

**2010 SD SC State Championship Meet
Warm-Up Lane Assignments
March 5-7, 2010**

**Session 1 – Friday Afternoon Warm-Up at 12:30 PM Meet Starts at 1:30 PM
Open Lanes**

Session 2 – Friday Evening – Meet Starts at 5:45 PM

1st Warm-up at 4:00 PM

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	PST	PST	AA	WASC	ASC	ASC	MAC	MAC/SEAL

2nd Warm-up at 4:45 PM

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	SFX	SFX	SFX	SFX/UN	BSC	BSC/MCL	YST/RCR	VAST/GOLD/DL76

Session 3 – Saturday Morning – Meet Starts at 8:45 AM

1st Warm-up at 7:00 AM

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	BSC	BSC/MAC	MAC	SFX	SFX	WASC	ASC	ASC

2nd Warm-up at 7:45 AM

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	PST	PST	PST	AA	VAST	GOLD/DL76	SEAL	MCL/YST/RCR

Parade of Teams – At conclusion of Session 3 - Estimated Start time of 11:05 AM

Session 4 – Saturday Afternoon – Estimated Meet Start of 1:05 PM

1st Warm-ups after Parade of Teams (estimated at 11:20 AM)

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	SFX	SFX	SFX	ASC	ASC/MAC	MAC	RCR	SEAL/YST

2nd Warm-up at conclusion of 1st Warm-ups (estimated at 12:05 PM)

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	PST	PST	WASC/EPS	AA/VAST	GOLD	DL76/MCL/UN	BSC	BSC

Session 4 warm-ups and start times are approximate based on the meet timeline.

Session 5 – Sunday Morning – Meet Starts at 8:45 AM

1st Warm-up at 7:00 AM

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	PST	PST	PST	AA	VAST	GOLD/DL76/GREA	SEAL	MCL/YST/RCR

2nd Warm-up at 7:45 AM

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	BSC	BSC/MAC	MAC	SFX	SFX	WASC	ASC	ASC

Session 6 – Sunday Afternoon – Estimated Meet Start of 12:15 PM

1st Warm-ups after conclusion of Session 5 (Estimated start time of 10:30 AM)

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	PST	PST	WASC/EPS	AA/VAST	GOLD	DL76/MCL/UN	BSC	BSC

2nd Warm-up at conclusion of 1st Warm-ups (estimated at 11:15 PM)

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Team	SFX	SFX	SFX	ASC	ASC/MAC	MAC	RCR	SEAL/YST

Session 6 warm-ups and start times are approximate based on the meet timeline.