referee: Edie Mueller
Starter: Amy Dunkle
Marshall: Joel Young
Head Timer: Carol Morton

Meet Officials will meet the requirements of USAS Rule 202.3.4.

Order of Events:

Session 1

EVENT #	EVENT NAME
1	11-12 mixed 200 IM
2	12 & under mixed 50 freestyle
3	8 & under mixed 50 backstroke
4	9-12 mixed 100 backstroke
5	8 & under mixed 25 breaststroke
6	9-10 mixed 50 breaststroke
7	11-12 mixed 100 breaststroke
8	12 & under mixed 100 freestyle
9	8 & under mixed 25 butterfly
10	9-12 mixed 50 butterfly
11	10 & under mixed 100 IM
12	9-10 mixed 200 freestyle
13	11-12 mixed 500 freestyle

Session 2

EVENT #	EVENT NAME
14	13&over mixed 50 free
15	13&over mixed 200 breaststroke
16	13&over mixed 100 butterfly
17	13&over mixed 100 freestyle
18	13&over mixed 100 backstroke
19	13&over mixed 200 IM
20	13&over mixed 1000 free

SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.

8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.

8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.

8.4 General Warm-ups:

- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
- (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- (3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".

8.5 Starts (Specific Warm-ups):

- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
- (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
- (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
- (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- (5) There shall be one start end during warm-ups.

8.6 Mid-Meet Warm-ups/Cool-downs:

- (1) Swimmers must be supervised by a USA Swimming member Coach.
- (2) There will be no diving.
- (3) Circle swimming only.
- (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.