

Corrected December 28,2009

Session 1: Friday Night

<u>Girls</u>		<u>Boys</u>
1	8 & Under 100 Free	2
3	9 & 10 200 Free	4
5	11 & 12 200 Free	6
7	13 & Over 200 Free	8
9	8 & Under 100 IM	10
11	9 & 10 200 IM	12
13	11 & 12 200 IM	14
15	13 & Over 200 IM	16
	10 minute warm-Up	
17	Mixed 13 & Over 1650 Free	17

Session 2: Saturday Morning

<u>Girls</u>		<u>Boys</u>
18	9 & 10 100 IM	19
20	11 & 12 100 IM	21
22	Mixed 12 & Under 200 Free Relay	22
23	8 & Under 25 Fly	24
25	9 & 10 50 fly	26
27	11 & 12 50 Fly	28
29	8 & Under 50 Back	30
31	9 & 10 100 Back	32
33	11 & 12 100 Back	34
35	8 & Under 50 Breast	36
37	9 & 10 100 Breast	38
39	11 & 12 100 Breast	40
41	8 & Under 25 Free	42
43	9 & 10 50 Free	44
45	11 & 12 50 Free	46
	10 Minute Warm-Up	
47	Mixed 12 & Under 500 Free	47

Session 3: Saturday Afternoon

<u>Girls</u>		<u>Boys</u>
48	Mixed 13 & Over 400 IM	48
49	13 & 14 200 Free Relay	50
51	15 & Over 200 Free Relay	52
	10 Minute Warm-Up	
53	13 & 14 100 Fly	54
55	15 & Over 100 Fly	56
	10 Minute Warm-Up	
57	13 & 14 200 Back	58
59	15 & Over 200 Back	60
	10 Minute Warm-Up	
61	13 & 14 200 Breast	62
63	15 & Over 200 Breast	64
	10 Minute Warm-Up	
65	13 & 14 50 Free	66
67	15 & Over 50 Free	68
	10 Minute Warm-Up	
69	Mixed 13 & Over 500 Free	69

Session 4: Sunday Morning

<u>Girls</u>		<u>Boys</u>
70	Mixed 8 & Under 100 IM Relay	70
71	Mixed 9-12 200 IM Relay	71
72	8 & Under 50 Fly	73
74	9 & 10 100 fly	75
76	11 & 12 100 fly	77
78	8 & Under 25 Back	79
80	9 & 10 50 Back	81
82	11 & 12 50 Back	83
84	8 & Under 25 Breast	85
86	9 & 10 50 Breast	87
88	11 & 12 50 Breast	89
90	8 & Under 50 Free	91
92	9 & 10 100 Free	93
94	11 & 12 100 Free	95

Session 5: Sunday Afternoon

<u>Girls</u>		<u>Boys</u>
96	13 & 14 200 IM Relay	97
98	15 & Over 200 IM Relay	99
	10 Minute Warm-Up	
100	13 & 14 200 Fly	101
102	15 & Over 200 Fly	103
	10 Minute Warm-Up	
104	13 & 14 100 Back	105
106	15 & Over 100 Back	107
	10 Minute Warm-Up	
108	13 & 14 100 Breast	109
110	15 & Over 100 Breast	111
	10 Minute Warm-Up	
112	13 & 14 100 Free	113
114	15 & Over 100 Free	115
	10 Minute Warm-Up	
116	Mixed 13 & Over 1000 Free	116