

Britton Invitational Swim Meet
BRITTON SWIM TEAM
Sanction: #051409
July 11, 2009

Sanction: This meet is held under the sanction of the USA swimming, and South Dakota Swimming, Inc. Current USA rules apply.

LIABILITY: In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming and the City of Britton will be free and held harmless of any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Also, the above mentioned are not responsible for any lost, stolen or damaged property.

LOCATION: Britton City Pool, North Main Street, Britton, SD

COURSE: 25-meter pool with 6 lanes and wave breakers. Starting depth is 5 feet, turn end is 3 feet 6 inches. Daktronics timing equipment will be used.

FORMAT: Timed finals.

SESSIONS: One session.

WARM-UP SCHEDULES: South Dakota LSC procedures will be followed. Warm ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. See attached guidelines. Lane assignments and times will be sent out after the meet is seeded.

SWIMWEAR: Swimwear worn at SD meets must conform to USA Swimming Rules & Regulations (Article 102.9.1 and subsequent revisions thereof), its interpretation and provisions for exemptions based on a swimwear religious beliefs or medical condition.

SUPERVISION: A USA Swimming member coach must supervise swimmers during warm-ups, competition, and warm-down. Only registered coaches, swimmers, and officials will be allowed on the pool deck.

MEETINGS:

8:20 - OFFICIALS MEETING
8:30 - COACHES MEETING
9:00 - FIRST EVENT

ELIGIBILITY: All swimmers must be a current registered USA swimmer. Age as of July 11, 2009 will determine age for the meet. Coaches must be current registered non-athlete members of USA Swimming and have current certification required to be a coach.

DECK REGISTRATION: On Deck USA Swimming registration will be permitted

with appropriate documentation. Swimmers must come to the meet prepared to show verification of their membership or they will be deck registered before they can enter the water. The Meet Referee must verify the application and the host team will mail the registration and check to the SD Registrar along with a \$10.00 deck registration fee immediately following the swim meet. If a swimmer participates in a meet and is not registered, the swimmer's team will be assessed a \$100.00 fine for each day of competition.

DECK ENTRIES: Deck entries will will/not be allowed if space is available and at the discretion of the Meet Referee.

SCORING: Individual Events: 7-5-4-3-2-1
Relays (including mixed): 14-10-8-6-4-2

EVENT LIMIT: Maximum of five individual events and two relays per swimmer. Scratches must be made at Coaches' Meeting.

SEEDING: This meet will be seeded as timed finals.

TIME TRIALS: No time trials will be held.

EXHIBITION: Exhibition swimming will be at the discretion of the referee.

AWARDS: Ribbons will be awarded 1st through 6th places in all individual and relay events (including mixed ages). Heat Ribbons for individual events and relays.

ENTRIES: Teams are encouraged to submit their entries using the Hy-Tek Team Manager program.
Each team needs to mail a check and entry fee report to the address below.

MAIL PAPER ENTRIES TO: Sherri Jensen
PO Box 488
Britton, SD 57430
sherrij68@venturecomm.net

FEES: \$2.50 per Individual Event
\$5.00 per Relay
\$3.00 per Swimmer - SD Head Tax
\$3.00 per Swimmer - Team Surcharge
Make checks payable to: Britton Swim Team
There will be no refund on fees

DEADLINES: All entries must be in by July 3, 2009.

PROTESTS: Protests of any kind will only be accepted by the referee and only

from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

CONCESSIONS: A concession stand will be open during the entire meet.

OFFICIALS: MEET DIRECTOR: Sherri Jensen
MEET REFEREE: Greg Friebel
HEAD STARTER: Kay Friebel
MEET MARSHALL: Brian Rabenberg
HEAD STROKE & TURN: Lori Rabenberg
HEAD TIMER: Bill Meyer

SCRATCHES: Scratches should be handed to the referee before the start of the meet.

PROGRAMS & RESULTS: Programs will be available for \$5.00.

SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

- 8.1 The Meet Marshall and Meet Referee shall monitor and enforce warm-up procedures.
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall remain at the starting end of the pool and shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Warm-ups shall be divided into a general warm-up period and a specific warm-up period. At the LSC Long Course and Short Course Championship Meets, the latter period may include a period for relay take-off practice.
- 8.4 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups.
- 8.5 General Warm-ups:
- (1) There will be no diving. Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
 - (2) All lanes shall be used only for circle swimming. There shall be no sprint work or pace work.
 - (3) General warm-ups should last a minimum of 30 minutes, unless the Meet Referee determines that a shorter period is necessary due to time and/or space constraints.
- 8.6 Specific Warm-ups:
- (1) There will be no diving in the two outside lanes. Again, any swimmer who dives in one of the outside lanes during specifics will be scratched from his/her first individual event of the session. The outside lanes shall be used for circle swimming or for pace work.
 - (3) Diving and backstroke starts will be allowed from the starting end of the all lanes except the outside lanes of the pool. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.
 - (4) Specific warm-ups shall last a minimum of 15 minutes, unless the Meet Referee determines that a shorter period is necessary due to time and/or space constraints.
 - (5) Relay take-offs – During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.

