

2010 SD 47th Annual Charity Invitational
Hosted by Yankton Swim Team
June 25 – 26, 2010
Sanction # SD 051310

- Sanction:** This meet is held under the sanction of South Dakota Swimming and US Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming the city of Yankton, and the Yankton Swim Team shall be free of any liability or claims for damages arising from injuries arising by reason of injuries to anyone during the conduct of the event
- Location:** Memorial Park Swimming Pool, 21st & Douglas, Yankton, SD
- Course:** 50 meter pool, 8 lanes with wave-calming dividers (10 lanes total, the two outside lanes remain unused during the meet). We will use an electronic timing system by Daktronics with manual backup and Hytek Meet Manager software. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4).
- Water Depth:** Starting end depth: 12'; midpoint depth: 5'; turn end depth: 3.6'. Turn end water depth does not meet USAS minimum requirement for racing starts per Rule 103.2.3.
- Format:** This will be a combined meet. Events will be swum as timed finals.
- Starting Times:** Warm-ups will start at 5:00 P.M. on the 25th and 8:00 A.M. on the 26th. There will be 2 sessions. Friday's session will begin at 6PM and Sunday's session will begin at 9:00 A.M.
- Meetings:** There will be an officials' meeting approximately ½ hour before the start of the meet. There will be coaches' meeting 15 minutes before each session as well as timers meetings at the head timer's discretion. There will be an official's tent to the south of the pool and concession stand.
- Warm-ups:** Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.
- Swimwear Restrictions:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.9.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Only registered coaches, swimmers and officials will be allowed on the pool deck.
- Eligibility:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on June 25th, 2010 determines the age of the swimmer for the entire meet.
- Deck Registration:**
On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.
- Deck Entries:** Deck entries will be allowed if space is available and at the discretion of the Meet Referee.
- Scoring:** The meet will be timed finals. The meet will be scored as follows: Individual: 9-8-7-6-5-4-3-2-1. Fly-over start procedure may be used at the discretion of the Meet Referee.
- Event Limit:** Swimmers may swim a maximum of 10 individual events for the meet, but no more than 5 per day.

- Meet Length:** USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.
- Seeding:** The meet will be pre-seeded using Hytek.
- Time Trials:** There will be no time trials.
- Awards:** Ribbons will be awarded for 1st – 6th place in individual events. Six and under age group will be awarded separately for the 50 back and 50 freestyle only. Swimmers six years and younger competing in events other than the 50 free and back will be awarded as 8 and under. Heat awards will be given for events. Team awards for first, second, and third place will be cash donations to a local Charity of the winning teams' choice (See attached instructions).
- Entries:** Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: DeeRhonda Anderson, email: DeeRhonda@vyn.midco.net. You will receive an email confirmation of your entries. If you send entries and do not receive confirmation via email, please call DeeRhonda at 605.661.1060. Scratches must be handed to the meet director 30 minutes prior to the beginning of warm-ups. A scratch/ad form will be included in each coach's packet. Swimmers entered in the 800 free are responsible for providing two timers and their own counter. Mail a printed copy of the entries and a check for entry fees payable to Yankton Swim Team. Mail to: PO Box 374, Yankton, SD 57078
- Fees:** SD Head Tax: \$3.00 per swimmer Individual Events: \$3.50 Pool Fees: \$4.00 per swimmer
- Deadline:** All entries and entry fees must be received no later than June 18, 2010.
- Protests:** Protests of any kind must be submitted to the referee in writing and will only be from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.
- Concessions:** A concession stand will be open during the entire meet.
- Officials:** Meet Director: DeeRhonda Anderson 605.661.1060 Referee: Greg Rorris
Starter: Duke Ellingson Stroke & Turn Judge: Jim Kinsley
Marshall: Kynan Trail Head Timers: John Slemp, Teri Brooks
- Meet Officials will meet the requirements of 202.3.3**

Order of Events

Session 1
Friday June 25, 2010
Warm-ups: 5:00 pm
Meet Starts: 6:00 pm

| Girls | Event | Boys |
|-------|------------------|------|
| 1 | 13 & O 400 IM | 2 |
| 3 | 12 & U 50 Fly | 4 |
| 5 | Open 100 Back | 6 |
| 7 | Open 100 Fly | 8 |
| 9 | 11 & O 200 Back | 10 |
| 11 | 12 & U 50 Breast | 12 |
| 13 | Open 100 Free | 14 |
| 15 | 13 & O 800 Free | 16 |

Session 2
Saturday June 26, 2010
Warm-ups: 8:00
Meet Starts: 9:00

| Girls | Event | Boys |
|-------|-------------------|------|
| 17 | 11 & O 200 Fly | 18 |
| 19 | 9 & O 200 Free | 20 |
| 21 | Open 100 Breast | 22 |
| 23 | 12 & U 50 Back | 24 |
| 25 | 11 & O 200 Breast | 26 |
| 27 | Open 50 Free | 28 |
| 29 | Open 200 IM | 30 |
| 31 | 11 & O 400 Free | 32 |

SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

- 8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA Swimming member-coach. Coaches shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Warm-ups shall be divided into a general warm-up period and a specific warm-up period. At the LSC Long Course and Short Course Championship Meets, the latter period may include a period for relay take-off practice.
- 8.4 Every reasonable effort shall be made to equalize the number of swimmers per lane during warm-ups. Meet planners will strive for a limit of no more than 20 swimmers per lane for Short Course meets and no more than 25 swimmers per lane for Long Course meets.
- 8.5 **General Warm-ups:**
- (1) There will be no diving. Any swimmer who dives in during general warm ups will be scratched automatically from his/her first individual event of the session.
 - (2) All lanes shall be used only for circle swimming. There shall be no sprint work or pace work.
 - (3) General warm-ups should last a minimum of 30 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- 8.6 **Specific Warm-ups:**
- (1) There will be no diving in the two outside lanes. Again, any swimmer who dives in one of the outside lanes during specifics will be scratched from his/her first individual event of the session. The outside lanes shall be used for circle swimming or for pace work.
 - (3) Diving and backstroke starts will be allowed from the starting end of the all lanes except the outside lanes of the pool. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.
 - (4) Specific warm-ups shall last a minimum of 15 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
 - (5) Relay take-offs – During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- 8.7 **Mid-Meet Warm-ups/Cool-downs:**
- (1) Swimmers must be supervised by a USA Swimming member Coach.
 - (2) There will be no diving.
 - (3) Circle swimming only.
 - (4) Coaches will determine which of their swimmers may participate in these sessions, regardless of age group.

Charity Donations

Instead of taking a trophy from the meet and stashing it on a shelf somewhere, we thought it would be better to donate the cash to a worthy charity of the winning team's choice. Fortunately others have thought it was a great idea and we have collected enough sponsorship money to offer a substantial gift to the charity of your choice.

How we're going to work this is as follows: below, each team should designate a Charity of their choice. If your team finishes in first, second or third place your Charity will receive a cash donation, in your team's name, from us. For the first place team we will donate \$300, for the second place team we will donate \$150 and for the third place team we will donate \$50. Please make sure that you provide a full mailing address for your charity. If, for some reason, you do not select a charity the host team will chose one for you and make the donation in your team's name. However, it will be a "Yankton" charity and not one from your hometown.

While it is up to your team to decide which Charity you would like to donate to we are hopeful that you will select worthy, responsible organizations located in your hometown. (We probably all think that our own swim team is a worthy charity, but our intention was to reach out to others!)

Charity Name: _____

Address: _____

Phone number of the Charity: _____

Your team's address: _____

Phone: _____