

# 2012 SD Black Hills Gold Invitational

Hosted by Black Hills Gold Swimming

January 28 - 29, 2012

Sanction SD 122111

- Sanction:** This meet is held under the sanction of South Dakota Swimming and USA Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of this meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming Inc., South Dakota Swimming, the Donald E Young Center, the City of Spearfish, and the Black Hills Gold Swimming Swim Team shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event .
- Location:** Donald E Young Center Pool  
Black Hills State University  
1200 University St., Spearfish, SD
- Course:** 25 Meters; 6 lanes; Wave-calming dividers; Daktronics Timing System with manual back-up. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4).
- Water Depth:** Starting end depth 10 feet; midpoint depth 5 feet; turn end depth 4 feet. Turn end water depth meets USAS minimum requirement for racing starts per Rule 103.2. Fly-over starts may be used at the discretion of the Meet Referee.
- Format:** Events will be swum as timed finals.
- Starting Times:** Four Sessions. Warm ups will begin at 8:00 a.m. and the meet begins at 9:45 a.m. each day. Warm ups will be divided depending on the number of swimmers and will be communicated to the coaches prior to the meet.
- Meetings:** Officials meeting at 9:15 a.m. in coach's room (Yellow Jacket room). Coach's meeting at 9:30 a.m. in coach's room. Meet begins at 9:45 a.m.
- Warm-ups:** Warm ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.
- Swimwear Restrictions:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Only registered coaches, swimmers and officials will be allowed on the pool deck.

Eligibility: All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on January 28, 2012 determines the age of the swimmer for the entire meet.

Deck

Registration: On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.

Deck Entries: Deck entries will be allowed if space is available and at the discretion of the Meet Referee.

Scoring: Points will be scored 11, 9, 8, 7, 6, 5, 4, 3, 2, 1 for individual events and doubled for relays.

Event Limit: Swimmers may swim a total of 8 events and 2 relays with a maximum of 4 events and 1 relay per day. Swimmers entered in the 400 and 1500 freestyle must provide their own timers and counters.

Meet Length: USA Swimming rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules. Some relay events may be eliminated at the discretion of the Meet Referee in order to comply with the time limit and refunds will be provided.

Seeding: Swimmers will be seeded slowest to fastest in timed final format with the exception of the 400 and 1500 freestyle which will be seeded fastest to slowest.

Time Trials: There will be no time trials at this event.

Awards: Awards will be given for the following age groups:  
8-U, 9-10, 11-12, 13-14, 15-16, and 17-18.

Awards for relays will be for age groups:  
8-U, 9-10, 11-12, 13&O.

Ribbons will be awarded for first thru tenth place in each event.

Entries: Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. You may email your entries to [teena.huber@fib.com](mailto:teena.huber@fib.com). Mail a printed copy of the entries and a check for entry fees payable to Black Hills Gold Swimming. Mail to:

Teena Huber  
810 S. 33<sup>rd</sup> Street  
Spearfish, SD 57783

Fees: SD Head Tax: \$3.00 per swimmer  
Individual Event: \$3.00 per event per swimmer  
Relay Event: \$5.00 per RELAY (\$1.25 per swimmer)

Facility and Timing Fee: \$14.00 per swimmer

Deadline: All entries and entry fees must be received no later Friday, January 20, 2012.

Protests: Protests of any kind must be submitted to the referee in writing and will only be from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

Concessions: A concession stand will be open during the entire meet.

**The Young Center does not allow coolers to be brought into the building.**

Officials:	Meet Director:	Teena Huber	605.641.3557
	Meet Referee:	Troy Rommen	
	Meet Starter:	Glen Lewis	
	Meet Marshall:	Jennifer West	
	Head Timer:	Roxanne Lewis	

Meet Officials will meet the requirements of 202.3.4.

## BLACK HILLS GOLD INVITATIONAL

SATURDAY, JANUARY 28, 2012

Session 1

SUNDAY, JANUARY 29, 2012

Session 3

<u>GIRLS</u>		<u>BOYS</u>		<u>GIRLS</u>		<u>BOYS</u>
1	13 & O 400 IM	2		33	13 & Over 200 IM	34
3	8 & U 100 <b>Medley Relay</b>	4		35	8 & U 100 <b>Free Relay</b>	36
5	200 <b>Medley Relay</b>	6		37	200 <b>Free Relay</b>	38
7	8 & U 25 Fly	8		39	8 & U 50 Fly	40
9	9-12 50 Fly	10		41	9-12 100 Fly	42
11	13 & Over 100 Fly	12		43	13 & Over 200 Fly	44
13	8 & U 25 Free	14		45	Open 50 Freestyle	46
15	9 & Over 100 Free	16		47	Under 12 100 IM	48
17	8 & U 25 Back	18		49	8 & Under 50 Back	50
19	9-12 50 Back	20		51	9-12 100 Back	52
21	13 & Over 100 Back	22		53	13 & Over 200 Back	54
23	9-12 200 IM	24		55	8 & Under 25 Breast	56
25	8 & Under 50 Breast	26		57	9-12 50 Breast	58
27	9-12 100 Breast	28		59	13 & Over 100 Breast	60
29	13 & Over 200 Breast	30		61	9-12 200 Freestyle	62
	<u>Session 2</u>			63	13 & Over 200 Freestyle	64
	(15 minute warm-up)				<u>Session 4</u>	
31	13 & Over Mixed 1500 Free				15 Minute Warm Up	
				65	13 & Over Mixed 400 Free	

Swimmers entered in the 400 and 1500 freestyle must provide their own timers and counters.

## SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

**8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.**

8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.

8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.

8.4 General Warm-ups:

- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
- (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- (3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".

8.5 Starts (Specific Warm-ups):

- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
- (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
- (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
- (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- (5) There shall be one start end during warm-ups.

8.6 Mid-Meet Warm-ups/Cool-downs:

- (1) Swimmers must be supervised by a USA Swimming member Coach.
- (2) There will be no diving.
- (3) Circle swimming only.
- (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.