Britton Swim Meet - 7/11/2009
Event List-By Event Number

- 1 Girls 8 & Under 200 IM
- 2 Boys 8 & Under 200 IM
- 3 Girls 9-10 200 IM
- 4 Boys 9-10 200 IM
- 5 Girls 11-12 200 IM
- 6 Boys 11-12 200 IM
- 7 Girls 13-19 200 IM
- 8 Boys 13-19 200 IM
- 9 Girls 8 & Under 25 Breaststroke
- 10 Boys 8 & Under 25 Breaststroke
- 11 Girls 9-10 50 Breaststroke
- 12 Boys 9-10 50 Breaststroke
- 13 Girls 11-12 50 Breaststroke
- 14 Boys 11-12 50 Breaststroke
- 15 Girls 13-19 50 Breaststroke
- 16 Boys 13-19 50 Breaststroke
- 17 Girls 8 & Under 50 Freestyle
- 18 Boys 8 & Under 50 Freestyle
- 19 Girls 9-10 100 Freestyle
- 20 Boys 9-10 100 Freestyle
- 21 Girls 11-12 100 Freestyle
- 22 Boys 11-12 100 Freestyle
- 23 Girls 13-19 100 Freestyle
- 24 Boys 13-19 100 Freestyle
- 25 Girls 8 & Under 100 Freestyle Relay
- 26 Boys 8 & Under 100 Freestyle Relay
- 27 Girls 9-10 200 Freestyle Relay
- 28 Boys 9-10 200 Freestyle Relay
- 29 Girls 11-12 200 Freestyle Relay
- 30 Boys 11-12 200 Freestyle Relay
- 31 Girls 13-19 200 Freestyle Relay
- 32 Boys 13-19 200 Freestyle Relay
- 33 Girls 8 & Under 25 Backstroke
- 34 Boys 8 & Under 25 Backstroke
- 35 Girls 9-10 50 Backstroke
- 36 Boys 9-10 50 Backstroke
- 37 Girls 11-12 50 Backstroke
- 38 Boys 11-12 50 Backstroke
- 39 Girls 13-19 50 Backstroke
- 40 Boys 13-19 50 Backstroke
- 41 Girls 8 & Under 50 Breaststroke
- 42 Boys 8 & Under 50 Breaststroke
- 43 Girls 9-10 100 Breaststroke
- 44 Boys 9-10 100 Breaststroke
- 45 Girls 11-12 100 Breaststroke
- 46 Boys 11-12 100 Breaststroke
- 47 Girls 13-19 100 Breaststroke
- 48 Boys 13-19 100 Breaststroke
- 49 Girls 8 & Under 50 Butterfly
- 50 Boys 8 & Under 50 Butterfly
- 51 Girls 9-10 100 Butterfly
- 52 Boys 9-10 100 Butterfly
- 53 Girls 11-12 100 Butterfly
- 54 Boys 11-12 100 Butterfly
- 55 Girls 13-19 100 Butterfly
- 56 Boys 13-19 100 Butterfly
- 57 Girls 8 & Under 25 Freestyle

58	Boys 8 & Under 25 Freestyle
59	Girls 9-10 50 Freestyle
60	Boys 9-10 50 Freestyle
61	Girls 11-12 50 Freestyle
62	Boys 11-12 50 Freestyle
63	Girls 13-19 50 Freestyle
64	Boys 13-19 50 Freestyle
65	Mixed 4-19 200 Freestyle Relay
66	Girls 8 & Under 50 Backstroke
67	Boys 8 & Under 50 Backstroke
68	Girls 9-10 100 Backstroke
69	Boys 9-10 100 Backstroke
70	Girls 11-12 100 Backstroke
71	Boys 11-12 100 Backstroke
72	Girls 13-19 100 Backstroke
73	Boys 13-19 100 Backstroke
74	Girls 8 & Under 25 Butterfly
75	Boys 8 & Under 25 Butterfly
76	Girls 9-10 50 Butterfly
77	Boys 9-10 50 Butterfly
78	Girls 11-12 50 Butterfly
79	Boys 11-12 50 Butterfly
80	Girls 13-19 50 Butterfly
81	Boys 13-19 50 Butterfly
82	Girls 8 & Under 100 Medley Relay
83	Boys 8 & Under 100 Medley Relay
84	Girls 9-10 200 Medley Relay
85	Boys 9-10 200 Medley Relay
86	Girls 11-12 200 Medley Relay
87	Boys 11-12 200 Medley Relay
88	Girls 13-19 200 Medley Relay
89	Boys 13-19 200 Medley Relay